

2010

Milestone - 2010

Eastern Kentucky University

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Recommended Citation

Eastern Kentucky University, "Milestone - 2010" (2010). *Yearbooks*. 80.
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Memories in Maroon





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"The Power of Maroon"

When Megan Dignan, editor of the Milestone, asked me to write something for this edition of the yearbook I was flattered. I did not have a full appreciation then, however, of the flood of remembrances that would wash over me as I set about to put words on paper.

Some of my most rewarding years on this campus were from 1968 through 1976 when I served both as unofficial and later official adviser of what was then one of America's premier college annuals. I think it still is. So, to the staff, I have a real appreciation for what you do. You know that the difference between sympathy and empathy is that in the latter you know from your personal experience with what the other person is going through. What you are doing does not warrant sympathetic empathy, for you are performing a work of love that will ultimately be a joyful experience. But, take comfort in knowing that I have worked closely with your predecessors and know what it is like to be in your shoes.

To the readers, I offer my assurance from personal experience that your copy of the Milestone will increase in its value to you with each passing year.

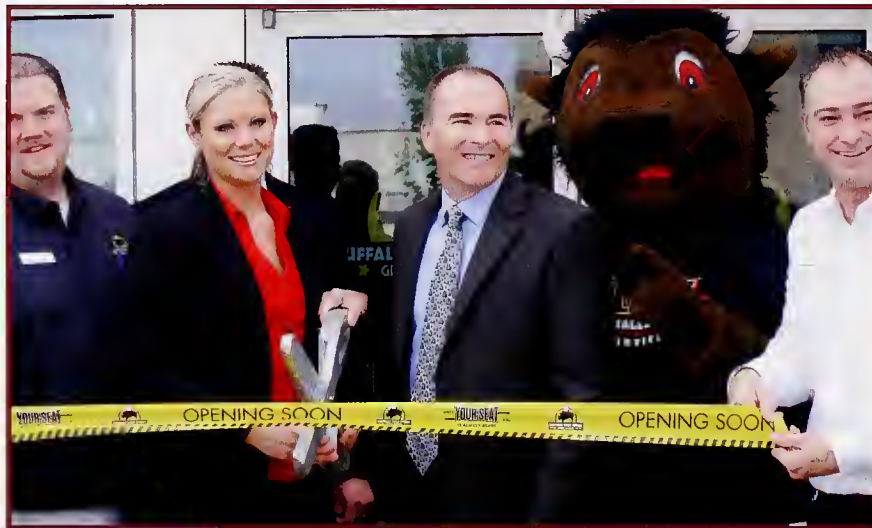
It is a time capsule of what you will eventually come to see - if you do not already - as the most incredibly transformational time of your life.

I speak and write a lot about two related concepts - The Essential Eastern and the Power of Maroon. No where do the two come together more profoundly than they do in the Milestone. It is a part of The Essential Eastern and the permanent chronicle of the Power of Maroon.



A year of Maroon

BW3's Opening



September 21, 2009

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August

September

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October 23, 2009

Drag Show

October

pg.16-17

City Fest



September 3, 2009

pg.26-27

100 Years of Football



October 17, 2009

A brief look at all the exciting events highlighted in the 2010 Milestone yearbook.

Halloween Ball



October 26, 2009

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pg.28-29

November 12, 2009

Keith Anderson Concert

November

December

Dance Theater: Fall



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November 12, 2009

International Banquet



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November 14, 2009

Tuition Forum



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January

February

Spring Concert



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March 15, 2010

March

Chantangua Lectures



pg. 154-155

Beauty & the Beast



pg. 78-79

February 26, 2010

SGA Elections

President of India



April 13, 2010



April 22, 2010

April

May

Dance Theater: Spring



April 7-9, 2010

Graduation



May 8, 2010

World News of 2009-2010



September 9, 2009:
Beatles Rockband is introduced.

August

September



October 1, 2009:

Texting while driving
banned for federal
workers.

October



August 28, 2009:
Michael Jackson's death ruled
a homicide.



September 30, 2009:
U.S. pulls 40,000 troops from Iraq.

October 8, 2009:

German novelist Herta Muller wins
Nobel peace prize in literature.



November

December 24 2009:

Health care reform passed.



December



November 4, 2009:

Yankees win the World Series.

December 15, 2009:

Guantanamo Bay prisoners
moved to Illinois prison.



January 12, 2010:
Earthquake in Haiti.



February, 2010:
2010 Winter Olympics in
Vancouver/Whistler, Canada.



January

February

March



January 4, 2010:
Burj Khalifa, tallest man-
made structure to date opens.

February 12, 2010:
Georgian olympic luger dies.



April 5, 2010:

Obama announces revised
U.S. nuclear strategy.



April



May 1, 2010:
Super Saver wins KY
Derby.

May

March 8, 2010:

"Hurt Locker" wins best
picture.



May 10, 2010:
Elena Kagan nominated for
Supreme Court Justice.

EASTERN KENTUCKY UNIVERSITY

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Student Life





City Fest brings local businesses and campus organizations together at EKU.

The beginning of the new school year always brings feelings of excitement and anticipation for students, faculty and staff members. Every student is getting settled in, knocking out nerves and learning their daily schedules. But no matter the time of the school year, every college student loves free food and free stuff. On September 4th, at the annual City Fest sponsored by UBS and EKU Career Services, students of Eastern Kentucky University provided students the opportunity to grab tons of free goodies, eat lots of free snacks and sign up for door prizes by local businesses, restaurants and other vendors set up all around the Powell Student Center.

City Fest was host to over 50 vendors from all across the Richmond community and from EKU. The list of vendors included Papa John's Pizza, Hooters, Jimmy Johns Subs, Buffalo Wild Wings, University Book Store, the Army National Guard, Sun Tan City, JcPenny and Madison Bank and many more. Students walked away with food, ink pens, cups, coupons and t-shirts all for just stopping by the vendor's booths. Some students possibly even walked away with a new job or a new organization in tow.

The mission of the student involvement fair is for students to get a look at all the organizations that EKU has to offer. Mission accomplished. Dozens upon dozens of Eastern organizations and clubs were present to recruit new members, invite students to sponsored events, give out information, etc.

Because of all the free stuff and the lively campus atmosphere it provides, City Fest has become one of EKU's premier and most exciting events. They say it takes a village to raise a child and so it may also take a community to create a successful college student. City Fest is a perfect representation of the support that the Richmond community is always willing to put forth toward achieving such a goal.



Juniors Margaret McBride, an Anthropology major, Wendy Simpson, an Elementary Education major, and Candice M. McCarty, a Pre-Med student, represent the Gamers Anonymous club on campus.



"I went to City Fest hungry and empty handed; I left full and with a ton of free stuff."

-Jodi Combs
Junior Occupational Science Major

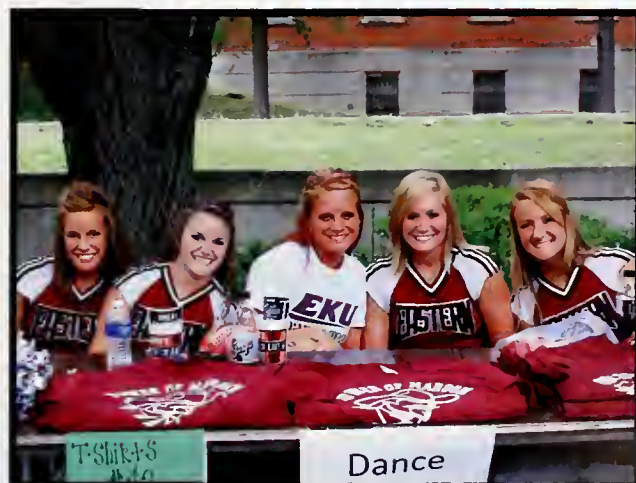


Jessica Sharp, a junior Family Consumer Science Education major, and Shanai Atkinson, a sophomore Social Work major take time away from their mission to smile.

ECU students scramble to make their rounds at City Fest where free food, t-shirts and many other prizes were given away.



Employees from Sun-Kissed Tanning Salon in Richmond came to advertise for their business.



Members of the Eastern Dance Team break away from selling t-shirts to pose for the camera.

Let there be WINGS



Some Eastern students became "regulars" at the new BW3's in Richmond long before the doors ever opened.

The excitement first began when the news of Buffalo Wild Wings coming to Richmond hit campus. It became the "talk of the town" since many students were already huge fans of the restaurant, would make trips to Lexington on a weekly basis to get their wing fix, and could practically overflow with joy at the mere thought of getting one of their very own. Once it was confirmed and the announcement had been made that the first one-hundred customers would receive free wings for a year, die hard BW3's fans immediately began making plans to camp out in order to win this exciting prize.

When the day before the grand opening finally arrived, students and Richmond residents progressively filtered in with their tents, sleeping bags, games, and other "essentials." Throughout the night, stickers were given each hour to guarantee a spot in line, wings were cooked and served to those students who were still awake and free t-shirts were distributed after answering questions correctly about Buffalo Wild Wings.

By the end of the night, dozens of tents were pitched outside the building at Richmond Place as well, by students hoping to be one of the first one hundred customers and, in turn, receive the coveted prize of free wings for a year.

Staying up all night, sticking it out through the pouring rain, skipping class... sometimes life calls for sacrifices. This was certainly the sentiment of a number of Eastern students who camped outside the new Buffalo Wild Wings restaurant, the night before it opened its doors to the Richmond community on September 21, 2009.



Finding anything to occupy their time until doors open in the morning, students play games, eat, and sleep just to pass the time.



Eastern students and members of the community set up camp in hopes of receiving free wings for a year.



Above: Morning finally arrives and these students can smell the free wings as they inch closer to their reward.

Right: Kim Bonham, General Manager, and Bret Tiefermann, Regional Manager, take part in the ribbon cutting ceremony.



Tanning Obsession

Richmond provides ECU students with several locations to get their tan on

Tanning Salons in Richmond:

1. Pink Flamingo
2. Tropical Sun
3. Zap Tanning
4. Sun Tan City
5. Planet Sun
6. Sun Kissed
7. The Tannery
8. Paradise Tans
9. Four Seasons



Above: Junior, Speech Pathology Majors, Charity Holbrook from Whitesburg, KY and Taylor Frederick from Dayton, OH stand with fellow Gweedo, Fred Pennington, a Junior, Criminal Justice major from Lexington KY.

Have you ever looked at your skin and noticed you matched the color of the piece of computer paper beside it? Have you ever desired a deep, dark tan? Join the club. Especially when summer lurks around the corner, many people start considering the best way to get that sun-bronzed glow — turning to self-tanners, tanning booths, a stretch in the sun, or a combination of these.

To many people, summer means hanging out at the pool or the beach, soaking up rays, and baking in the sun in pursuit of the perfect golden tan. In fact most Americans, including up to 80% of people under age 25, think they look better with a tan. It is no wonder there are several popular tanning salons around the Richmond area, the top three being Sun Tan City, Planet Sun, and Sun Kissed Tanning. People tan for many different reasons. Most people want a darker complexion, but they also want to relax and have some time to themselves from a long, hard day. BreAnna Morgan, a special occasion tanner here at ECU, said, "It gives me twenty minutes to myself where I can relax!" Tanning is not all about feeling sexier with a golden tan, but feeling rejuvenated so you can embrace your day ahead of you with a more confident you.

Ashley Barber, an employee at Sun Tan City, says she sees it all. "You've got people who come in just wanting to try the beds and see what they do. They want to be educated on the tanning process and are all ears about what is going to give them the best results. Then you have your vets who know what they like and what they want and they will simply let you know what they want when they want it. It's great to help people figure out what they need to do to get the results they want. You do definitely see two types of tanners though, those who tan regularly and those who are just doing it for a special event."

When asked when the busiest time of the year is for her salon, Ashley said, "Well definitely free tan week—everyone enjoys free stuff, so they come from all over. Then there's right before spring break when everyone's trying to build their base tan for Florida and the beaches. It can get pretty insane—I now it would be typical for my salon to tan 500-700 people during busy season, and I would see 80-90 of those people personally. It's pretty intense!"



Above: A few of the most popular tanning businesses in Richmond.

"G.T.L. baby. Gym, Tanning, Laundry." —The Situation, Jersey Shore

There are two main groups of tanners—those who want that golden glow all year long, and the special occasion tanners. The first group hates the way they look when they do not have a bit of color to them and will go to any lengths to keep their dark color, even in the middle of winter. These people generally have memberships at the various locations to save their money rather than having to pay each visit. For example, at Sun Tan City the Fast 20 minute bed is \$9 a visit. With a membership you get a month of unlimited tanning for \$19.99. People who want to keep their color going year-round are more than like going to come more than twice a month to maintain their color, so the memberships are there to help them save money.

The second group are most people who want to get tan just for a particular time of year: spring break or some vacation in the sun, prom, a wedding, or some kind of formal event. These people just need a boost in color right before they go to an event. The great way for these people to get a boost in color is the spray tan. The Versa Spa is the newest in the spray tan technology and can be found at Sun Tan City and Planet Sun. The Versa Spa is a great way to get 3-5 shades darker in just one session, and you won't have to worry about any harsh UV-rays because it is UV-free! However, if you do want to build a base-tan if you are going to the beach and do not want to get burned, all of the tanning salons in Richmond offer one time visits or one month memberships just so you can build that tan and avoid being burnt and miserable on your vacation.

Not only must one worry about paying for the bed itself, but tanners also have to consider tanning lotions. Tanning lotions facilitate the tanning process, add the vitamins and nutrients back into your skin that you lose during the tanning process, help prevent fine lines and wrinkles, help with that stinky after-tan odor, and also help extend your tan to make it last longer. Needless to say, it is important to use a lotion if you choose to tan in a UV bed. However, some people will pay top dollar for particular products they want. For instance, the top lotion from Designer Skin, Luminary, has 25 different bronzers in it to give you even more color than you could get on your own. This 13.5 ounce bottle of lotion retails for \$120—that is a lot of cash for something that will last you a few months. But some people want the best and will pay whatever price to get it. Not only are there lotions for in the bed, but there are moisturizers for afterward, face lotions, body washes, the possibilities are endless. A person could spend a lot of money at tanning salon, so the next time you are considering getting a boost in color, realize it is not going to be cheap.



Above: Junior, Communications major Taylor Jennings from Edgewood, KY and Junior, Alex Krallman, a Marketing and Political Science major from Covington, KY show off their tan skin with a night out on the town.

Vagina Monologues



In the education and awareness of violence against women this annual performance was spent combining laughter, tears and moans.

Vagina Monologues, one of ECU's most well known student-run productions, is brought to the community each year by the Women and Gender Studies Program (WGS) and the Office of Multicultural Affairs. The 2010 production was presented on three consecutive nights throughout the month of February and celebrated its fifth running year thanks to "Vday," a worldwide movement that aims to prevent violence against women. Eve Ensler, creator of the Monologues and head of the VDay foundation, became introduced with the idea after interviewing over 200 females from around the world about their experiences with sexuality and violence. After putting the production into motion, auditions welcomed the Eastern community, the only catch being—in order to be a cast member/actor, one must have a vagina (hence the importance behind the show)! Of course men were welcomed by the full female cast of 22 to encourage us to get involved behind the scenes.

Marta Miranda, director of the Women and Gender Studies Program, mentioned her favorite part of bringing this performance together was definitely "the growth of the cast, to move from student actors to activists, and the leadership and growth of the students."

Ultimately, the Monologues aim to entertain audiences while also heightening awareness surrounding the sensitive issues that women face—issues such as violence, discrimination, neglect, and abuse.

In an emotional response, Miranda adds to the list of the production's importance saying "the play aims to educate, instigate, and agitate until no more women and girls are beaten, battered, raped, or killed. The ultimate goal is consciousness raising and eradication of violence."

The full title: Vagina Monologues 2010, "Until the Violence Stops" will run annually at ECU as long as rates of violence against women in our society continue to reach epidemic proportions. An enormous amount of time and effort goes into gluing the pieces of the Monologue's puzzle together, but Eastern's community is thankful for the opportunity to be enthused, educated, and stimulated in such an emotionally captivating and original idea.



Top Left: A favorite scene of the evening can be understood by looking at the faces of the females above; the many sounds of an orgasm.

Right: Kayleigh Kuetz uses a diagram of the vagina to explain the many parts of the female sex organ.



*"I come from the
"down there"
generation. That is,
those were the
words-spoken rarely
and in a hushed
voice- that the
women in my family
used to refer to all
female genitalia,
internal or
external."*

-Eve Ensler



Above: The Spring 2010 cast of the Vagina Monologues.

EASTERN KENTUCKY UNIVERSITY HOMECOMING 2009

Eastern's annual traditon proves that Colonel pride lives on.

One-hundred years of tradition, memories, and victories. One-hundred years of pride, honor, and spirit. One-hundred wonderful years of tailgates, touchdowns, and teamwork. Though each year Homecoming at ECU is a very special event, there was an extra something in the air as the University wished its beloved sport of football a happy 100th birthday on Homecoming 2009.

The festivities began early in the week of the big game with student organizations competing in "Paint the Town Marion," an annual win low-decorating competition that takes place around the Richmond business community. The celebration continued with the annual Homecoming 5-K run and the President's "Circle of Opportunity" dinner. Homecoming day finally arrived and got started off festively as elaborately decorated floats and shiny cars boasting king and queen candidates filled the streets of downtown Richmond and campus drives. The action then moved to the Alumni Coliseum parking lots where cars of students, Alumni, faculty, and friends piled in, fired up their grills, set out their corn hole boards, and filled the coolers, keeping this rich Eastern tradition alive. After hours spent playing beer pong, eating hot dogs, and catching up with old friends, the attention shifted to the main attraction: the Homecoming football game.

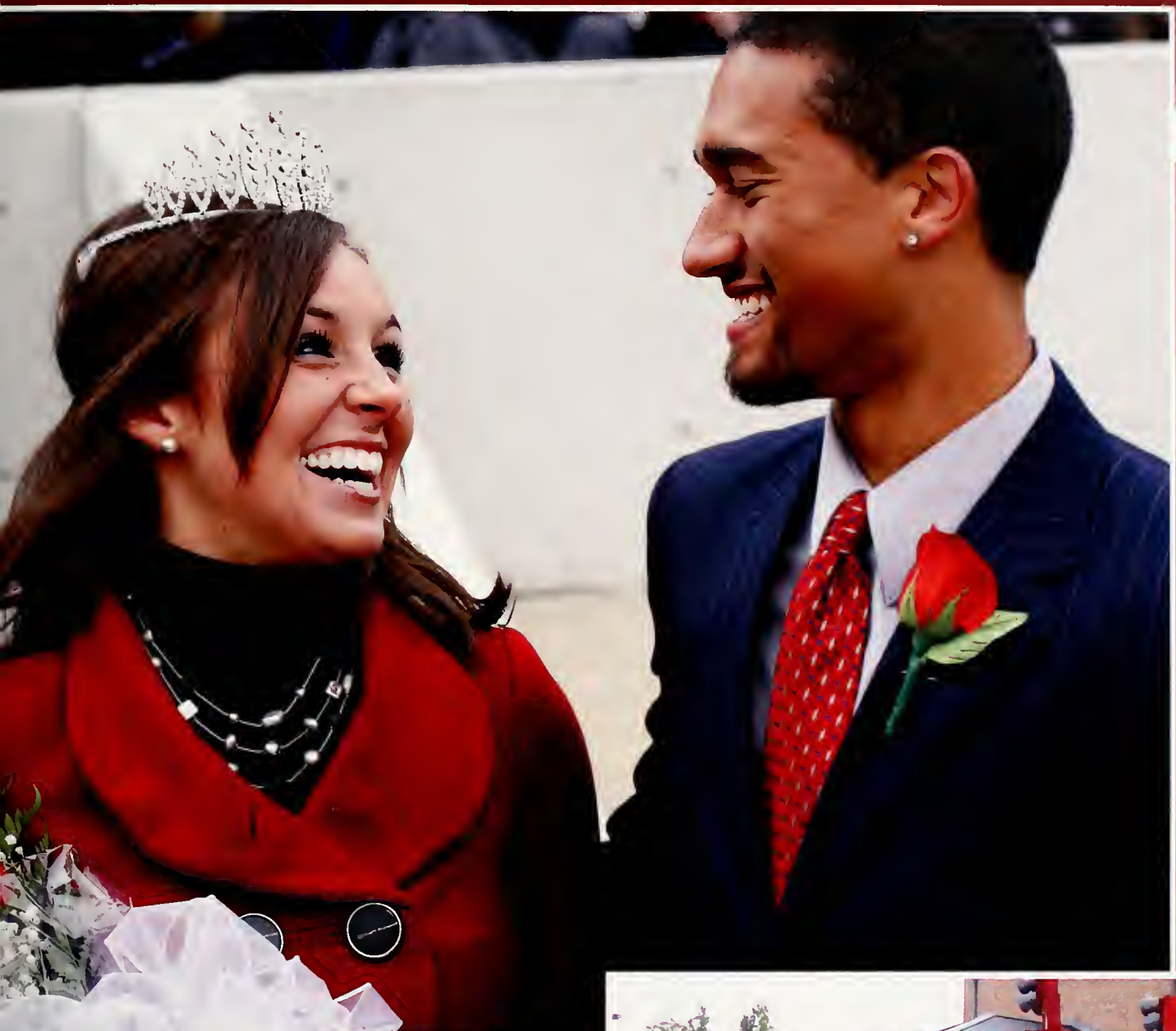
The cold weather didn't keep the large crowds from piling into Hanger Field like a sea of marion to watch their Colonel football team play for honor against UT Martin and see a new king and queen crowned during half-time. Fans soon forgot about the frigid temperature as they enthusiastically cheered on their men in helmets. The score board at the end of the battle indicated a Colonel victory and fans went home with all smiles on their wind chilled faces. No doubt about it, Homecoming 2009 certainly provided Eastern football a 100th birthday party that won't soon be forgotten.



ECU Colonels battle it out for a victory in the 2009 Homecoming game.



Waiting for the game to start, a group of Eastern students huddle up to stay warm.



Top: Rachael Hunt representing Kappa Delta and Chris Rutherford representing the Student Government Association were crowned the 2009 Homecoming King and Queen.

Above: EKV fans cheer loud and proud from the stands dressed in Maroon.

Right: A Greek float commemorating the 100 years of EKV football takes part in the Homecoming parade.



All photos featured in this spread provided by Eastern Kentucky University Archives, Richmond, Kentucky.

A Century of Memories

2009 Homecoming celebrates 100 years of Eastern football.



A century ago, a group of determined men in helmets took the field for the first ever season of Eastern Kentucky University football. The fall of 1909 kicked off what has been a great and honored 100 years of football for the Colonels. Since then, it's been nothing less than a dynasty. Over the past century the Colonels have racked up quite an impressive record with two NCAA Division I-AA national championships and 20 Ohio Valley Conference titles, their last OVC title being during the 2008 season.

A webpage designed by a former ECU running back was launched to commemorate what has been an outstanding century of football. Complete with an All-Time Roster, Head Coaches, Assistant Coaches, Results, Teams of Excellence, an extensive photo gallery, and a plethora of information about ECU football, it is truly something to behold. One of the website's most exciting features enabled fans to vote for an All-Century Team which included 24 members and the namesake of our football stadium, Mr. Roy Kidd, was named as the coach.

Serving as the head coach from 1964-2002, Roy Kidd left linebacker-sized footprints for his successors to fill. Kidd led the Colonels to both of their Division I-AA national titles in 1979 and 1982, as well as 16 of 20 OVC crowns. Kidd also ranks second in Division I FCS (I-AA) history with 315 career victories and was named OVC coach of the year a staggering 10 times. While Kidd will go down in history as undoubtedly one of the greatest coaches in ECU history, as well as OVC history, current coach Dean Hood appears to be following closely in his footsteps. In his first year coaching the Colonels in 2008, he won an OVC title and was able to pick up OVC coach of the year.

Whether the year is 1909 or 2009, Colonel football is always greatly treasured by the Eastern community and receives undying support from the fans in maroon. While Roy Kidd Stadium has seen its share of memories over the past century, without a doubt, the best is yet to come.

Pickin' Wildflowers

Keith Anderson performs for the Fall concert at EKU.

The line outside Brock Auditorium grew longer by the minute as anxious fans waited for the doors to be opened. The predominately girl populated crowd had one common goal in mind as they waited patiently in the cold: get a good seat to see country music star Keith Anderson and his "Double XLs."

The night began on a good note with two opening bands taking the stage to get the audience on their feet, having a good time, and ready for the main attraction. Up-and-coming country artist Roxanne East impressed the crowd with her stage presence and raw talent as she sang some country favorites, as well as her own single "One Glass at a Time." Next up for the night came Trailer Trash, a band that clearly brought their own following in the crowd. Playing mostly original songs, much of the audience shouted out their lyrics as if they had been fans of this group for quite some time and some even wore Trailer Trash t-shirts.

After what seems like hours of waiting, Keith Anderson finally made his entrance to put on the show everyone had come to see. He talked to the audience and then began to mesmerize fans with several crowd favorites that included, "Pickin' Wildflowers," "I Still Miss You," and "Somebody Needs A Hug." Keith Anderson, with his huge stature, made the girls stand at attention and screaming all vying for his eye. The singer and accomplished songwriter even gave birthday wishes to a female fan in the audience. Once the encore was over and the concert concluded, Anderson stayed until every piece of merchandise had been autographed, all from posters to panties. This country music star was an unforgettable sight for all and well worth the wait. His presence on Eastern's campus has now become a part of our history and will forever be a memory that was sponsored by SAC.



Pictured: Keith Anderson and his band liven the crowd with their energy as they perform a variety of country hits.





Cover your Cough

H1N1 VIRUS BECOMES A
LOCAL PANDEMIC ON
EASTERN'S CAMPUS.

What Are the Top 10 Ways to Spread Germs?



CLEAN YOUR HANDS

Wash with soap & water



www.publichealth.va.gov/InfectionDontPassItOn

Department of
Veterinary Affairs

Influenza A (H1N1) Monovalent Vaccine Live, Intranasal

For Intranasal Administration Only
Contents: 10 pre-filled sprayers
One 0.2 mL dose each (0.1 mL per nostril)

STORE REFRIGERATED at 2-8°C
Rx only



...dose is formulated to contain 10^{5.25} PFU (fluorescent focus units) of the live attenuated influenza virus of the 2009 influenza A (H1N1) monovalent strain recommended by the U.S. Food & Drug Administration (FDA) for the 2009-2010 season. The monovalent vaccine is formulated to contain 10^{5.25} PFU of the live attenuated influenza virus in a buffer containing monovalent glutaraldehyde. The vaccine is administered by intranasal spray. The vaccine should be administered to the subject with a known or suspected influenza infection. The vaccine should be administered to the subject with a known or suspected influenza infection. The vaccine should be administered to the subject with a known or suspected influenza infection.



Above: Rebecca Utley, A.A., Cheryl Little, R.N. and Hope Sturgill, C.M.A., of the Student Health Services building hide behind masks as they explained the H1N1 virus and how it spread through our own university.

nasal Administration Only
10 pre-filled sprayers
dose each (0.1 ml. per nostril)
REFRIGERATED at 2°-8°C (35°-46°F)

MedImmune

Directions, see enclosed package insert



During the middle of 2009, before most people begin to fret over flu season, reports arose about a mysterious new strain of the H1N1 Influenza virus moving across the country. A name quickly erupted in the media: swine flu. Similar to the “avian flu” (another strain of the same virus), swine flu moves with a primary host—in this case, pigs—but is most quickly transferred between humans.

With all of the frenzy generated by early reports of death, many students worry that the contained nature of their campus could provide a breeding ground for the virus. Students in the Central region of Kentucky have suffered very little from the dreaded illness. The Department of Public Health, as of November 2009, stated that out of the 33 deaths occurring within the state, not one was of college age. Even more, most of the individuals had pre-existing health conditions, causing them to be more susceptible to the virus.

Mortality rates also dropped significantly after officials released the vaccine in November: only six deaths have been confirmed since, according to the Department of Health, bringing the total number of deaths to 39 (as of January 2010). As a point of perspective, 1,779 deaths have been reported across the country, meaning that Kentucky accounts for only 2% of all deaths. Additionally, students should note that only one death has been reported in Madison County, home of ECU.

To combat the spread of the virus at ECU, Health Services made a nasal spray available on November 24, 2009, and released a vaccination shot shortly after on December 3. The office of Public Safety also purchased alcohol-based hand sanitizers for reception and waiting areas to limit spread of the virus in crowded areas. The library and some campus computer areas promoted a “wipe before you type” initiative, offering hand sanitizers to reduce spread through widely used computers.

With a state population of over 4 million people, Kentucky has suffered relatively few casualties. That said, Milestone encourages all ECU students to remain aware of the virus’ effects and practice good hygiene as recommended by medical professionals.

Things that Go Bump in the Night



The annual Halloween Ball at Eastern brings out the *cute*,
the **SCARY**, and the *funny*.



Above: The winners of the 2016 Halloween Ball line up to give our last scary impression.

Left Page: Freshman, Hillary Crasley was a devil for the night and Freshman, Breanna Uebelhor, pre-vet major ventured back into the 20's as a flapper.



Above: Senior, Alsi Siahkouchi and ECU Student Government President, wore a homemade feline costume for the evening.

Over 340 ECU students flocked to the Keene Johnson Room for a night of food, dancing, mingling, great costumes, and all-out Halloween mayhem. A costume contest was judged by members of the SAC and covered four different categories including: best overall, best group, scariest, and most original. All the students who won were awarded with much-appreciated prizes. The costumes were hands down the highlight of the evening. One of the most entertaining events of the night was just watch all of the different ghosts, vampires, and characters sitting down together on the dance floor. While some students took the bank on their costumes for fear of lacking originality, others chose a more artistic route. Some chose to make part or all of their costumes themselves. Needless to say, this put a very original spin on the event that has come to be so well-liked and highly anticipated over the past few years.

Many students say that the Halloween Ball is a much needed break from all of the stresses that come along with the semester. Taking place at the stress-climax point that comes along with the middle of the semester, this event is a great way to break the ice and meet some new people while celebrating everyone's favorite holiday. Another great element of the Halloween Ball is that it brings together a diverse group of people and enables students from all walks of life to mingle with one another in a fun setting. The Halloween Ball was better than ever before this year and everyone looks forward to it being even bigger and better in 2010. In the words of one student: "I wish every day were Halloween!"



Above: Freshman, Michelle Harris, chose a very original costume as the Chick-Fil-A cow.



7. Pong Balls

Whether being used for beer pong or ping pong, every student should keep pong balls handy in order to not miss out on fun activities with their peers.



6. Coffee

It's 12:00 am, you have a 6 page paper due at 9:30 am and only have 2 pages so far... what do you do? Intake as much coffee as you possibly can to keep you awake for the all-nighter you are about to pull. Coffee is a college student's best friend and can be the difference between making deadline or missing it.

Whether your drink of choice comes from Starbucks, Java City, McDonalds, or elsewhere, one thing is for sure: every student needs a coffee fix every once in a while to get things done.



5. Cell Phone

Anyone who has been on a college campus knows that cell phones are an absolute must in today's University life. Whether it be to contact classmates about a project, call friends to make fun plans, or keep in touch with family back at home, cell phones are constantly used by students and professors alike. And let's not forget the all-popular texting that occurs 24/7 with college students. A cell phone is a necessity. Period.



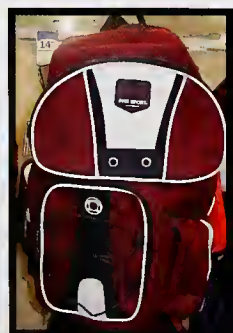
4. A Designated Driver

For those who choose to partake in Thirsty Thursday activities and don't want to pay 7.00 in cab fare, a designated driver is necessary. Safety should always come first when having a night on the town with your friends and that means never letting someone drive under the influence. Always have one person stay sober so that the night ends on a good note, with no one hurt or behind bars.



3. Facebook

Every college student has fFacebook. Every college student needs it. Enough said.



2. A Backpack

While it may not have been the cool thing to do in high school, having a back pack to carry books in is an absolute necessity when trying to hike across campus to class. Purchase one that is sturdy enough to carry several heavy books in it and that offers good back support.

TOP 7 College Necessities

College students should be without these must-haves when trying to make it through these important four (or more) years.

Many students spend the summer before the start of a college year in anticipation to get out of Mom or Dad's house just to have their own space. Oftentimes, it doesn't even matter how small of a space that space may be! Part of the anticipation also includes contemplating college necessities, and exploring a new found freedom via late nights, new friends, and dorm parties. Everyone's list of college essentials will differ, but it's important for every student to keep a few key details in mind. Dorm rooms are notorious for having limited space, and oftentimes contain furniture such as two beds, desks, chairs, and dressers, as well as a mini fridge which takes up even more of a student's lounging room! Therefore, try to keep the list brief and relevant. Hot and popular college necessities that students can't live without include pictures, a TV, backpack, cell phone, microwave, jumpdrive, caffeine, an Ipod, and a dry-erase board. But other supplies can be just as significant and aren't as easily remembered. These items include an umbrella, extension cord, duct tape, a small portable basket to carry toiletries, and an alarm clock. Relying on your cell phone as your primary means of waking up on time is a common made mistake by many college kids. All too often it's forgotten that cell phones run on batteries and batteries will die (even at 4 o'clock in the morning while you're sleeping, but your texting buddy just can't leave you alone). So it's a good idea to invest in a cheap and dependable alarm clock to keep on your night stand; and while you're at the store, make sure to add a package of batteries to the cart as well.

Another exciting feature of a college dorm room is that (unless otherwise specified) it comes equipped with a roommate. In order to avoid future dorm-mate horror stories, try to get to know your new living buddy before move-in. In this situation, Facebook is your friend! And what better way is there to get acquainted than venturing to town together or to a house party on a 'Thirsty' Thursday night? Bring your competitive spirit and challenge your new roomie to Beer Pong, but don't forget to bring the pong balls! Remembering to have a designated driver when going out is always a good rule of thumb as well! Attending college and living on your own means having total responsibility for yourself and others, so the DD is a must!

Move-in day can be stressful spending numerous hours cramming Mom or Dad's compact car and making multiple trips to fill the tight space in your new dorm. College life during college is an experience well worth it! Incoming freshmen—make sure to keep your list concise, and visit the college's website for any questions you might have regarding information you may not know. The last thing any first year student will want to encounter is sitting in class at a fast pace lecture without a notepad and paper or running to the bathroom down the hall from your tiny 'space' robe-less. Try to avoid incidents like these at all costs so you can focus on enjoying your freedom, fun, and future friends.

So out of all this advice, what are the most important items? If you forget something, just make sure you remember these 7 College Necessities (in order of importance of course!):

1. Friends

If you have nothing else your entire college career, the one thing you are absolutely going to need above all is friends. They will be your shoulder to lean on with things are bad, your source of support when you become

overwhelmed, and the people you make memories with that will last a lifetime.



— Winter Trends

On
Eastern's
campus,
staying
warm has
never
looked so
cool.

Trends...they're everywhere! Not to mention, they spread like juicy gossip, especially on college campuses and all it takes is one person to be bold enough to set the trend. During the 2009-2010 school year here at ECU, we have noticed a variety of trends for both guys and girls that cannot go unnoticed, but a few in particular have really stood out.

The must have items for every girl on campus this year have been boots in a variety of styles and scarves in every color and print imaginable. Whether they are rain, slouchy, tall, short, edgy, or classic, nearly every type of boot has been extremely popular on campus this year. They are a staple for every girl to have in her closet. Not only are these boots fashionable, they keep your feet warm and comfy. Who said beauty is pain? Speaking of fashionable, a girl's wardrobe would not be complete without a few cute scarves to accessorize herself. Scarves have been popular in almost any type of weather this year, with lighter ones being favored from mid-August until September and then going with a heavier scarf for colder weather. From houndstooth to paisley to floral prints, scarves of all prints and colors are both practical and the perfect finishing touch to an outfit.

We can't let the guys go unnoticed... there are obvious trends among them as well. North Face jackets and everything Under Armour from sweats to shoes have been popping up across campus. Guys, being major suckers for anything comfortable, seem to have a new found obsession with Under Armour's sporty collection. It is impossible to walk across campus without seeing at least a hoody or pair of shoes bearing the popular Under Armour insignia. The same is the case with North Face. This warm clothing collection, especially the jackets and fleece, are extremely in popular among all of the guys on campus. They can be dressed up or down are a great way to always be prepared for the unpredictable weather that Richmond, Kentucky is oh-so-famous for. Either way, ECU has some of the most fashion forward guys around.

Like they say, out with the old and in with the new, some stay in style longer than others, and new years bring new trends, especially where fashion is concerned. Maybe you can be the next big trendsetter on campus!



Plaid

Plaid has come a long way since the tartan kilts the Scots used to wear. Now, it has become a fashion statement to both guys and gals, being worn as so many things other than a skirt. Here Adam Mullins, a Junior Public Relations major from Pikeville, KY sports a jacket with a checked pattern.



North Face

North Face has been through many changes since its development in 1968. Originally designed for outdoor adventures, North Face has become a stylish brand of outerwear for any activity. Above, Aaron King a senior Spanish major from Richmond, KY, sports his North Face hoodie.



Boots

This trend has truly taken on the "seven-league boot" theory, now a style throughout the world. Today, there are so many other options besides the original cowboy boot. Brooke Klein, a sophomore Education major from Lexington, KY looks great in Uggs, a brand developed from the heart of Australia.



Scarves

Scarves, originally used in Ancient Rome, have developed from a way to keep warm to a great fashion statement. Lindsey Griffin, a sophomore Sociology major from Florence, KY wears a red fringed scarf, just one of many different colors, designs, styles, and fabrics available.

"Going Green."



Above: A group of Eastern students enjoy the holiday of green beer. Right: Juniors, Felicia Crisely a Tech Education major from Mt. Sterling, KY and Nick Arnold a Tourist Rec major from Louisville, KY celebrate St. Patty's Day by wearing green wigs.



Students give a whole new meaning to the popular phrase as they celebrate St. Patty's Day.



Above: Senior, Broadcasting major, Laura Donnell from Lancaster, KY laughs the night away alongside a close friend, Austin Corder from Richmond, KY.
Right: Senior Criminal Justice major, Prad Shultz from Danville, KY became a real life leprechaun for the in celebration of the holiday.



Green beer comes around but only once a year and this is, of course, on one of college students' favorite holidays: St. Patrick's Day. Most of those who actively take part in this holiday see it as a time to have good times with great friends, all the while donning the same color of threads. It's truly green mania, both on campus and downtown where bars offer gimmicks and drink specials trying to attract customers and sway students in their direction.

The Paddy Wagon, an Irish Pub owned by two Eastern professors, serves as party central to those above the age of 21 who want to celebrate the holiday. Students say they never see this bar as crowded as it is on St. Patty's Day, when the entire building and patio is completely packed out. The more the merrier seems to be the motto of the celebration of this Irish holiday, since the crowded atmosphere seems to only generate more fun for those in attendance.

"I love the Paddy on [St. Patrick's Day]. You get to see and have a good time with so many people that you know and it just makes for a really fun night," says Steve Kilburn, a senior political science major.

The Paddy Wagon isn't the only place that students go to "get their green on." Other bars and restaurants in Richmond see

a peak in business on this holiday as well. Known by some as a drinking holiday, college students, who undeniably have the reputation for liking to "enjoy adult beverages" on occasion, seem to fully embrace it and take the time out of their busy schedules to do things the Irish way for a night. Yes, it seems students may have decided to taking the going green trend literally on March 17 as a sea of green took over this college town, leaving only a small, unfortunate number of people to be pinched.



"Culture Shock," a piece choreographed by Dance Theatre Director Marianne McAdam and Dancers, was the opening performance of the night.

For over five decades, Dance Theatre has been a recognizable part of Eastern's campus climate and continues to be one of the most successful student organizations at the university. The group's mission is to give students with an interest in dance a chance to choreograph, perform, and participate in dance classes.

"Dance Theatre becomes a place for us all to grow as people and celebrate the beauty of the human body in motion," says dance theatre director and manager Dr. Marianne McAdam. Each semester Dr. McAdam shares her passion of dance with the 40-65 members participating in the concert each semester. The dance theatre students are not highly trained, nor are they professionals. These students simply dance and perform for the love of it.

Dance theatre is completely self-sufficient and does not receive university funding outside of a free rehearsal and concert facility. The concert costs of publicity, equipment, costumes, and guest choreographers are funded through school lecture demonstrations across the state, the "Friends of Dance Theatre" foundation group, and through admission prices to the annual concerts.

The annual Dance Theatre concert consists of pieces of modern dance, traditional dance, ballroom dance pieces, and the all-time fan favorite—the clogging piece. Including all these genres of dance allows for the concert to be unique, diverse, and to appeal to all members of the audience.

Members of the dance theatre not only perform at the annual concerts but also at numerous places throughout the community and across the state. Each semester Dance Theatre performs 8-13 school shows which focus on the educational portion of dance. Members also perform at many other venues, including several ECU events, national conventions, and the Richmond Area Arts Council.

Dance theatre is a true resemblance of the creative and passionate minds of students. Most dance theatre participants are not dance majors or minors, rather they serve as a true representation of the variety of majors and opportunities available at ECU.

Five, six, seven,

Eight.

Fall Dance Theatre performers move to the beat of their own step.

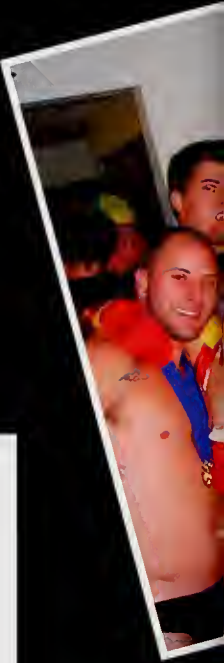


Top Left: The vampire inspired performance, "Blood Lust" (choreographed by Eric Highfield) was a huge hit with the audience.
Top Right: Dancers move some audience members to tears as they perform the inspiring piece, "Moving On" (choreographed by Beth Slone).
Left: Dancers Andrew Cummings and Chelsea Griley defy gravity in "Letting Go," (choreographed by KaSandra Barnes).
Above: The dancers turn into puppets for this unusual and entertaining piece appropriately titled "Strip 'Em' Up" (choreographed by Kindra Fulk).

Party

Answering
the
infamous
question:
Is ECU a
"party
school?"

Hard



At an ECU football games, many tailgaters enjoy a classic game of beer pong such as the mean pictured above.



Halloween is a popular party holiday amongst the Eastern student population, with most students dressing up and heading to their party of choice.



While house parties are always popular amongst college students (pictured above), Eastern offers lots of non-alcoholic, party-atmosphere events such as the concerts SAC hosts each semester.



For many, college offers an array of opportunities: A chance to engage topics of interest, to pursue athletic endeavors, and to open new doorways to social networking—all with the added benefit of freedom from parental control. For many students this new independence invites a fondness for utilizing freedom in many ways, one of which—for better or worse—is partying.

Despite stigmas surrounding the word, parties are not inherently bad. In certain instances, they can bring people together for philanthropic efforts and social communion. Unfortunately, many universities must also deal with the negative sides of partying, particularly excessive alcohol consumption. With 4 out of 5 college students engaging in some degree of drinking, according to factsontap.org, the negative connotation of party, and being a 'party school', can quickly ensnare a school's reputation.

In 1986, Playboy magazine collected information on 250 colleges nationwide who like to 'party hard', with EKV landing in the top 30. The placement may have given people the impression that EKV cares more about empty recreation than academics. However, these rankings can be misleading: The American Medical Association attested that the scores of alleged party schools can be a misrepresentation of a student population, and may better relate to a lack of alcohol control.

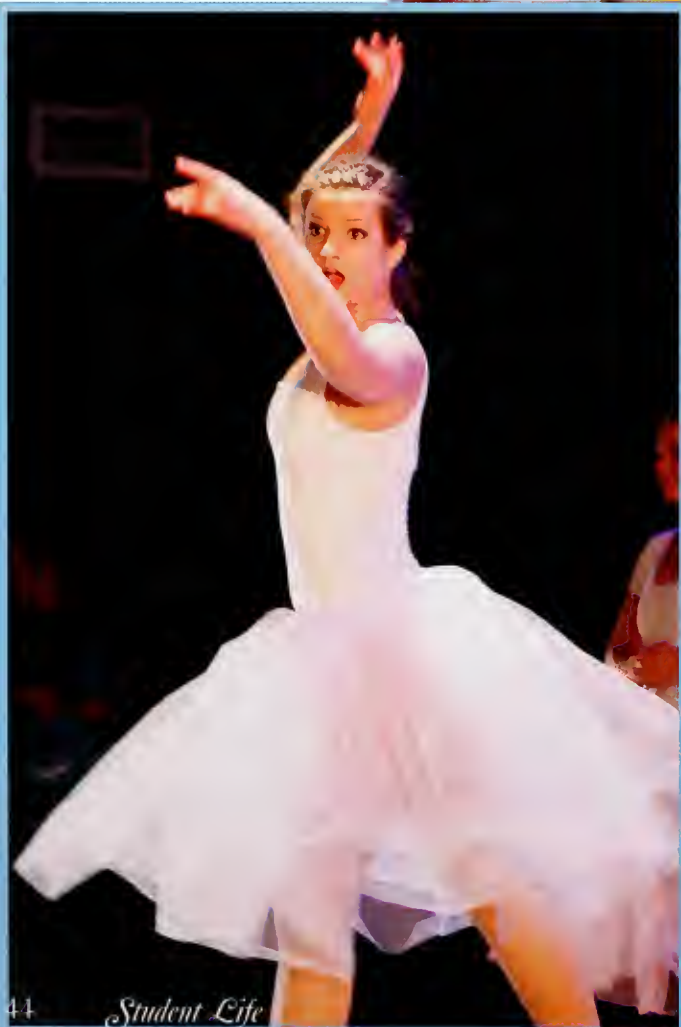
Nonetheless, EKV's ranking from 1987 to the present has changed quite a bit. The universities' achievements speak for themselves: Eastern Kentucky is ranked in the first tier of Southern Master's Universities, and according to Forbes, the school ranks among the top 15% of over 4,000 universities nationwide. In defiance of its reputation as a 'party school', EKV studies harder than it parties—at least most of the time.

Eloquence and Elegance

Below: Kristen Moser, a Music Marketing major from Nicholasville, KY expresses grace in the performance of "Acceptance," which she choreographed herself.



Below: Mary Alice Todd, an Occupational Science major from Jacksonville, FL, performs the dance she choreographed, "Tick Tock."
Bottom Right: A group of dancers perform "Glimpses of Egypt," choreographed by Nashwa Cahill.

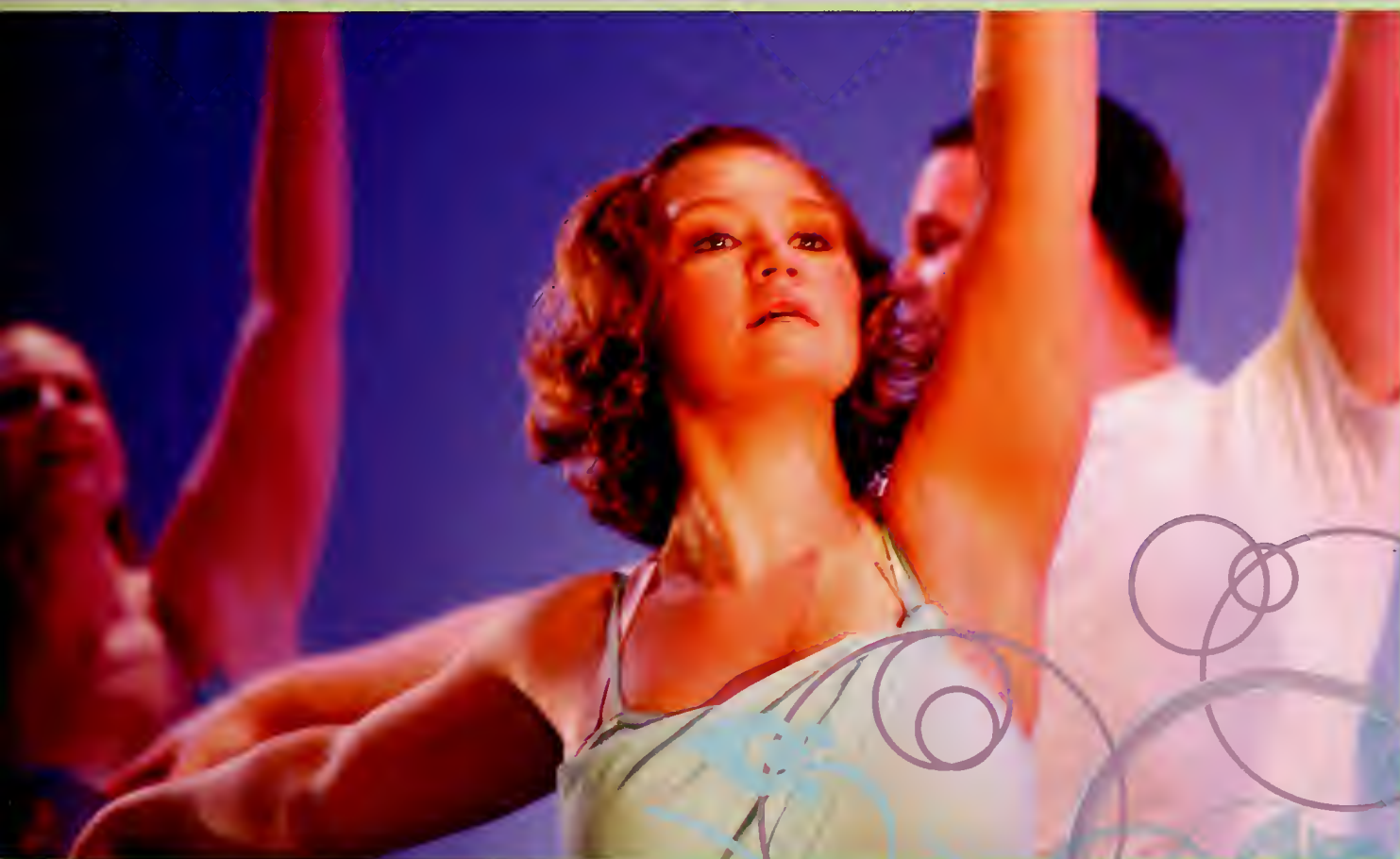


For many members of the Eastern Community, the Fall performance of Dance Theatre is so impressively entertaining it leaves them wanting more. Thankfully, they don't have to wait very long to enjoy another such evening since each year Dance Theatre has a Spring performance as well. This year April 7 through April 10 meant packed out crowds in O'Donnell Hall in the Student Services Building as the dancers took the stage to once again dazzle audiences with their talent and ability. Although the group focused on Modern dance, the concert also included everything from clogging and hustle to Middle Eastern and modern ballet. Nashwa, an internationally renowned Middle Eastern Dancer, choreographed a spectacular piece with the student dancers that gave all a glimpse into the beauty and intrigue of her Egyptian home. The costumes alone, hand-made in Egypt, were an amazing sight.

As usual, there were certainly a few pieces that challenged the composure of audience members, such as Jessica Hart's piece about the after effects of abuse, Josh Hobbs' piece dealing with the issue of multiple personality disorder and Kristen Moser's piece that exhibits the steps to healing. Naomi Day and Eric Highfield's whimsical dance, a crowd favorite, was inspired by the idea behind the "Alice in Wonderland" story. Elaborate costume design along with mysterious and, at times, somewhat creepy choreography made this creative piece one that wouldn't soon be forgotten. Mary Alice Todd caused laughter to ring through the auditorium with her humorous piece about the struggle twenty something women go through between careers and their biological clock. On a different note, Allison Sernulka produced a touching, spiritual piece which included three children that she teaches at Laura's School of Dance. She also choreographed a beautiful modern ballet piece with Beth Slone that included 19 of the dancers.

Always a highly anticipated piece, the audience was delighted by this semester's clogging piece, choreographed by Jessica Hart and Eric Highfield which was danced to "Welcome to the Jungle" by Guns and Roses. Another fun piece was the company encore which was danced to "Boogie Wonderland" from Happy Feet. The concerts on Friday night and Saturday afternoon were preceded by a dance by "The Movin' Groovin' Hawks" from Shannon Johnson Elementary school and directed by 4th grade teacher Katrina Martir. While the Hawks have danced for Dance Theatre before, this semester was the first time the DT dancers have collaborated with them to create a piece with both college age and young people

Many students, faculty and members of the Richmond community once again left O'Donnell Hall oo-ing and ah-ing about the great performance after watching the Spring 2010 Dance Theater concert. Having developed a strong following, to say the least, the prominence of Dance Theatre as a treasured Eastern tradition is sure to continue to see success and grace audiences year after year.



ve: Christie Moore, a General Studies major from Richmond, KY brings beauty to the stage in "Love in Motion," choreographed by Allison Sernulka and Beth Slone.

Greek Weekend 2010 was a celebration of all of the work that the Greek Community did in 2009. The theme of Greek Weekend this year was "Through the Decades" which included the motto, "Through the decades time has changed but we remain the same." This year Greek Weekend kicked off with the Up 'til Dawn letter writing party that included Greeks and non-Greeks in order to raise money for St. Jude's Children Research Hospital. The weekend also included a Kick-off Picnic, Greek Sing, Greek Games, and a Leadership Awards Banquet. Greek Sing is a dance competition put on by one sorority and one or two fraternities in conjunction with the Greek Week theme. The winning team included the fraternity Phi Delta Theta and sorority Kappa Delta whose theme was "Dirty Dancing."

On Saturday the Greeks participated in various competitions which included: powerball, tug-o-war, President's relay, and many other fun and competitive activities. The winning fraternity for Greek Games was Sigma Pi and the winning sorority was Alpha Omicron Pi. Sunday was the Leadership and Award banquet which focused solely on the successes of Eastern's Greek Life. Chapters shared their individual success stories which included the donation of thousands of dollars, countless community service hours, and various award recipients. Many awards were given out which ranged from positive public relations to best alumni relations. Notable Awards included Chapter excellence awards for Chi Omega sorority and Beta Theta Pi fraternity and Greek Man and Woman of the Year won by Sigma Alpha Epsilon's Jonathon Vorbeck and Pi Beta Phi's Mary Cecilia Scialdone.



Above: Fellow Greek members practice their steady skills while playing this greek game.
Left: Proud of their performance, this group poses with all smiles.

"Throughout the decades, the times have

Greek Weekend

3 Days, 2 Nights, 1 Purpose... Win.



Above: Throwback performances from previous decades were the theme this year at Greek Sing.

Right: In complete disguise, a sorority impresses the audience with such a dramatic skit.

Far Right: Sophomore, Criminal Justice major, Drew Kaer gives a comical performance from Wayne's World.



Mary Cecilia said, "It's more of an honor than I could ever explain. I love helping people and getting involved. Greek Life has done so much for me in the short time I've been at Eastern. I'm not usually one that needs recognition but it means so much to me that I was chosen out of all of the incredible nominees." Overall the weekend went very well and did a great job of exemplifying the accomplishments and achievements of every chapter for the year 2009.



hanged, but we have remained the same."



Above:
Bradford
Marsili, a
Sophomore,
Sports Science
major from
Harlan, KY
shows
excitement after
winning a
game.



GREEK



Left: Team Theta tugs with all their might during a Tug of War game during greek weekend.
Below: The Kappa Alpha fraternity flex their muscles in a game of Tug of War.



Below: Junior, Kim Hagan, a Clinical Lab Tech major and Sophomore, Occupational Science major Danielle Blair from Ironton, OH strike a pose during their weekend of fun and games.
Right: The Kappa Delta sorority gave a very nostalgic performance with their Dirty Dancing routine at Greek Sing.

The Spring Concert



Left: Sophomores, Sherrin Ramsey, Psychology major from Elizabethtown, KY and Casey Ogden, Elementary education major from Warsaw, KY arrived at Alumni Coliseum before the rush of the crowd.
Right: Rinnie Winter from Red Jumpsuit Apparatus gives an astounding performance to the fans both on the floor and in the stands.



The nearing-summer-spirit of Spring Break continued for students at Eastern on the night of Monday March 15 when four pop/punk bands heated up the Alumni Coliseum with a special concert brought on by the Student Activities Council. The rock stylings of Much Is Given from Lexington and Fit for Rivals from Jacksonville, FL opened the concert bringing the audience to their feet after a DJ got the crowd moving while people filed into the arena. Bowling for Soup and Red Jumpsuit Apparatus were the featured bands of the evening where two diverse musical genres were displayed in a surprisingly cohesive way.

The first 400 students at the door to bring two canned good products were awarded by members of SAC with leis and VIP passes. The VIP passes granted privileged access to the Coliseum's basketball courts, the first floor right below the main stage. The canned goods were considered a donation to Madison County's, Grace New Food Pantry for the University's Haiti Relief Effort, where 50 percent of the ticket revenue was donated as well. All in all, the night raked in over \$4,000 in proceeds and a total of 800 canned goods.

The After-Spring-Break-Bash gave students something to look forward to after leaving vacation behind them.



Left: Jaret Reddick, lead singer from Bowling For Soup, livens the crowd by interacting with them throughout the entire performance; definitely a favorite act of the evening. Right: A group of ECU students show their canned food items that allowed them a floor pass in front of the stage during the concert.

During breaks in the main performances, the crowd could be found at one of two places: in the main arena dancing the night away to popular hits managed by a DJ or waiting in the long line of concessions where students were able to purchase drinks, snacks, and different concert souvenirs like tee-shirts, signed posters and CDs. At one point, each band and its members could be found at a nearby table where they offered a down-to-earth attitude and photos for their fans.

For only \$5 a student, these four bands (and a DJ) brought the house down performing for over 1,500 audience members in what was known as one of the best spring concerts ever put together by SGA. One of the bands commented that this was one of the best college shows they had ever played, and many of the fans agreed. Sophomore Camille Brigano from Cincinnati, Ohio, said that the concert was the perfect way to kick off the warm weather and second half of the spring semester. Eastern students are privileged and lucky to have opportunities to see big name bands on their own campus!



It was a true moment of honor when President Whitlock welcomed former President of India, Dr. A.P.J. Abdul Kalam, to the stage of Brock Auditorium. The audience, compiled of honorary guests, students, faculty, community leaders, and others rose to their feet in applause as "His Excellency" approached the podium. He began his speech by thanking Eastern Kentucky University for having him come speak on the important issue of renewable resources and addressed members of the audience as "friends."

President Kalam, who was the president of the world's second largest nation from 2002 to 2007, spent the next 45 minutes outlining his "global mission" and how he envisions the world to progress to a cleaner, more sustainable way of life. President Kalam said 87 percent of all energy consumed on the planet comes from nations' "heavy reliance" on fossil fuels, which can have hazardous effects on the environment. Instead, President Kalam said he wants to see the world reduce its consumption of fossil fuels to below 50 percent by the year 2030, turning instead to alternative energy sources such as wind, solar, nuclear, and biofuels.

President Kalam expressed his gratitude to Eastern for being involved in several projects on this front, most notably its program to draw diesel fuels from algae. "I congratulate Eastern," he said. "And I'm happy Eastern is taking part in biofuel research." He said the goal of his talk was to get his audiences thinking about a solution to the world's energy problems. While some in the audience said they were interested in President Kalam's topic, many acknowledged they were there in part because it wasn't every day that Eastern gets a person on campus of President Kalam's stature. He was, in fact, once labeled by CNN as "the greatest president of India."

While President Kalam said he was passionate about the world's energy solutions, he said he was "equally delighted to interact with students and faculty at Eastern." By the great turn out for the event, it was certainly clear that the students and faculty at Eastern were delighted to interact with him as well.



Top Left: Former President of India, Dr. A.P.J. Abdul Kalam shakes the hand of EKU's President, Doug Whitlock.
Left: A group of international students pose with the former President.

Honorary Guest

Former President of India, Dr. A.P.J. Abdul Kalam graced Eastern's campus by lecturing his theories on the environment.



Above: Former President of India, Dr. A.P.J. Abdul Kalam speaks to ECU students about his vision to reduce the world's consumption on fossil fuels.
Right: The big men on campus converse as they take a stroll around Eastern's grounds



Telford goes Co-Ed

The first residence hall to put both genders on the same floor

Eastern Kentucky University is a campus that prides itself on student, faculty and program diversity. This year there were many firsts within the campus housing projects which followed last year's newly renovated Clay Hall and several other construction sites scattered on the university grounds. This was the first year the Greek Towers were open for admission and also the first time ever that a residence hall would offer co-ed floor availability. That's right, boys and girls on the same floor! Of the fourteen options of campus housing, Telford Hall is the only residence facility that has this type of accommodation.

Typically dorms that house both genders separate the two by each floor though this year, the castle that sets upon a hill, decided to offer an option quite different from the rest of the halls.

Telford Hall is the offers co-ed living many, there is one be asked more others dealing with the The answer to this is that single gender and the NOT allowed to share For those who may be this arrangement, the all female Suite-Style male Suite-Style floors. occupy each.

As a resident of sure to satisfy any of area behind the building lobby that allows a more

there are twelve residential assistants and a convenient store in the lobby as well. The building is wireless, there is a pool table, foosball and an abundant amount of board games for late night boredom.

Telford is set apart from the other dorms in several ways; whether that is because of the "no hassle" parking, its distance from the rest of campus or now, due to it being the first dorm to have co-ed floors. With either difference you choose, Telford is a great big building containing a lot of diversity and my guess is that the changes are not yet complete on Eastern's campus.



only dorm that arrangements. For question that might frequently than bathroom usage. the suites are still opposite sexes are the same bathroom. uncomfortable with hall also offers two floors and two all One gender will

Telford there are many features that are one's needs. It has road side and a large for parking, it has a front and back spacious setting for socializing, and





"I actually genuinely enjoyed living in Telford this past year, having guys every other room was quite entertaining! It helped me meet people more quickly. When you're surrounded by girls 24/7 it can get catty and irritating, having guys to talk to on the floor was a nice breather."

- Ashley Bekken,
Sophomore, Social Work major from Muskego, WI



Campus life allows students at Eastern a new found freedom that is both cherished and enjoyed. From the dorms to the classroom, different campus organizations provide students with an endless list of things to do in order to take a break from the books. Highlights from this year include concerts in the Ravine or in Alumni Coliseum, the Running in Heels event, Guitar Hero gatherings in dorm lobbies, ballroom and line-dancing lessons, a hot dog eating contest at Powell, and the elaborate game of tag played all around the country, Humans versus Zombies.

For those hardy sports fans, Eastern also offers its community ways to release test anxiety or work stress through cheering on your favorite team at different athletic events. These events range from Intramurals and Club sports to Varsity athletics and include a wide variety of competition from Ultimate Frisbee, Rugby, and Inner-tube Water Polo to Texas Hold'Em Poker, Flag Football, land or Sand Volleyball, and 18-hole Golf Scrambles.

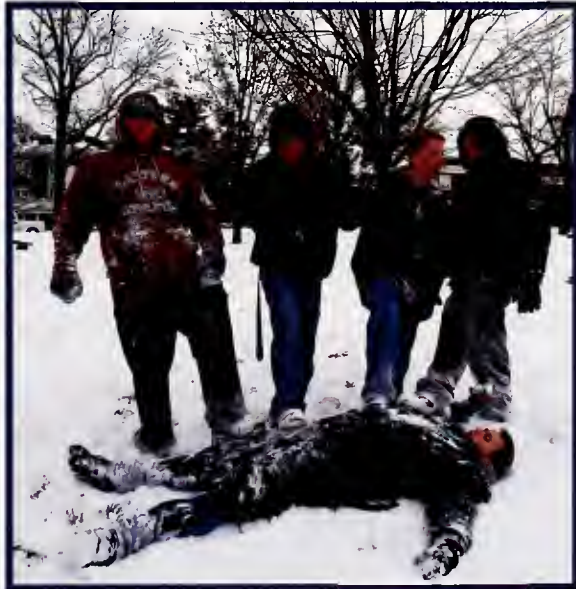
Students interested in expressing their aggressive or boisterous side can participate in ECU's Annual Triathlon where performances are tested through swimming, biking, and running, or they may sign up for one of the Fitness and Wellness Centers many Adventure Programs. Options vary and consist of both educational as well as active experiences in order to bring students together while enjoying the outdoors. Trips offered include camping, rock climbing, bouldering, and hiking at Kentucky's famous, Red River Gorge, snowboarding and skiing at Perfect North, a visit to Lake Cumberland for wake- and knee-boarding, as well as introductory workshops on how to belay, tree climb, or cook backcountry.

Students certainly appreciate the freedom of campus living and eagerly await new experiences of the upcoming year. Junior, Melissa Pelfrey, a Paramedicine major from Stanton, Kentucky says that "Eastern does a great job bringing people together and providing us with our much needed study breaks!"



This
is the Way I Live

Eastern students involve themselves in a variety of activities provided around campus



Left Page Top: A group of students pose fearlessly before they set out to play the competitive game humans vs. zombies.

Left Page Bottom: The Lambda Chi Fraternity sits on Powell corner collecting money for a fundraiser.

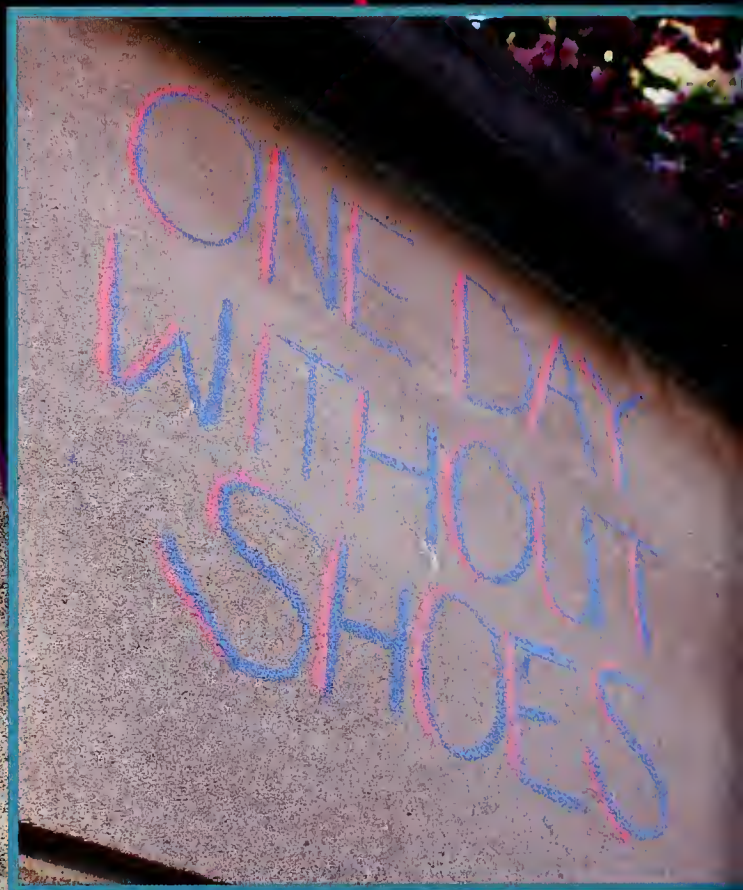
Right Page Top: Residence Hall events allow residents to socialize and bond together and are times when strangers come together as friends. The girls above of Commonwealth Hall polish their nails and cleanse their faces with masks.

Right Page Left: ECU students indulge in a wing eating contest at upstairs Powell.

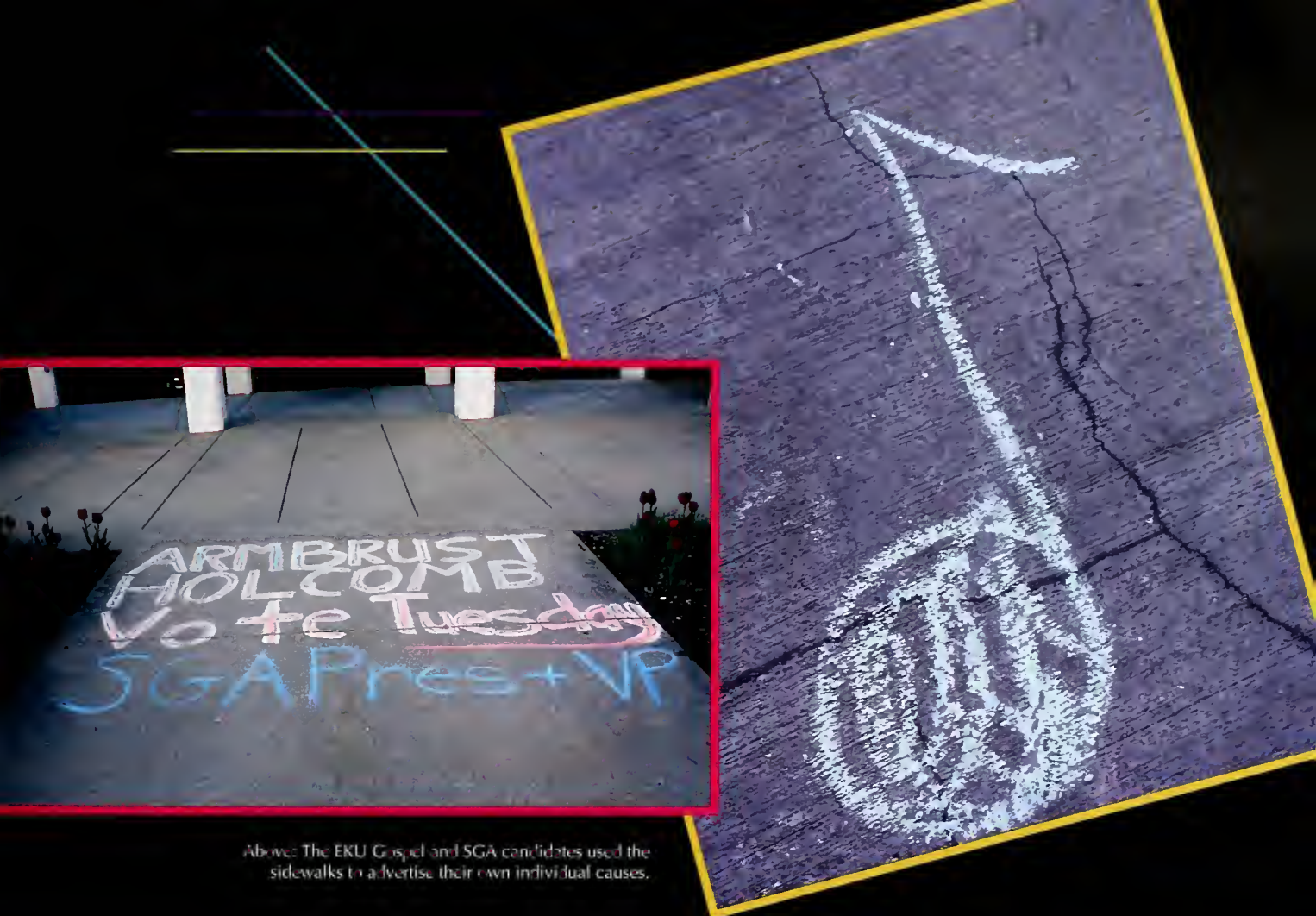
Right Page Right: With a campus covered in white, many students chose to be outdoors playing in the snow.

Ultimate Billboard

The sidewalks of EKU have become the most efficient advertising technique on campus.



Greek life and other events happening around campus use the sidewalks to inform students as well as faculty about upcoming events.



Above: The EKU Gospel and SGA candidates used the sidewalks to advertise their own individual causes.

We are all familiar with the life-sized advertisements seen on billboards while driving down the highway in an effort to lure us towards a fast food restaurant or local attraction. These signs cover both sides of the interstate and are anything but cheap to rent, costing thousands of dollars each month. Even advertising on college campuses can be expensive as students are charged per copy for a single sheet of paper. Not to mention, the time it takes to hang each advertisement on the walls and in the stair wells of each building all over campus just to have the flyer covered up or torn down before the event occurs.

In spite of, or perhaps because of the costly nature of ads and the covering up of flyers, many students have found a more enjoyable and interesting method of marketing on campus: sidewalk advertising. Sidewalk chalk messages are a recent trend started by student organizations at EKU. Students take colorful chalk and fill the sidewalks with advertisements, statements, announcements, or other messages simply practicing the freedom of speech. These messages are displayed in high-traffic areas and are hard to miss illustrating fun and flamboyant messages or memes like "Free Coffee at Starbucks!" and "Happy Spring!"

Many students claim that this technique is every bit as informative as other advertising techniques, such as EKU Today, flyers, or television ads, that includes times, dates, and places. Sidewalk displays make advertising accessible and definitely straightforward to all students and organizations, providing just enough details to get the information across to students. They have successfully been used to lay information about clubs, events, holidays, food deals, special activities, seniorities, and fraternities.

Due to the latest 'we advocate free speech, so all speech is accepted' regulation at EKU, any student or student organization can partake in creating sidewalk chalk messages and advertisements. Sporting fun, creative, and very colorful decals, many students have taken out the chalk as the warm weather approached this spring to have their chance to "have a say."

These sidewalk messages have made quite an impression on the student population at Eastern and seem to have started a new and finite advertising phenomenon. It is comforting to know that Eastern is a place where the freedom of speech is frequently given and displayed, and in more creative ways!

Sunny Days

"Sunny days wouldn't be so special if it wasn't for rain."

-50 Cent



Above: Freshman Special Education major Katie Benz and freshman Occupational Therapy major Alecia Oldfield show off their legs in front of the fountain in Powell Plaza.

Picture this: campus beautiful, pretty girls in mini skirts, a baseball game being played-- all of this can be accredited to the beautiful sunshine bestowed upon Eastern. Now close your eyes and picture the cold wind hitting you in the face, gray clouds and a down-pouring rain. On days like this campus beautiful is more like campus deserted.

The old saying 'April showers brings May flowers' is definitely applicable to Eastern in the springtime. Unfortunately for us the April showers usually start by mid-March and we leave to go home for the summer before we are able to see the May flowers. The difference between days on campus when it is sunny and the days when it rains is as different as night and day. Sunny days on Eastern's campus are absolutely perfect with the mid 70 degree weather, music being played on the corner, and people all over campus. Unfortunately, we seem to get more of the rainy days here in the spring. The sunny days are the most beautiful, and the rainy days are as equally gloomy and ugly comparatively.

There are some good things about rainy days, such as the extra parking spots and lack of tickets being handed out, definitely a nice change for Eastern's commuters. Also from the rainy days we learn to appreciate the sunny days that we do have. Of course sunny days and rainy days are both whatever you make of them. Some people enjoy running through puddles and playing in the rain, perhaps a nice stroll through a spring storm would emulate the scene from *The Notebook*. Sunny days are not always the most educationally productive either because of the temptation to skip class or even more likely temptation to skip on the library. With a good mixture of both students have an opportunity to stay inside to study and go outside to run around. Rain or shine each day here is what you make of it here on the campus beautiful.



Above: Freshmen, Aaron Jauker an Accounting major, Gerald Collins, a Sports Management major, Courtney Brashear who is Underclared, Kevin Fauce, a Journalism major and Ju Juan Porum, who is also Underclared stand beneath a tree happily posing for a photo in the sunshine.



Above: Sophomore, Sarah Dunaway a double major in Chemistry and Biology from Greenup, KY soaks up the sun in a sleeveless dress.



Above: Sophomore, Business Administration and Computer Information Systems double major, Linel Rogers, shields himself from the rain with a very colorful umbrella.



Above: Richmond, KY native, Kelli Hogue, a senior Environmental Health Studies major, poses very gracefully as she has prepared for rainy day weather.



Freshmen siblings from Somerset, KY, Emily Woodcox, a Elementary Education major, and Hanna Woodcox stand in their rain boots ready to take on the day's forecasted puddles.

Rainy Days

"Hey, Girlfriend!"



Ms. Kathy's warm southern greeting and caring personality bring heart to the Fresh Food Company.

*"The students
are my favorite
part of the day."
- Kathy*

Whether you are climbing the stairs to upstairs Powell for an early breakfast or late night snack, one of EKU's most standout employees is always there to greet you. With her popular "Hey Girlfriend!" and celebrated smile, she is the homey touch that many college kids crave (even if they won't admit it) when away from friends and family. Almost the entire Eastern population—students, faculty and staff alike—are familiar with the voice and face behind these words: Kathy VanWinkle, known to most as Ms. Kathy.

While sporting such high spirits and a very contagious personality, Kathy spends her days at the register of Powell cafeteria meeting and greeting the different faces of EKU. "The students are my favorite part of the day," Kathy comments as people steadily stroll in to fill up their plate for a meal. Although some might say the food is not always the best, and the variety of the food is lacking at times, Kathy's company makes it worth the trip at any hour.

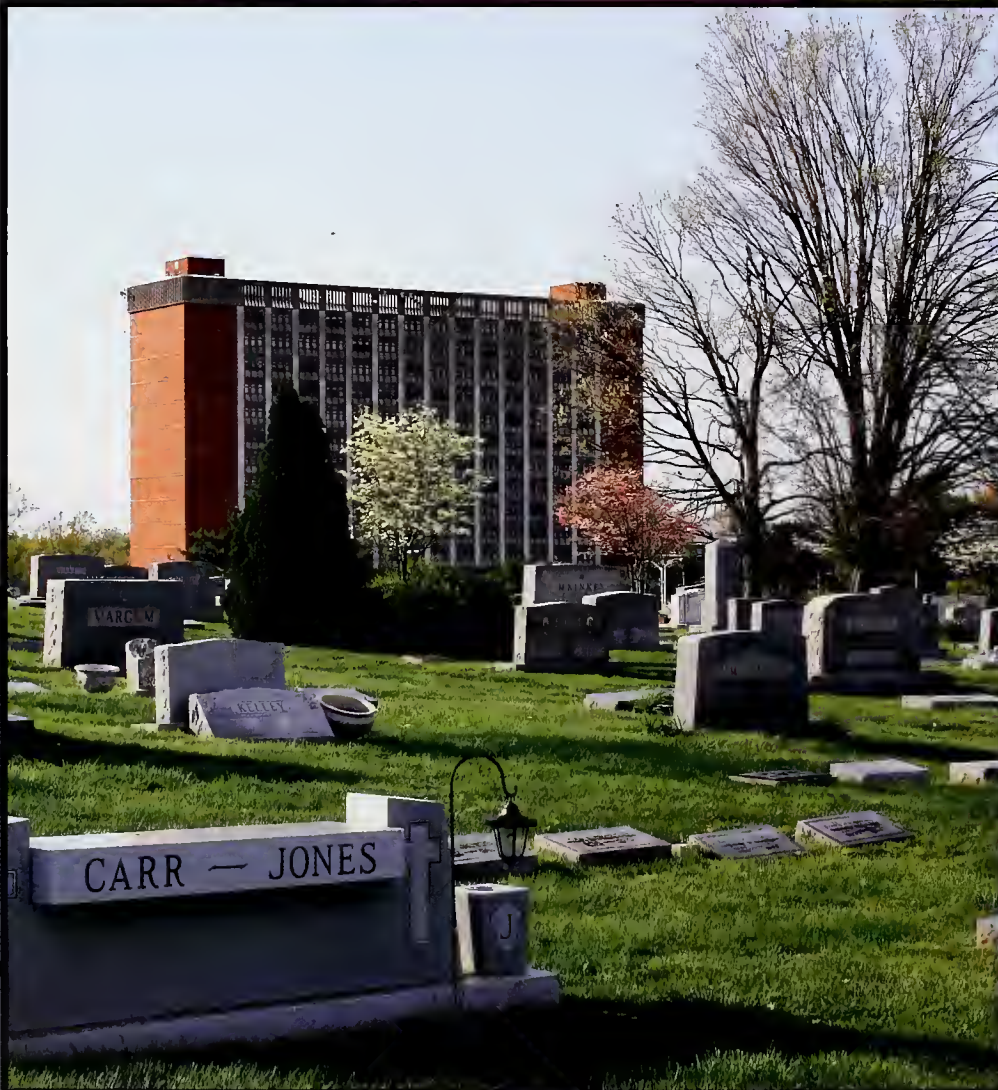
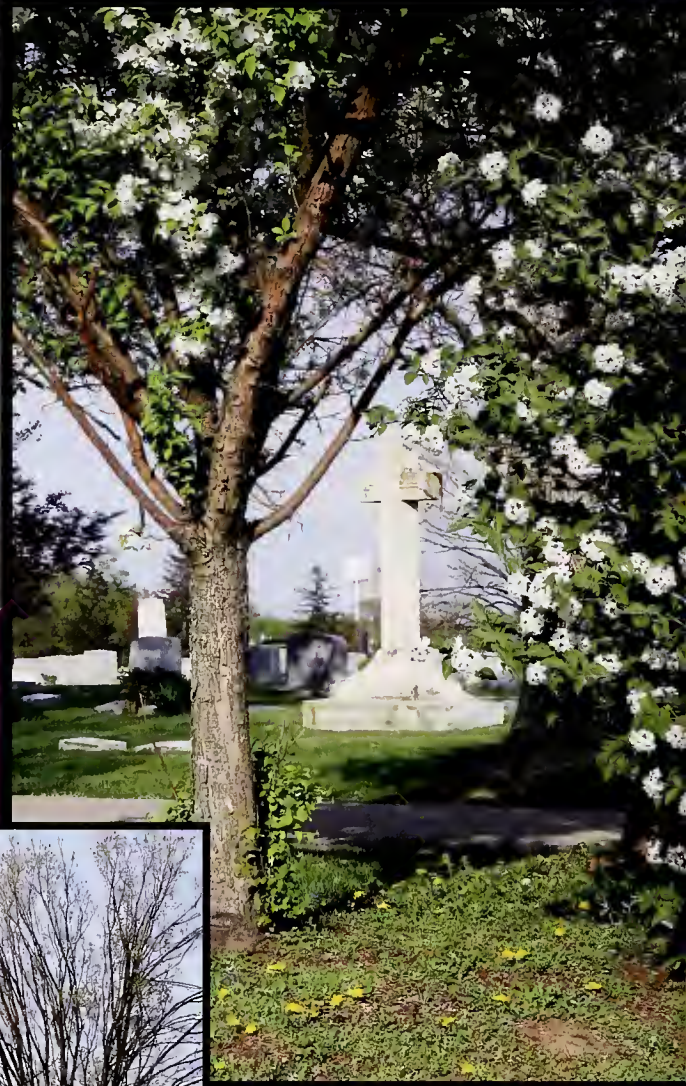


Kathy has been committed to her work as an EKU dining services cashier for over three years, and it is obvious to everyone walking through the Powell doors that she truly loves her job. When she is not working, this Kentucky native can be found in her home near the colors and calm of Berea's historic downtown. Ms. Kathy is so loved by the Eastern community that she had a Facebook fan page created in celebration of her and her uplifting spirit. According to Ms. Kathy's fan page, some people have been known to purchase meal plans just to see this leading lady. In fact, Max Amittin, a senior Theatre major from Cincinnati, Ohio, admits that he doesn't "have a meal plan, but would be willing to go upstairs alone just to say hi to Ms. Kathy."

Not only is Ms. Kathy a great abyss from school and studies, but she is also a dependable and committed co-worker who exhibits every characteristic of an outstanding employee. Always on time, up-beat, and personable, EKU is not only happy but incredibly lucky to call this exceptional individual one of their own. Ms. Kathy never fails to remind us what's so special about EKU, one smile and one "hey girlfriend" at a time.



Pictured Above: Ms. Kathy interacts with students as she swipes their Colonel One card.



These photos represent the tunnel that runs beneath the Powell building and the cemetery located across from Telford Hall.

What lies beneath Eastern's Surface May Surprise Students.

It may surprise us how little we really know about what lies beneath our feet as we walk to class each day on the campus of Eastern Kentucky University. Most of us have heard about the typical ghost stories that float around campus, but hardly anyone knows that there are actually miles of tunnels beneath the ground right here on campus.

These underground tunnels, scattered and connected to buildings across campus, are decades old and are one of ECU's most unknown phenomena. The tunnels were originally created simply as maintenance tunnels when various buildings on campus were built, and it is rumored that they are connected to tunnels that run under the nearby Model Laboratory School as well. However, it is still unknown today as to why these tunnels are kept so top secret. Finding out about these mysterious tunnels beneath our feet might cause you to wonder what other mysteries are lurking here at ECU.

The answer to that question is something you have probably seen from your dorm window-- the cemetery that is located close to Telford Hall and Brockton Apartments. This cemetery has been the scene of several questionably supernatural occurrences for as long as anyone can remember here at ECU. With many unmarked graves and broken tombstones from years of vandalism, it is believed that there are many unsettled spirits that inhabit the cemetery, which can be a rather unsettling thought, especially located so close to a dormitory.

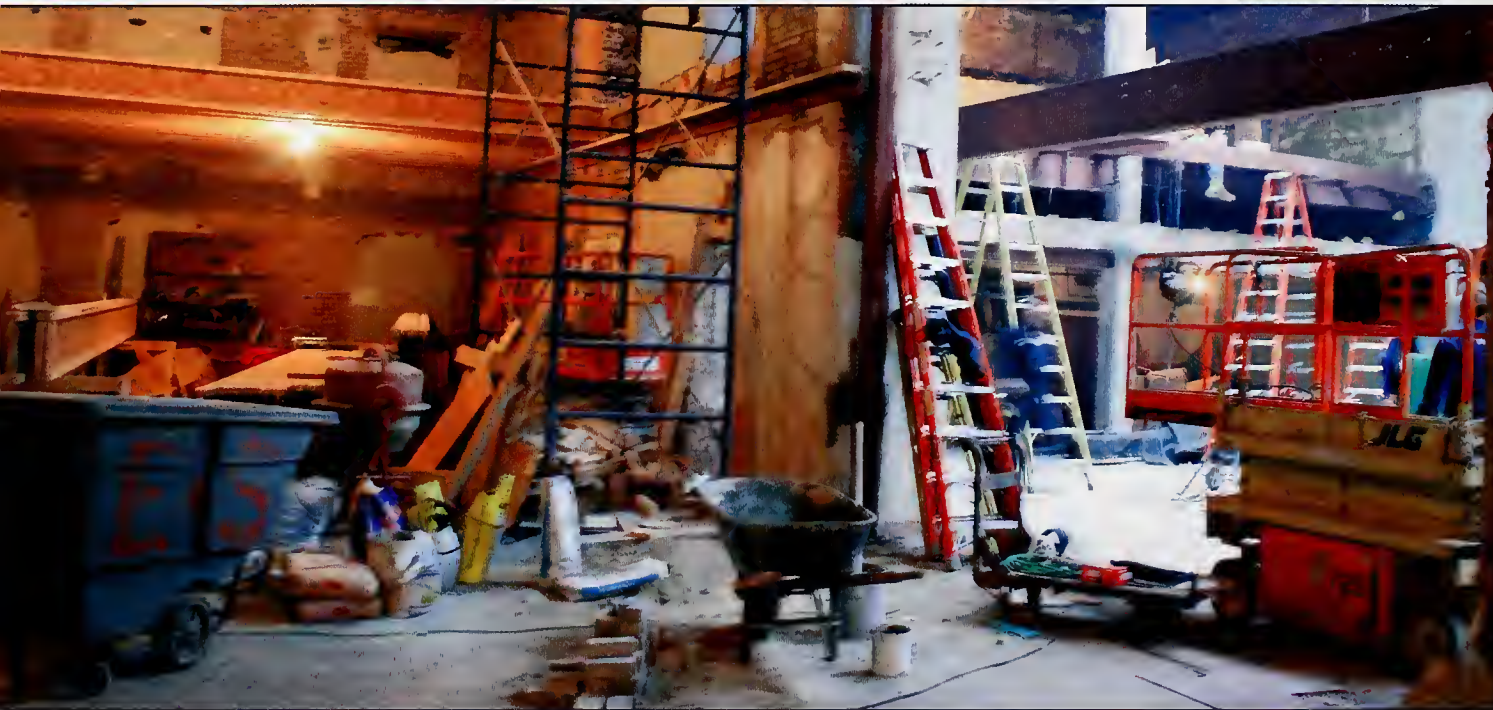
Whether you buy into supernatural phenomena or not, what lies beneath the surface here at ECU definitely deserves a closer look. Maybe the next time you are walking to class you will stop to think about what really is underneath the ground you are walking on.



EKU Underground

Campus **Developments**

EKU builds on both sides of the bypass to ensure student success.



At the beginning the 2009 school year EKU's campus started undergoing an extreme makeover. With 5 major projects underway, EKU has come a long way since its humble beginnings in 1906 and is going to grow even more over the next couple of years. The structural changes will give way to more opportunities for better learning environments for all students by adding classroom space and remodeling our campus so it is even more beautiful than it has ever been before. From the construction of a new state of the art science facility, to the remodeling of a classic dormitory, EKU is currently spending millions of dollars to make our campus better.

The new science building that the campus is abuzz with excitement about will be located across from the Wallace Building. With 174,000 square feet of classrooms and offices, and state of the art technology, this addition will be the largest building on campus upon completion. While the building involves 2 phases in order to reach its full plan, it will be well worth the wait and will house every science department in one building rather than have them scattered all across campus. The science building is being constructed using an environmentally conscious building plan and will allow lectures and labs to occur in the same block of time rather than splitting them up into 2 separate class periods. The first phase of the project is estimated to cost \$64.7 million and is scheduled to be completed by mid-summer of 2011.

Another project currently under way that is the Noel Studio, a new and modern element of the Crabbe Library that will assist students in working on their personal communication skills. A variety of video labs will be featured where students can record their speeches and presentations and even receive feedback on how they're doing. There will also be a writing center where students can bring their papers to get assistance when they need help. The project was started on August 10, 2009 and is set to be completed and open by Fall 2010.

Venturing across the bypass the new Performing Arts Center is to be located near the Business and Technology Center and will enable the university to accommodate major national performances. It will seat 2,000 people and is currently slated to be finished in late Summer 2011 at a projected cost of \$32.9 million.

Another facility on the other side of campus, the Stratton Building, is receiving a 25,000 square foot addition. This add-on will provide more space for the college of Justice and Safety and will feature unique architectural elements, including a covered breezeway that will connect the main building with the new element. Features include an 80 seat classroom, 2 student training labs, distance education centers, and 19 offices. With an anticipated cost of around \$5.5 million, it should be completed by summer of 2011.

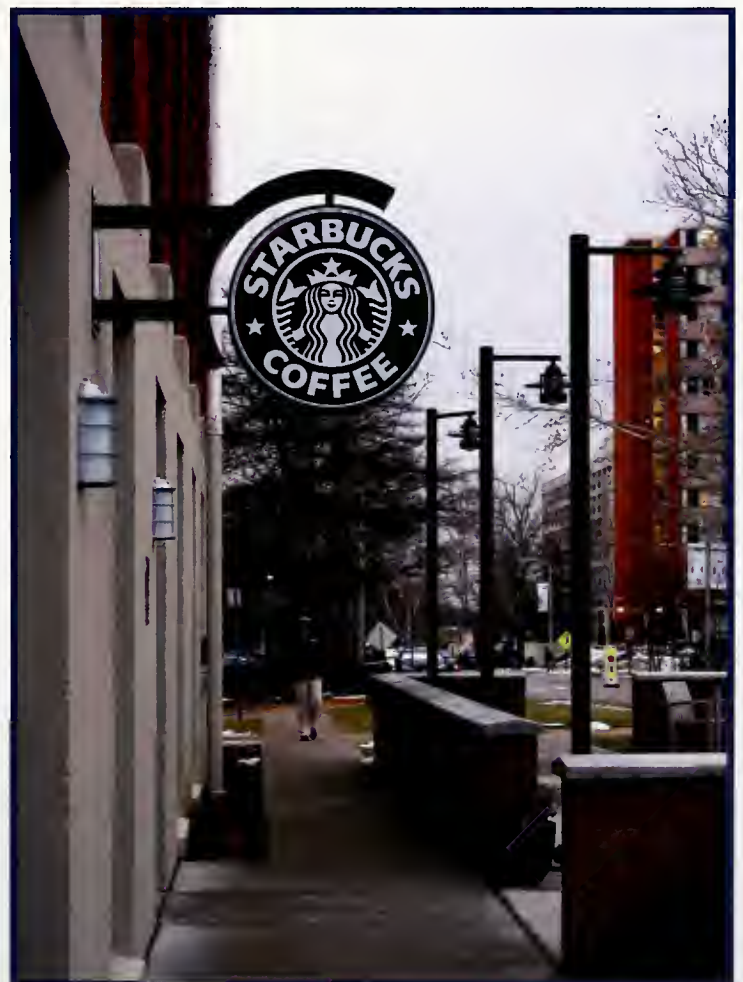
Finally, Walters Hall is under construction as well. Originally closed for minor renovations this past summer, further problems presented themselves and therefore the Residence Hall has received further renovations to the brickwork, pipes, ceilings, floors, walls, and sewer. With surmounting costs around \$2 million Walters should be back open and ready for business as of Fall 2010. With the way things are going right now, it certainly seems that as far as Eastern goes, the best is yet to come!



Construction begins on the new, state-of-the-art science building to be located across from the Wallace Building on Kit Carson Drive.



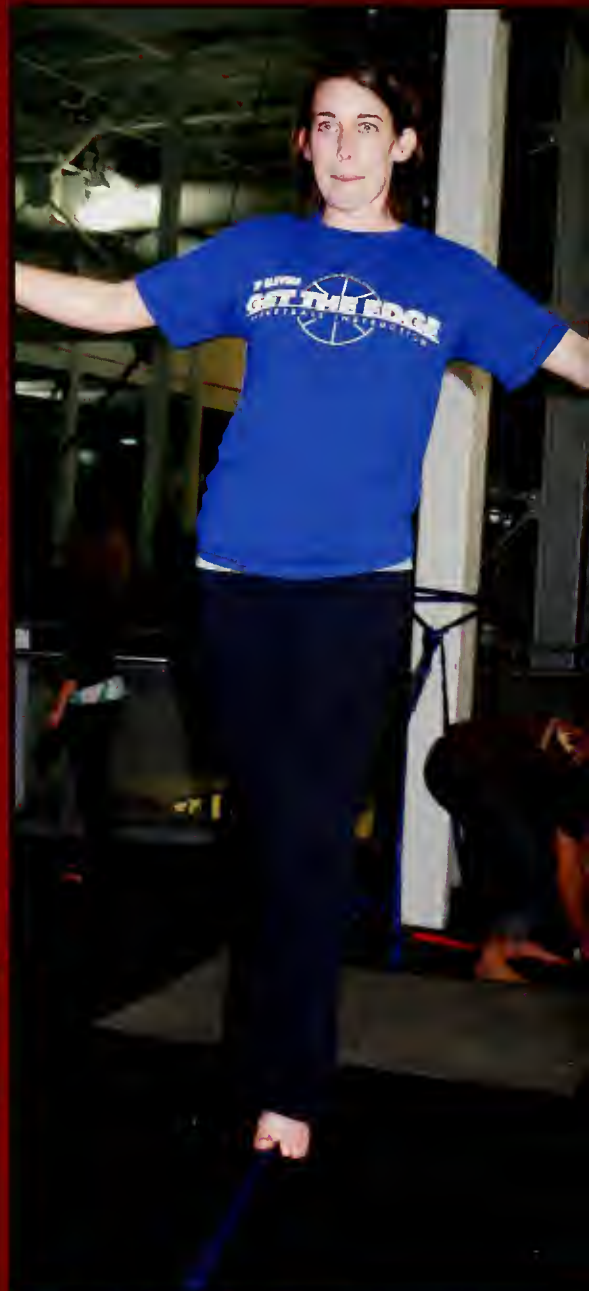
The new Performing Arts Center, Phase II of the Business and Technology complex, begins to take shape in 2010.



The highly anticipated Starbucks Coffee shop finally opened its doors to the Eastern community on March 16, 2009.



Above: Sophomores and Louisville natives, Nathan Heff, a Homeland Security major and Bryan Kephake, Middle school Education like a swing, in the hammock during their help at the KEGGery event.



Above Right: Sophomore, Sarah Carr balances her way through the night in support of Haiti relief.

Bottom Right: Hank Whalen, a Sophomore Professional Golf Management major from Cynthia, KY, and Ashley Funt, a Sophomore Physical Education major from Cynthia, KY work the Brick Wall at the event.



"I am proud to go to a college that takes the time to help others across the world. This is a lesson that can't always be taught through a textbook."

-Marisa Back, Senior



COLONELS

4 HAITI

EKU students join together at the RECOVERY event to help Haiti while having fun.



On January 12, 2010 an earthquake of a magnitude of 7.0 hit Haiti in Latin America. This quake was so catastrophic that the whole world was shaken by the horrific natural disaster. As of February 12, 2010, an estimated three million people were affected by the quake; the Haitian Government reports that between 217,000 and 230,000 people had been identified as dead, an estimated 300,000 injured, and an estimated 1,000,000 homeless. They also estimated that 250,000 residences and 30,000 commercial buildings had collapsed or were severely damaged.

Even though the tragedy occurred miles away, ECU's Campus Recreation did not let the distance be an excuse to not get involved in helping out the Haitian victims. Due to the immediate help that was needed in Haiti, Campus Recreation threw together in a matter of days the Haiti Relief event. Instead of closing down the gym at 11p.m., the doors remained unlocked until 4a.m. providing students with an enjoyable way to spend their Thursday night. The students were charged a five dollar entry fee that gave them full access to the free food that was provided along with activities like basketball, rock climbing, ping pong, slack-lining and more. Students also could build cardboard houses in honor of the Haitians struck by tragedy. Richmond companies like Qdoba, Chick-Fil-A, Hooters, Fazoli's, Dominos, and Corkies all contributed to the fuel that was needed to stay up so late.

ECU alumni Jessica Murphy from Christian Flights International got to tell students her personal story about her trip to Haiti just weeks before the earthquake. She also educated students on the severity of Haiti's aftermath of the earthquakes revealing to students the reality of the damage. Even though students and faculty members of ECU lost some hours of sleep in the end they gained an opportunity to contribute to a country that needed help even from strangers on a college campus. The event raised over 600 dollars which was donated to UNICEF as a contribution to buy tents for those who were homeless in Haiti.

PANDORA

internet radio

your profile

about the music

Create a New Station...

Your Stations ▼

Deadline Mix

Finals Week Mix

Study Mix

Dead Week Mix

Spring Break Mix

Summer Mix

Party Mix

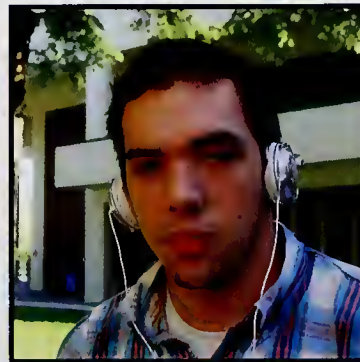
Residence Hall Mix

Quickmix ▼

The history of how music is played has changed at a rapid pace. When most of us first started listening to music, we bought cassette tapes (I'll never forget jamming out to 5ive on my boom box when I was 9 years old). Just a few years ago when we were in junior high school and rocked out to the likes of KCI & JoJo, Backstreet Boys, and those infamous NOW CDs on our CD player. Next came the development of the iPod where we were able to carry every single song we loved (and hated) with us anywhere we wanted to go. Continuing past the iPod is the Music Genome Project. The music genome project has a mission of delivering every single person their favorite music. They believe that no two people have the same taste in music and therefore shouldn't be solicited the same kinds of radio stations. The music genome project has been going on for over eight years and is comprised of highly trained music analysts. Those analysts categorize each song in over 400 different ways to make sure that each song is put in the correct category. Imagine never listening to a song you didn't like and being introduced to songs that were similar to those of your favorite.



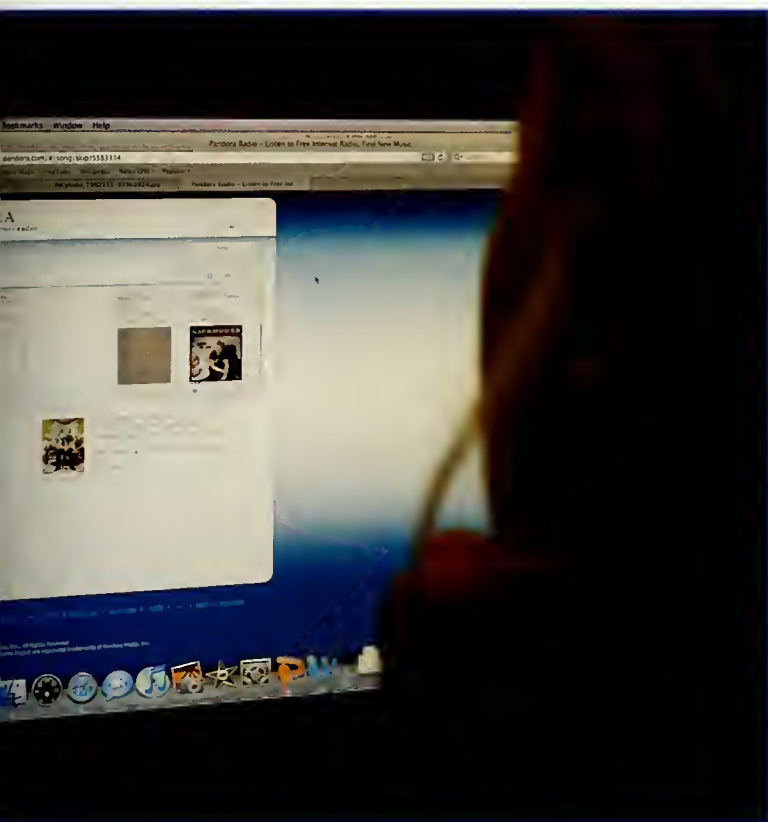
Junior, Samantha Stacey from Bloomington, IN is a General Studies Business and Technology major and her favorite Pandora station is anything that is country.



Sophomore, Wes Morales from Baltimore MD is a Computer Information Systems major and his favorite Pandora station is Dirty Circuit.

mobile ▼

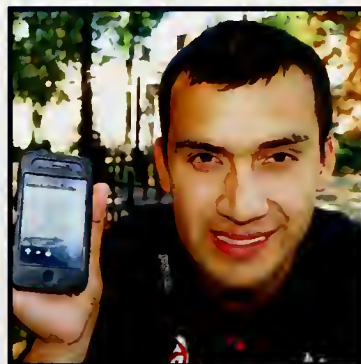
help



Pandora prides themselves on being a project created by music loves for music lovers. When you first arrive to their website, you start by choosing your favorite song, artist, or genre. Pandora will then facilitate a radio station full of songs similar to the song or genre that you picked. As songs come up you have the opportunity to click like or dislike. As you eliminate songs from being played and add songs that you like Pandora becomes a continuous stream of your favorite music all for free. Each user is allowed up to 100 unique radio stations that can be played for any occasion. Don't want to eliminate a song for good? You can also choose the option of shelving a song for 30 days and then it will come back to your play list. The best part about Pandora is that it combines the two elements of an iPod and the radio; the songs are free and you can carry with you all of your favorite songs on your laptop or on your iPhone Pandora application. Pandora is playable through any internet connection and available on most smart phones. Students use Pandora for various reasons from studying to throwing a party. This music epidemic is sweeping over the country and is sure to continue to do so in the future as well.



Freshman, Brittany Deen from Winchester, KY is a Sociology major and her favorite station is Heart Radio.



Junior, Omar Lazalde from Lawrenceville, GA is a Spanish and Psychology double major and his favorite station is Skream.



On Wednesday evening March, 2004 Kenneth Wayne's life would change forever. It was amateur night at the Carousel II in Knoxville, TN, and Kenny decided it was now or never to put every ounce of artistic talent on display...as a Drag Queen.

"I knew right then I was an entertainer," says Kenny. Kenny has always lived for the rush of being around a group of people and making them laugh and feel good, but performing in a drag show took the rush to a different level.

"I'm an entertainer all day, every day. I know how to separate my personality from the personality of any character I take on," says Kenny. When the lights go down and the make-up comes off, Kenny transforms into a laid back guy in jeans, t-shirt, and a wire-rimmed glass who knows how to detach from the drag show scene. "Drag is a part of my life, but drag isn't my life," says Kenny.

Unlike traditional musicals and plays Kenny has performed in, a drag show is uncensored and leaves all freedom in the hands of the performers. "I do it solely for the entertainment and artistic purpose," says Kenny. A drag show combines many aspects of artistic expression into one unforgettable experience that keeps Kenny coming back for more.

Preparation begins hours before Kenny takes the stage. For a late evening show at 9:30 PM, Kenny takes a shower at 5 PM, does his make-up at 6 PM, puts on the drag show body of a woman's shape at 7:15 PM, then does his hair and throws on something to head to the show in the final 15 minutes.

Kenny planned and performed at the first four drag shows at Eastern, and couldn't be happier with the positive changes taking place. "I'm very proud of the drag show here, and what it's come to be," says Kenny.

The first drag show on campus raised \$200 for Pride Alliance members to attend "Come Together Kentucky," a diversity conference held at various universities throughout the state. Changes in the drag show included lowered cost to attend and the additional canned goods donation option. Though Kenny still performs at the drag show, Pride Alliance runs and operates the event.

Kenny's extensive collection of drag show clothes and accessories includes nearly fifty wigs and three garment racks of dresses and costumes. Kenny does his own make-up and hair, and he sews all of his costumes and accessories by hand.

Kenny's love of drag attire has recently turned from performance to profit. "I picked up a blowtorch, and two months later I'm starting my own business," says Kenny. After an extensive two month wait, Kenny recently obtained his business license for "Illustrious Designs," his own costume and accessory store. Kenny's store carries the main staples of a drag queen's costume, with jewelry and shoes in the works. "I get to discover new talents everyday about myself," says Kenny. Kenny has already received a call from a drag queen wanting to purchase his merchandise for a beauty pageant on the national level. Kenny plans on opening a nightclub after getting everything settled with the new shop.

"I get to discover new talents every day about myself."

-Kenny



Top Left: Kenny poses as he is captured shining with sparkles from hair to heels. Left: A very glamorous Kenny exudes fierceness in his red and gold outfit on the catwalk.

Pride in Heels

The Pride Alliance at ECU holds annual Drag Show with participant Kenny Wayne stealing the spotlight.



Also Kenneth Wayne, an ECU Alumni, struts his stuff in a very unique Dollar costume at the annual ECU Drag Show.

"In Her Shoes"

*Students run a mile in Heels for the
education and awareness of domestic violence*



Right: This group of girls stand proudly showing off their colorful heels before they began their run.



Right: These women prepared themselves for the one mile run by buckling their high heels and ready to sweat for a good cause.



Do you know someone who has been sexually assaulted? With one in every six American women being victims of assault and a new person joining the ranks every two minutes, the possibility that you will meet at least one is high—even if the abused do not share their story. Talking through the trauma is often the best way to break through the veil of shame, but therein lies the problem: talking hurts. It can be difficult for those on the outside of abuse to truly understand a victim's pain, unless we first walk a mile in their shoes.

This year, EKU invited students to follow that age-old proverb in a very concrete way, by joining the Walk a Mile in Her Shoes event. Established in 2001, Walk a Mile in Her Shoes is a charity movement of the most literal variety: the event pits thousands of men, women and families across the world against the rigors of walking a mile in high-heeled shoes. While watching a multitude of men strut their stuff for 1600km may seem amusing, the event does serve a higher purpose worthy of its foundational proverb: to help stop sexualized violence by bringing hard topics like assault and rape to the forefront of discussion.

The high-heeled spectacle happened in two parts: first the participants 'walked the walk', trotting a mile in footwear that collectively bests any rainbow with ease; and then they 'talked the talk', learning and sharing ideas for preventative education, recovery efforts, and how to make the world a safer place overall.

This event is just one of the methods employed by EKU to curb domestic abuse in the community. In addition to strictly prohibiting sexual assault and harassment on campus, the university seeks to inform students about how to recognize and escape abuse, where to turn for help, and how to minimize risk. These efforts have placed EKU in the top 400 safest schools in the country, according to StateUniversity.com, with only about two rape incidents occurring among the 15,000+ student population.

Hopefully the event proved to be a successful addition to EKU's efforts at halting sexual violence.



Top Left: Juniors, Anne Harrell, a Biology major and Jena Wise, a Marketing major, pose with their PostSecret books.
Bottom Left: Frank Warren, "The Most Trusted Stranger in America," shares his secrets with ECU students.
Right: Frank Warren sits to sign autographs after the show.

Shhh... It's a Secret

Frank Warren shares his knowledge of America's confessions with ECU students.

Would you share your deepest darkest secrets with a complete and utter stranger? Apparently the answer to this question is an unexpected yes for people all over the world, nation, and even here on the campus of Eastern Kentucky University.

On January 21, 2010, a different kind of lecture made its way into ECU's popular Chautauqua series of lectures. A man by the name of Frank Warren, or "the most trusted stranger in America," found himself on ECU's campus in a packed out Brock Auditorium. Warren is the mastermind behind PostSecret, a well-known book and blog that was started a few years ago as an anonymous way for people to air their dirty laundry, so to speak. It all started when Warren passed out 3,000 post cards to strangers and asked them to e-mail him their deepest, darkest secrets. Evidently it was just crazy enough to work because Warren now receives postcards from every continent and PostSecret even earned "Weblog of the Year" nods in 2007. PostSecret was actually the inspiration behind the well-known All American Rejects' "Dirty Little Secret" music video. How cool is that? In his lecture, Warren really pushed the envelope and gave everyone something to talk about in the first lecture of the semester. He presented a slide show of a few of the cards, most of which did not make it into his books due to their risqué subject matter. Warren shared a few of the darker secrets he had received over the years...he shared secrets that evoked every emotion from inspirational and hilarious, to profane and discouraging. Students were also allowed to step up to the microphone and share some secrets about themselves that you may not hear every day and post cards were distributed to audience members so they could mail in secrets of their own for the more private individuals. Books were sold and autographed and it would be safe to say that this was perhaps the most popular lecture ECU's campus has seen in years.

When asked about his purpose in doing what he does, Warren said the real purpose of his lecture and the entire PostSecret phenomenon is to help people connect with one another. He persistently stressed the point that no matter how secluded and alone someone may feel, there are other people who feel the exact same way. We just need to put ourselves out there. After all, there's no harm done and everyone loves a dirty little secret.



Above: Frank Warren autographs one of his books that has been purchased by a fan at the event.

Tale as Old as

Eastern's Theatre Department
brings to life the classic Disney
tale of Beauty and the Beast

Time



Above: Music majors, Aimee McCuler and Ryan Humung are serenaded by Brian Wagner, a junior, English major with a Theatre emphasis from Georgetown, KY.



Above: Sophomore theatre majors, Logan Gallenstein and Marshall Manley sing their part happily.



Above: Caitlin Ingram, a junior, Theatre Education major from Cincinnati, OH gives an astounding performance as Belle.



With Eastern's well-known music program and countless concert performances, it is not uncommon for campus surroundings to be filled with harmony from the ECU Symphony Orchestra or a big-name band in the ravine brought in by SGA. But through the week of February 20th a different type of ensemble stole the spotlight as a special Valentine's Day treat to ECU's community: Disney's *Beauty and the Beast*, a retold but much remembered classic from childhood. With the timeless story of the beautiful Belle, played by junior theater education major from Cincinnati, Ohio Caitlin Ingram, and an enchanted Beast, played by Darren Zancan, junior journalism major from Lowell, Indiana, the cast's great on-stage chemistry and exciting musical melodies won the audience over with tears, smiles, laughter, and continuous applause.

The production packed a full crowd into the Gifford Theatre to entertain its audience on five separate sold-out occasions—an all-time record for the Theatre department. Eastern associate professor and director/choreographer of the production played an ample part in piecing this eternal classic together, but by no means did he do it alone: the play was a collaborative effort between a large amount of people including set designers, makeup artists, stage hands, musicians, costume designers, choreographers, dancers, and actors. In total, 35 cast members, 10 crew, 20 musicians, and 15 set builders pooled resources to make this amazing event possible. Stage manager, Jennifer Donnelly, an English and Broadcasting junior from London, Kentucky said that the production took an entire department to pull together, but the end product was more than worth it.

CASTING took place the very first week of 2011's spring semester and was followed by rehearsals, sometimes lasting 8 hours in length! The set was a challenge for the builders because of limited man power and supplies. As head of the set builders, associate professor, Keith Johnson said "There are just as many man hours that go into building the set as the rehearsals." The hours that went into preparing these man-made sets for the actors on stage is something that many people do not think of. "I spent mornings, evenings, and weekends to get the set painted just to get it finished in time..." responded Max Amitin, a senior Theatre major from Cincinnati, Ohio.

Many people should be mentioned for their contributions in this amazing event, but there is no doubt that the most memorable part of this creation was the end product: the musical itself! The scenes were reminiscent of Disney's masterpiece and left audience members walking away humming the tune to "Be Our Guest" and dreaming of dancing napkins and talking tea cups. Scenes packed full of excitement included dancing wolves that left the audience on the edge of their seat, and Gaston fighting the Beast for the right to his bewitching princess. The different homemade costumes for each enchanted object truly radiated a creative and well-thought out touch, and confetti and chickens falling from the rafters as well as electrifying lighting added unique special effects distinguishing this play from any other.

The entire audience was brought back to their youth as they watched Cogsworth, the talking clock, and Lumiere, a hospitable set of candlesticks, bickering back and forth over how to treat their guests. However, their squabbles never managed to get in the way of this classic's ultimate purpose and enchanting ending: bringing Belle and the Beast together to live happily ever after in love—a true and legendary fairytale.



Left: Dr. David Eakin, a Biology professor at Eastern from Frankfort, KY and ECU Alumni Melanie Dawn Hall give a crowd favorite performance.

Above: Freshmen, Natalie Marie, English and Psychology major from Lexington, KY and Theatre major, Chris Mueller from Louisville, KY examine the contents of their baskets.

"The Next Level"

SGA Elections see greatest turn-out in Eastern history



| | | | |
|-----------------------------------|-----|-----|-------|
| Executive Slate: | | | |
| Caleb Armbrust and Andrew Holcomb | | | |
| Matt Chadwell and David Anderson | 845 | | |
| Darwayne Harris and Thomas Clark | 766 | 799 | (4.1) |
| | 149 | | (W) |
| SAC Vice President: | | | |
| Chris Pittman | | | |
| | | | 1,610 |

Top: Students crowd into the Ravine to listen as the SGA debates took place.

Above: The new SGA President was displayed along with his running mates. Armbrust- 845, Chadwell- 799, Harris- 149.

Right: Expressing a friendly exchange of reign, Afsi Siahkaoohi congratulates Caleb Armbrust as he wins the 2010 SGA Election.





Caleb Armbrust's Platform

PROBLEMS IDENTIFIED

1. Student Involvement/Apathy
 - a. Student Faculty interaction
 - b. International student interaction
2. Graduation rate
 - a. 37.7% 6year graduation rate
3. Recycling & Sustainability

SOLUTIONS

1. Faculty presentations of research and professionally-related experience
 - a. Forums where students can ask the tough questions that we all have
 - b. Sheet for freshman and other students on how to interact with faculty
 - Would like to see a session in New Student Day's on interacting with faculty
 - c. International student presentations and host families
2. Connect students with Registered Student Organizations.
 - a. Freshmen fill out a sheet about what their interests are and we get them in contact with the RSO that best meets their needs.
3. Invest in student organized and led projects and ideas.
 - a. Compost
 - b. RLC and the Residence Halls
 - c. Work with charity organizations for end of school donations.
 - d. Look into the possibility of adding more trash can locations to campus.
 - e. Clean up ECU day.

The Student Government Association is the top dog for students at ECU. Serving the student body for over 50 years, SGA provides the community with programs, services, organization, and advocacy. Currently, this 5 branch association is made up of 16,000+ students and 175 lucky individuals a unique leadership opportunity and experience. All positions within the organization are awarded through appointment or election and have recently sparked much attention on ECU's campus. Reports announce that the 2010 elections accumulated a record breaking amount of 2,025 voters and will be remembered as one of the closest elections in SGA history (since the organization's establishment in 1954). All students within SGA's inner circle have many responsibilities and provide a multiple amount of help, from launching and arranging campus concerts to sitting through our meetings to provide campus' clubs grants and funding. Fortunately for all executives of SGA, each member loves what they do and it is by choice rather than a money making prospect!

Among the association's new inductees is Andrew Holcomb and Caleb Armbrust, the recently elected presidential team that will replace current President, Afsi Siahkoochi, and Vice President, Dajuane Harris, in their upcoming year. Andrew comments, "Caleb and I feel that we are the best people to do the job. We both work hard and each possess qualities that are relevant to our positions. We love this campus and like to make a difference." When asked his thoughts about how this year was the biggest student turnout for the SGA Election, Andrew said "I think the turnout was incredible this year, and I feel it shows that students are beginning to take an interest in SGA. Student participation is great for the university, both the student body and SGA alike."

Holcomb and Armbrust beat top competitors and running-mates, Chadwell and David Anderson, by 46 votes. Chadwell comments, "I think it's great that so many students care enough to actually vote for their own Student Government officials. Andrew and Caleb are worthy winners that will do a great job. As for facing defeat, it's not about having everything go right, it's about facing whatever goes wrong. In fact, it's about the determination to go on in spite of it."

Selling Back your Books

Students look forward to the end of the semester to receive money back in exchange for their books.

Buying textbooks is like a pot of gold at the end of a rainbow. Students begin the semester buying very expensive "mandatory" and "required" textbooks that empties bank accounts or requires extra loans to be taken out. Then, students slug through their semester sometimes using the books, and sometimes never touching them at all! The average college student purchases books on two, three, or possibly four different occasions out of each year (depending on whether the school runs on quarters or semesters); and the books being purchased are usually in large quantities (5 or 6 books at a time) depending on the student's class load. The prize, however, for finishing the semester is something to look forward to: quick and easy cash. After all, who doesn't like to hear "Textbook Buyback: Get Cash for Your Books?" Book buybacks provide exhausted students an opportunity to put cash right into their pockets, and what college student couldn't use a few extra bucks?

It seems the most popular places students turn to earn their "quick cash" is University Book Store on Lancaster Avenue and the Barnes and Noble bookstore on Eastern's campus. Many bookstores even set up stations around campus to ease the process for students making it a very convenient one. ECU, like many other schools, allows book buyback at any time of the year, but offers more money per textbook during the end of each semester. At this point, students are studying for finals, finishing up papers and last minute projects, as well as dealing with the transition of ending school and moving back home or venturing on vacation. Instant cash is a perfect way to start off the summer or Christmas break!

Nowadays, the alternatives for selling back used books are endless, and many students find alternative methods to make as much money as they can from the very expensive purchases they made only five months previous. Many students hang up posters around campus that advertise books they are trying to sell with phone numbers or emails where they can be reached. The Internet is also a popular outlet and provides students with tons of opportunities to earn top dollar for their textbooks. Popular websites such as EBAY or Amazon.com allow a student to "sell it themselves" while more specific sites like Cash4Books.net and ecampus.com offers a quote on how much the company is willing to offer. An even handier website titled BIGWORDS.com provides up to 10 different quotes on how much popular buyback sites are willing to pay for each textbook.

Whether students are becoming young entrepreneurs in their own apartments or dorm rooms using these online sites or going to campus bookstores, they are all taking part in the end of the year textbook buyback frenzy. Whether a student plans to use the cash for gas to get home or a much-needed vacation, one thing is for sure: the money received from these book buybacks provide Colonels with a much needed reward and cash break, even if it is only until their next book purchases!





Top Left: An EKU student shows off his buy back cash.
 Top Right: This EKU student is very happy to sell back her large book for it signifies the completion of the class.



Organizations

STUDENT PARALEGAL ASSOCIATION

STUDENT SOCIAL WORK ASSOCIATION

THE BIOLOGY CLUB

EKU 911 Memorial

KOREAN STUDENT ASSOCIATION

GREEK LIFE —

It's about more than just letters on a shirt.



Quick Facts:



-The Greek Community contributed over \$115,000 to national and local philanthropies last year

-Members of the community hold leadership positions in Student Government, including Student Senate, Student Activities Council and Residence Life Council as well as other student organizations on campus

-The Greek Community participated in over 70,000 hours of service last year

-The all Greek Grade Point Average is consistently above the all Undergraduate Grade Point Average

-They serve as: tutors and lab assistants, work to coordinate volunteer opportunities in the Richmond Community, participate in varsity sports, and are involved in everything from the local to national levels! Many of their members do all this while maintaining excellent GPA's and working to pay for the college experience. As students involved with Greek organizations they not only have friendships within their chapters, but they form friendships with other members of the Greek and campus community. These friendships and involvement opportunities help to define the Greek experience at ECU.





Alpha Delta Pi



Founded-
May 15, 1851:
Weslyan College

Colors-
Azure Blue and
White

Mascot-
Alphie the Lion

Flower-
Woodland Violet

Philanthropy-
Ronald
McDonald
House

President-
Lauren Rice

Alpha Gamma Delta



Founded-
May 30, 1904:
Syracuse
University

Colors-
Red, Buff, and
Green

Mascot- Squirrel

Philanthropy-
Alpha Gamma
Delta
Foundation

President-
Madison Arnett



Alpha Delta Pi and Delta Zeta enjoying an 80's themed roller-skating event to raise money for local clothing drives

Alpha Omicron Pi

Founded-
January 2, 1897:
Barnard College
at Columbia
University

Colors- Cardinal
Red

Mascot-
Wanda

Philanthropy-
Arthritis
Foundation for
Arthritis
Research

President-
Danielle Blair



Beta Theta Pi



Founded-
August 8, 1839;
Miami
University

Colors-
Pink and Blue

Flower-
Rose

Philanthropy-
American Red
Cross

President-
Kyle Shaner

Chi Omega



Founded-
April 5, 1895;
University of
Arkansas

Colors-
Cardinal and
Straw

Mascot-
Owl

Philanthropy-
Make-a-Wish
Foundation

President-
Michaela
Anderson



Sigma Nu showing school spirit at an EKV football game.

Delta Zeta

Founded-
October 24,
1902: Miami
University

Colors-
Old Rose and
Nile Green

Mascot-
Turtle

Philanthropy-
Support for the
Speech and
Hearing, The
Painted Turtle

President-
Christian Riley





President's Retreat at Lake Cumberland.

Kappa Alpha



Founded-
December 21,
1865:
Washington and
Lee

Colors-
Crimson and
Gold

Flower-
White Magnolia

Philanthropy-
Muscular
Dystrophy
Association

President- Ryan
Kerr

Kappa Alpha Theta

Founded-
January 27,
1870; Indiana
Asbury College

Colors-
Black and Gold

Mascot- Kite

Philanthropy-
Court
Appointed
Special
Advocates

President-
Amanda
Hamilton



Kappa Delta

Founded-
October 23,
1897;
Longwood
University

Colors-
Olive Green
and Pearl White

Mascot-
Ladybugs

Philanthropy-
Prevent child
Abuse America,
Girls Scouts of
USA

President-
Lindsay Hart



Lambda Chi Alpha



Founded-
November 2,
1909; Boston
University

Colors-
Purple, Green,
and Gold

Flower-
White Rose

Philanthropy-
North American
Food Drive

President-
Joe Snyder



Alpha Delta Pi enjoying philanthropy work at the
Ronald McDonald House.

Phi Beta Sigma



Founded-
January 9, 1913:
Howard
University

Colors-
Royal Blue and
White

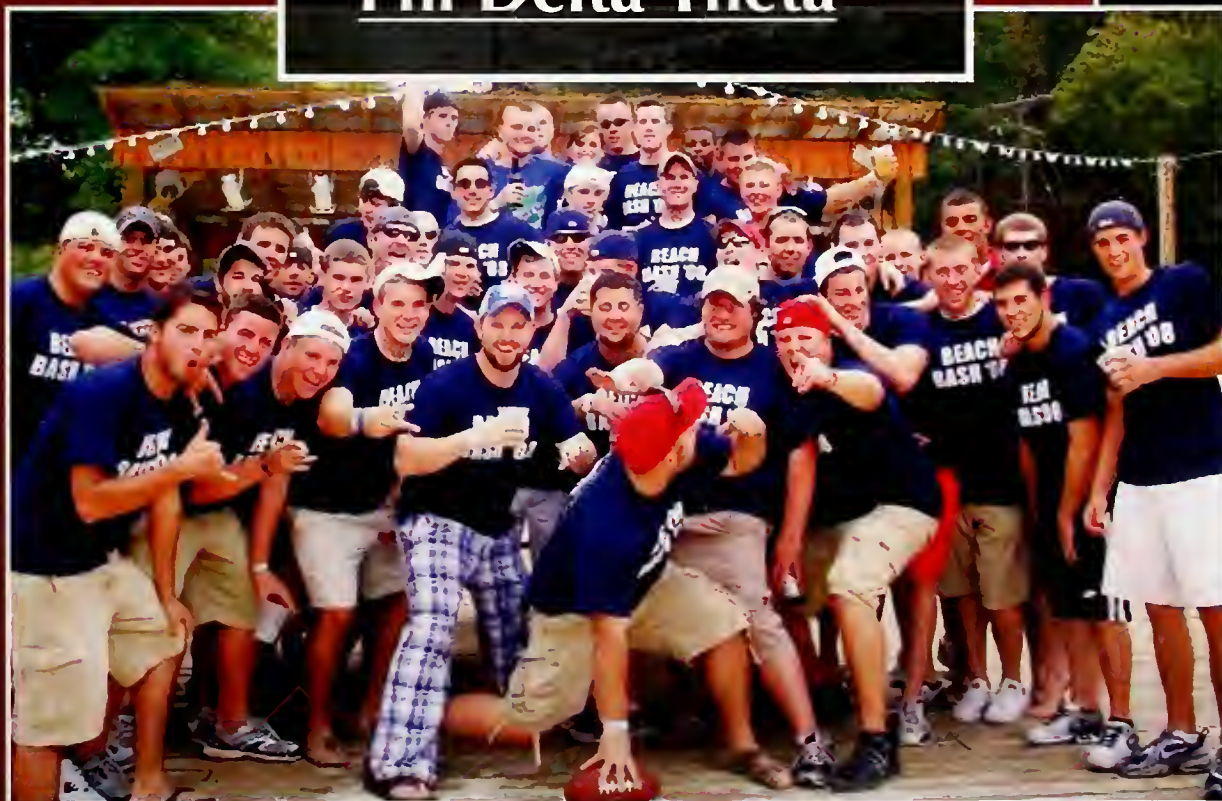
Flower-
White Carnation

Scout-
White Dove

Philanthropy-
Project SWWAC

President-
Clark

Phi Delta Theta



Founded-
December 26,
1848: Miami
University

Colors-
Azure Blue and
Argent White

Flower-
White Carnation

Philanthropy-
ALS Foundation

President-
Jesse Lokovich

Phi Kappa Tau



Founded-
March 17,
1906: Miami
University

Colors-
Harvard Red
and Old Gold

Flower-
Red Carnation

Philanthropy-
Hole in the
Wall Gang
Camps

President-
Christopher
Ruth

Pi Beta Phi



Founded-
April 28, 1867:
Monmouth
College

Colors-
Wine and Silver
Blue

Mascot-
Angel

Philanthropy-
Arrowmont
School of Arts
and Crafts,
Read Across
America

President-
Christine
Hughey

Pi Kappa Alpha

Founded-
March 1, 1868;
University of
Virginia

Colors- Garnet
and Gold

Flower-
Lily-of-the-
Valley

Philanthropy-
Big Brothers
Programy
President:
Ryan Thompson



Kappa Delta, NPHC, and Sigma Alpha
Epsilon after winning Greek Sing

Sigma Chi



Founded-
June 28, 1855;
Miami
University

Colors-
Blue and Old
Gold

Flower-
White Rose

Philanthropy-
Children's
Miracle
Network,
Huntsman
Cancer Institute

President-
Matt Raby

Chi Omega enjoying Bid Day activities.



Sigma Nu

Founded-
January 1, 1869;
Virginia Military
Institute

Colors-
Black, Gold, and
White

Flower-
White Rose

Philanthropy-
Charity Bowl

President-
Patrick Brown



Sigma Pi

Founded-
February 28,
1897; Vincennes
University

Colors-
Lavender,
White, and Gold

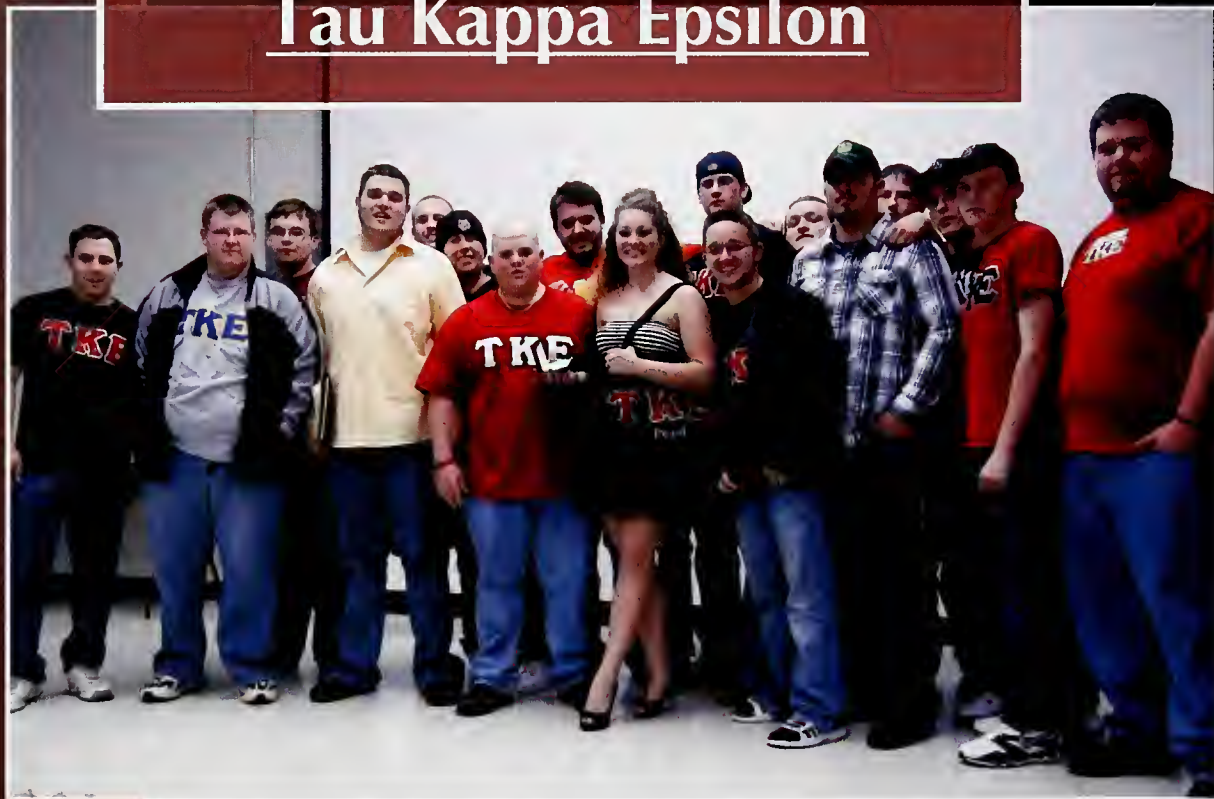
Flower-
Lavender Orchid

Philanthropy-
Sam Spady
Foundation

President-
Craig Meadows



Tau Kappa Epsilon



Founded-
January 10,
1899: Illinois
Wesleyan

Colors-
Cherry and
Grey

Flower-
Red Carnation

Philanthropy-
Alzheimer's
Association

President-
Austin Murdock

Theta Chi



Founded-
April 10, 1856:
Norwich
University

Colors-
Military Red
and White

Flowers-
Red Carnation

Philanthropy-
American Heart
Association

President-
Cody Chinn

National Pan-Hellenic Council

PHC is the liaison between the National Pan-Hellenic Council and our local Pan-Hellenic Council. They govern over all priorities on campus and keep the Pan-Hellenic Greek life running smoothly. They do the day to day tasks to ensure our greek system kept on track.



Inter-Fraternity Council

IC is the liaison between the National Inter-Fraternity Council and the local Inter-Fraternity Council. They govern over all fraternities on campus and keep the fraternal Greek life running smoothly. They do the day to day tasks to ensure our greek system kept on track.



Alpha Kappa Alpha



Founded-
Howard
University:
January 15,
1908

Flower-
Tea Rose

Colors-
Pink and Apple
Green

Mascot-
Ivy Leaf

Philanthropy-
Sarcoidosis
Awareness

Omega Psi Phi



Founded-
Howard
University:
November 17,
1911

Flower-
Budding Red
Rose

Colors-
Royal Purple
and Old Gold

Mascot-
Diamond

Philanthropy-
United Negro
College Fund

President-
Yameen
Thomas

Founded-
Morgan State
College:
September 19,
1963

Flower-
Yellow Rose

Colors-
Charcoal Brown &
Gilded Gold

Mascot-
Centaur

President-
Rob Morton

Iota Phi Theta



Founded-
Howard
University:
January 9, 1913

Flower-
White Carnation

Colors-
Royal Blue and
Pure White

Mascot-
White Dove

Philanthropy-
Project SSWAC
(Sigmaws Waging
War Against
Cancer)

President-
Cory Clark

Phi Beta Sigma



Sigma Gamma Rho



Founded-
Butler
University:
November 12,
1922

Flower-
Yellow Tea
Rose

Colors-
Royal Blue and
Antique Gold

Mascot-
French Toy
Poodle

Philanthropy:
OPERATION
BigBookBag

President-
Chanee Roberts

Zeta Phi Beta



Founded-
Howard
University:
January 16,
1920

Flower-
White Rose

Colors-
Royal Blue and
Pure White

Mascot-
White Dove

Philanthropy-
Z-Hope
(Zetas Helping
Other People
Excel)

President-
Jasmine Clay

NPHC is the liason between the National panhellenic council and our local panhellenic council. They govern over all NPHC organizations on campus and keep the NPHC greek life running smoothly. They do the day to day tasks to ensure our greek system is kept on track.

National PanHellenic Council



Members of the NPHC come together to host an information fair for their organizations. This is a positive event to provide awareness for the campus concerning their individual sororities and fraternities and to promote their philanthropies.

NPHC Community





Leadership Reception



Kappa Delta Tau



Kappa Delta Tau was founded in 1963 by 18 service-minded women at Eastern Kentucky University. They formed an organization that focused on serving the state, the Richmond community, and the ECU campus.

Club Soccer



The Club Soccer team provides an opportunity for girls to participate in a competitive soccer environment without playing at the varsity level. They practice two to four days a week and play through the fall, winter, and spring.

NSSLHA

Founded in 1972, NSSLHA is the national organization for graduate and undergraduate students interested in the study of normal and disordered human communication. NSSLHA is the only official national student association recognized by the American Speech-Language-Hearing Association (ASHA).



Sigma Tau Delta

Sigma Tau Delta's purpose is an honorary society is to promote literature and writing and to advance the study of the written word. Members gather annually in the spring at the International convention to present papers and share experiences and ideas within the English discipline.



Be the Cure Committee



Be the Cure is a non-profit organization that exists to raise funds and awareness for women's breast cancer. They hold annual races, date auctions, tea parties, and other various events and fundraisers.

Director-
Beth Ward

Alpha Phi Sigma and Lambda Alpha Epsilon (Corbin)



APS is a national criminal justice honor society. LAE is a national criminal justice organization. Both of these organizations were chartered for the Corbin and regional campus Criminal Justice and Police Studies students.

Phi Theta Epsilon

PTE is a national honors society for Masters of Occupational Therapy students and are among the top 10% of our class.



EKU ROTC

The Eastern Kentucky University ROTC program has one of the best leadership programs today. The wide curriculum consists of physical training, class, military labs, and an assortment of training exercises that will prepare future officers of the United States Army for the 21st century battlefield.



Campus Crusade for Christ



CRU is a campus-wide Christian community where students can find friends, grow in leadership skills, pursue Christ with passion, deepen in their understanding of God's word, and even carry the gospel to the ends of the earth.

Biology Club



The Biology Club is a student-run organization whose purpose is to provide students with an extracurricular opportunity to engage their interests in the biological sciences. While learning and delving into biology that cannot be found in the classroom, the Biology Club is also devoted to serving the campus and the community of Richmond through individual talent and strengths.

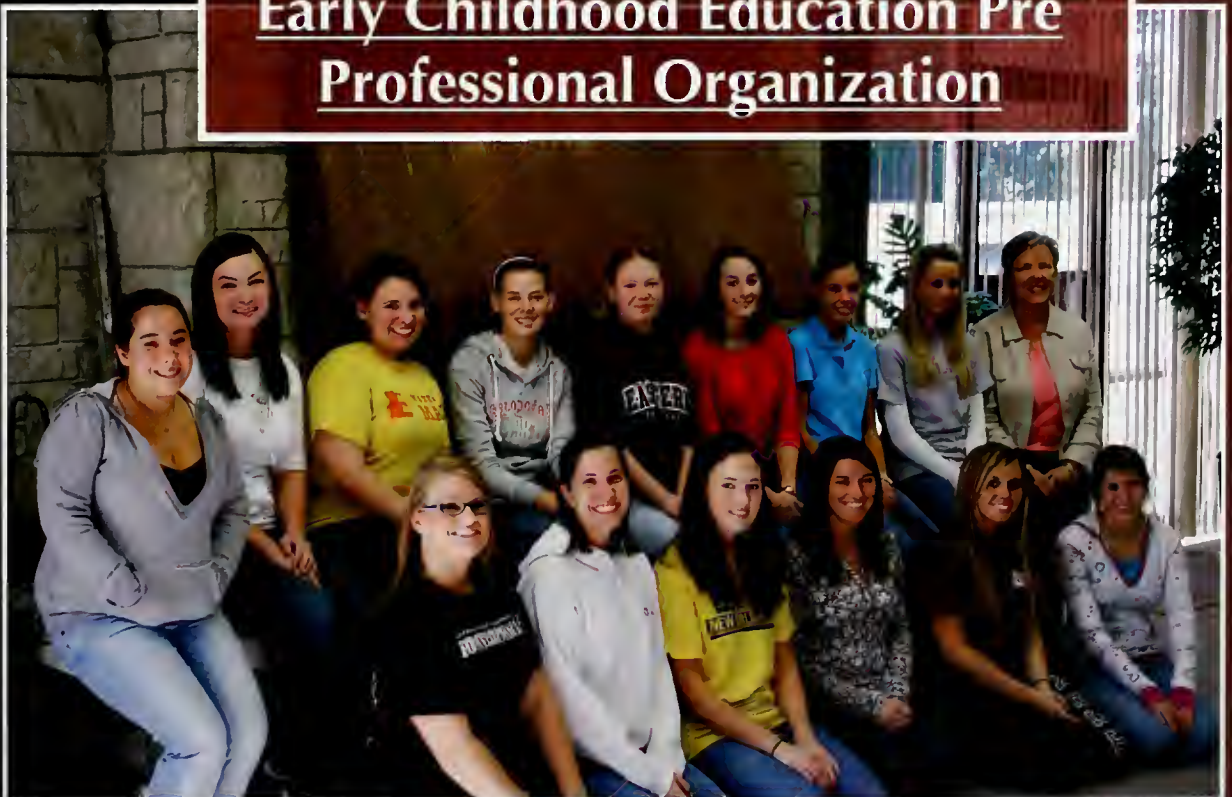
Student Occupational Science Association

President-
Elizabeth Miller
Vice President
of Academics-
Megan Bosse
VP of Service-
Natalie Bills,
VP of Social-
Lauren Jennings
Secretary-
Bethany Schmitt
Treasurer-
Angie Patton.
Faculty Mentor-
Kathy Splinter-
Watkins



Early Childhood Education Pre Professional Organization

This organization
aims to assist
those majoring in
subjects that
pertain to the
well-being of
children and all
that is associated
with those
professions.



Society for Professional Journalism



The Society for Professional Journalism is the nation's most broad-based journalism organization, dedicated to encouraging the free practice of journalism and stimulating high standards of ethical behavior.

Campus Outreach



The vision of Campus Outreach is "Glorifying God by Building Laborers on the Campus for the Lost World." We seek to build laborers with a commitment to the Great Commission through evangelism and discipleship.

The Milestone Staff is dedicated to serving the Eastern community by creating a yearbook full of the year's events at ECU. The staff enjoys weekly meeting, get-togethers, and long nights in the office in the pursuit of perfection.

EKU Milestone



The Eastern Progress is Eastern's school newspaper. It is student run and produced. You can find a weekly copy of The Progress in your dorms, public buildings, and classrooms. Topics vary each week, but up-to-date articles are never hard to find.

Eastern Progress



Student Alumni Ambassadors



SAA's main objective is service to the University. As an Ambassador, students have the unique opportunity to meet people with whom they can share their enthusiasm about ECU. They work with the University President, University officials, alumni, and others. Ambassadors are recognized for outstanding service to ECU and the community.

Student Activities Council



SAC exists to fund, supervise and promote cooperation between student run organizations. SAC also represents the interests of student activities to the Undergraduate Assembly and to the University administration.

Up 'til Dawn unites students from all walks of campus life, staff and their campus communities with the goal to end childhood cancer once and for all. Students help raise awareness and support for St. Jude Children's Research Hospital through a variety of activities.

Up Till Dawn



Accounting Society is a professional student organization. We are dedicated to exposing students to academic and career issues in the financial and accounting world.

Accounting Society



Society for Human Resources Management



Maroon SHRM exists to help our students prepare for a career in human resources through education, service, and networking.

Association of Fire Science Technicians



AFST, is a service based organization promoted to bettering students in the field of Fire and Emergency Services, as well as promoting safe campus and community. AFST trains regularly in firefighting activities as well as attending conferences and students and assistants to some of the top names in the fire service.

The ECU Spirit Club is a new addition to the Organizations at Eastern. By getting students to have more pride and school spirit, this club hopes that more students will attend the sporting events and want to stay on campus more.

EKU Spirit Club



Case Hall is a wonderful place to live for anyone who is interested in the arts, whether visual or performing. Case offers 2 music practice rooms, 2 arts studio rooms, a dance studio room and a theatre rehearsal space. The basement is designed to be a calm coffee house vibe.

Case Hall



Todd Hall



Todd is an 11 story high rise and is home of all of ECU's Greek Sororities. Todd is in a great location, located across the street from the Powell Student Service Center and adjacent to the Student Services Building, Todd offers it all.

Palmer Hall



Palmer is the place to be for first year students! Our ConneXtions Living-Learning Community offers fun and exciting programs in the hall as well as taking students to all the amazing on campus events not be missed.

Martin Hall is a 371 person residence hall that offers multiple Living Learning Communities and a great location. Martin Hall is located in close proximity to the Combs and Keith classroom buildings as well as the Library and Student Services Building.

Martin Hall



Keene Hall is a 16 story co-ed residence hall. Keene offers the convenience of proximity to the Business and Technology Center as well as the College of Justice and Safety Complex. Because of this, Keene Hall houses the Justice and Safety Living and Learning community as well as the PGA Professional Golf Management.

Keene Hall



Clay Hall



Clay Hall is a newly renovated air-conditioned, ten-story Co-Ed building for women and men. Clay Hall is home to upperclassmen only. Featured are centrally-located community baths on each floor, laundry rooms, and kitchen areas, as well as several study rooms.

Combs Hall



Combs Hall is a 5-story co-ed upperclassmen building featuring spacious rooms, sinks in every room, all moveable furniture, a full kitchen on every floor, and plenty of washers and dryers on the first and second floor laundry rooms.

Dupree Hall is an eleven story residence hall, centrally located on campus. It includes a fully functional kitchen, recreation room, front and side patio areas, and is all in close proximity to a student parking lot. Dupree Hall houses the male Greek NIC Fraternities in the Fall 2009 semester.

Dupree Hall



Sullivan Hall is an air-conditioned, four-story building for men and women. This co-ed hall is reserved for honors students. The building features community baths, spacious rooms with wooden floors and large windows, moveable furniture and several study areas.

Sullivan Hall



Telford Hall



At Telford Hall you will find we are pretty much Tops. Much as a castle is set upon a hill, Telford is scenically located on the edge of campus with a beautiful view of the surrounding area. Telford is entirely wireless, offers a pool table, foosball, and plenty of board games to keep you from getting 'bored'.

McGregor Hall



McGregor Hall is an exciting place to live for men and women. A prime spot for education majors, McGregor is home to the Education Living Community, which has exciting programs and resources for men and women interested in pursuing a career or major in education.

Burnman is an all female air conditioned hall is centrally located, provides both suite with adjoining semi-private baths, as well as rooms served by a community bath. Burnam is also home to the WITT/WILL Living Learning Community.

Burnman Hall



Commonwealth is home of the ConneXtions Living Learning Community! Here students have the help of a fun and supportive staff that will help them adjust to life on campus and plan lots of fun activities for them to meet other First Year Students.

Commonwealth Hall



Golden Key Society



Golden Key is the world's premier collegiate honor society, recognizing outstanding academic achievement and connecting high-achieving individuals locally, regionally & globally with lifetime opportunity, reward & success. Membership is by invitation only.

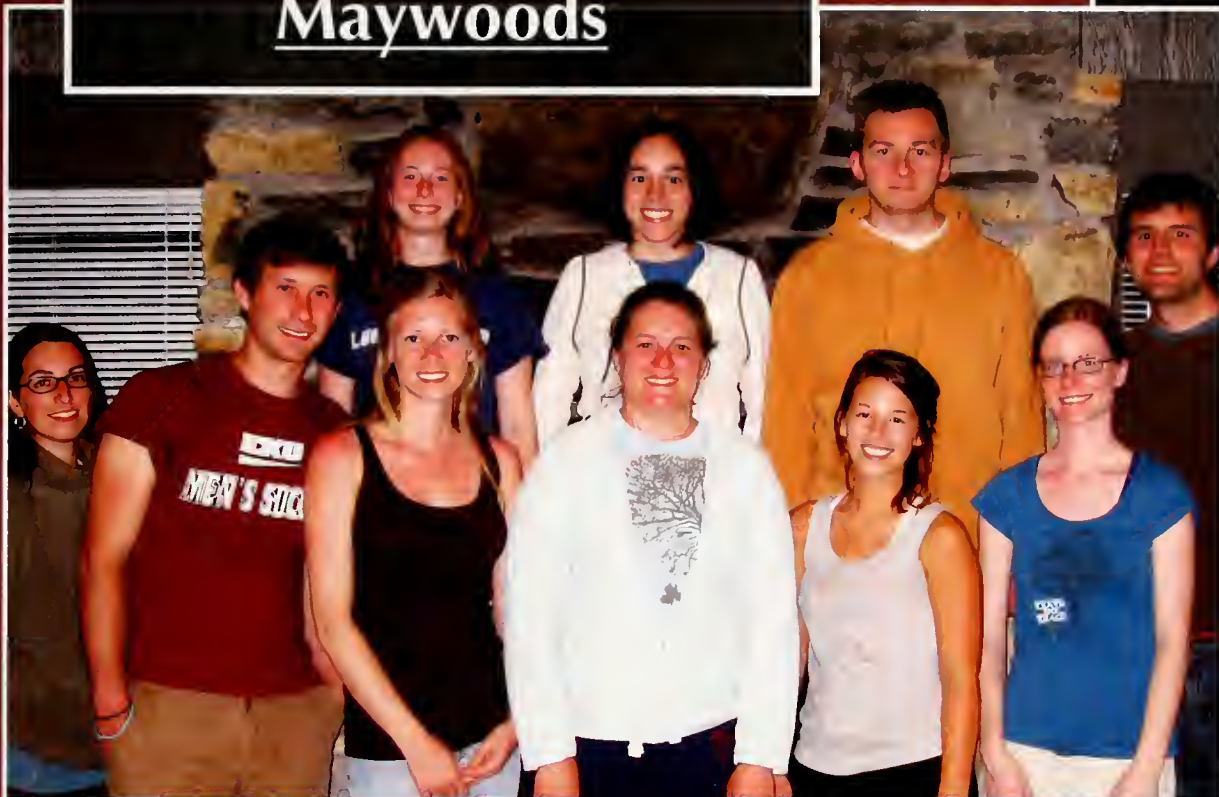
EKU Opera Guild



This RSO works in collaboration with EKU Opera Workshop. They are there to assist with anything needed to put on successful opera workshops. They do an annual Valentine's Day fundraiser where they sell singing Valentines.

Maywoods is a club designed to help students and faculty take interest in Maywood, KY. Maywoods Environmental and Educational Laboratory is a 7,700-acre natural area and wildlife refuge nestled in the Knobs; a geographical region of Kentucky. Research in environmental science and natural resources are conducted by ECU faculty and students at Maywoods.

Maywoods



Students of professional golf management learn the principles and skills they need to manage golf facilities and related organizations. They also learn how to teach golf.

EKU Golf Management Association

| V.I.V.I.V. | | | | W.I.V.I.V. | | | |
|------------|-----|-------------------|-----|------------|-----|----------------|-------------------|
| 75 | 146 | CERVAN | Cl | 75 | 152 | CHAPMAN | Gr |
| 78 | 151 | HAZLETT | J | 75 | 153 | RAY | Var |
| 77 | 158 | SOLTIS | Dan | 79 | 81 | 160 | WICKER |
| 300 | 601 | TEAM TOTAL | | 306 | 309 | 615 | TEAM TOTAL |

| I.I.V. | | | | I.I.V. | | | |
|--------|-----|----------------------|---------|--------|----|-----|-----------------|
| 79 | 158 | BERMAN | Bill | 76 | 80 | 156 | HAUGHTON |
| 83 | 155 | HUGHES | Jason | 79 | 74 | 152 | CAHILL |
| 72 | 146 | KAMPSCHNEIDER | John | 76 | 73 | 149 | LOWELL |
| 71 | 140 | MAY | Josh | 78 | 79 | 157 | WICKER |
| 75 | 143 | MCGARITY | Michael | 85 | 79 | | |
| 297 | 580 | TEAM TOTAL | | 205 | 6 | | |

| I.I.V. | | | | I.I.V. | | | |
|--------|-----|-----|-------------------|--------|-----|-----|-------------------|
| 72 | 79 | 151 | LOWELL | 77 | 83 | 160 | WICKER |
| 295 | 311 | 606 | TEAM TOTAL | 291 | 304 | 595 | TEAM TOTAL |

| I.I.V. | | | | I.I.V. | | | |
|--------|-----|-------------------|-------------|--------|-----|-------------------|-------------|
| 77 | 76 | 153 | NES | 77 | 76 | 153 | NES |
| 93 | 70 | 163 | WELL | 93 | 70 | 163 | WELL |
| 79 | 73 | 152 | WELL | 79 | 73 | 152 | WELL |
| 78 | 83 | 161 | WELL | 78 | 83 | 161 | WELL |
| 72 | 81 | 153 | WELL | 72 | 81 | 153 | WELL |
| 300 | 606 | TEAM TOTAL | | 300 | 606 | TEAM TOTAL | |

COASTAL CAROLINA U. FERRIS STATE UNIV. FLORIDA STATE UNIV. MISSISSIPPI STATE U.

Christian Student Fellowship



Christian Student Fellowship is a non-denominational, evangelical, nurture and outreach ministry (chaplaincy) for students, researchers, faculty, young adults, and their families. It is our desire to lead people to Christ.

NOVA



The goal of NOVA is to promote academic and personal success, ultimately resulting in the completion of a college degree. This is accomplished by a team of friendly, caring and competent professionals and student staff who provides support for NOVA participants.

Responsible, Educated, Accountable, Leaders is what the R.E.A.L. stands for in REAL MEN. The biggest event they do is the REAL women's brunch that happens during women's history month. They show appreciation and pamper the ladies of the ECU community as well as the women who have impacted our lives such as grandmothers, mothers, sisters, girlfriends, etc.

R.E.A.L. Men



Veritas Libertas is dedicated to commenting upon those issues that serve to either limit or promote truth and liberty in our society. They all first seek the Truth. Based on that Truth, they seek justice to uphold that which is right and expose that which is wrong.

Libertas Veritas



Alpha Phi Omega



Alpha Phi Omega is a co-ed service fraternity organized to provide community service, leadership development, and social opportunities for college students. Unlike many other fraternities, APO's primary focus is to provide volunteer service.

Statistics Club



Through providing members with a better all-around understanding of the statistics profession, we aim to help students overcome anxiety and intimidation of statistics topics in a casual, friendly, and fun atmosphere.

Eastern Kentucky University's Department of Music is the home of approximately 200 undergraduate and graduate music majors, and 20 student ensembles. EKU prepares students for careers in all aspects of music teaching and performance.

EKU Percussive Society

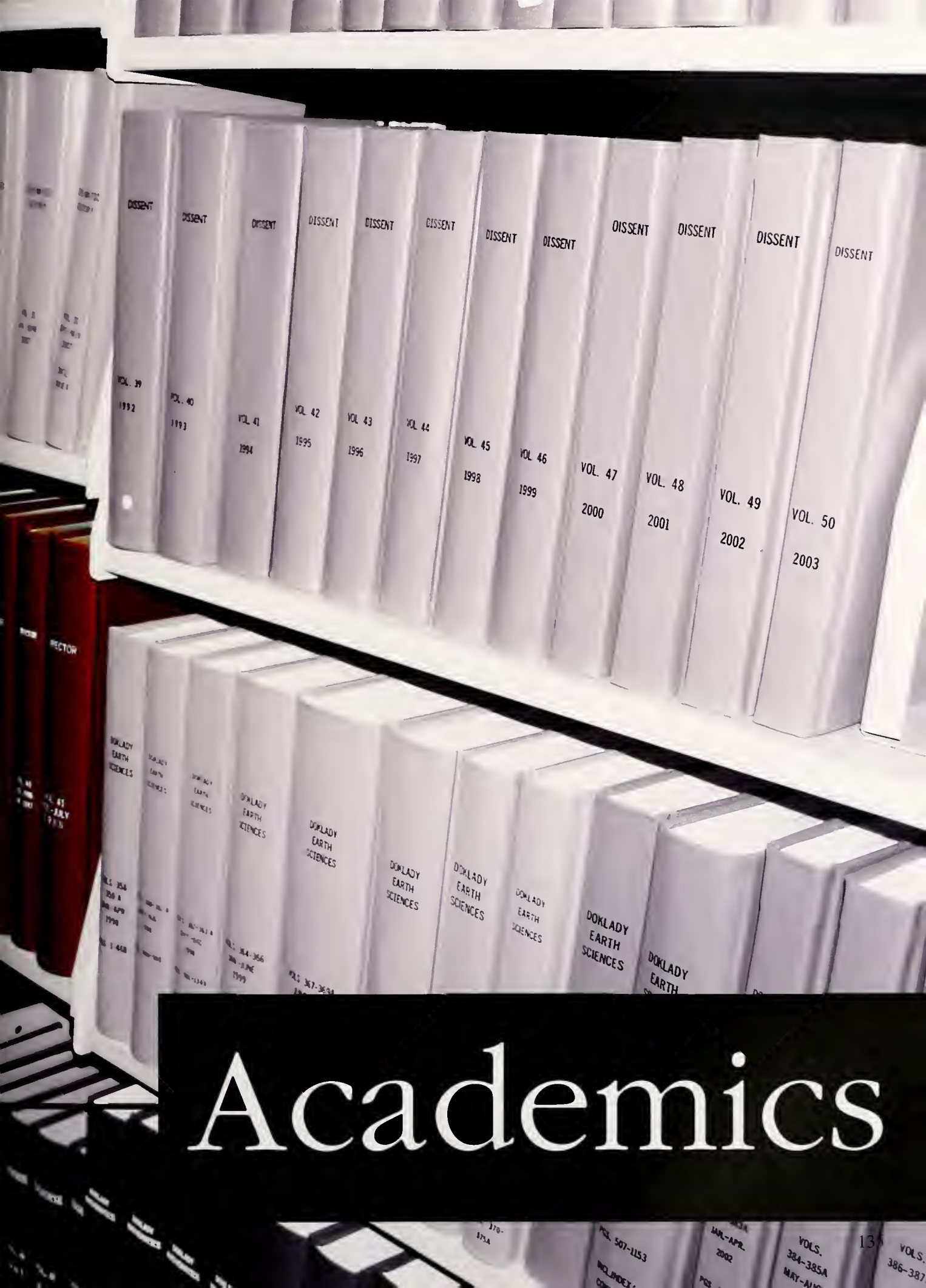


Students for Social Consciousness

Students for Social Consciousness "bridge the gap between campus and community" by promoting social awareness on matters that need attention in our society. They are very active in planning and hosting Earth Day Awareness.







Academics

A Change of Study Plans.

Construction on the Noel Studio Promises to Offer Students a New and Improved Studying Environment.

Most students, at this point, only know the Noel Studio as the loud construction taking place in the library. After two semesters, the drilling and hammering is about to come to an end as the Noel Studio nears completion. Starting in the fall of 2010 students will have a new place to learn and exercise both sides of their brain. The Noel Studio for Academic Creativity will be a place where students can think creatively, organize ideas, and refine projects in order to create high quality professional work. The studio is designed as a dynamic technologically sophisticated learning environment that will inspire individual and collaborative learning. In the Noel Studio, spaces and techniques will recognize multiple learning styles. Open and fluid spaces will provide the flexibility to let educators and students use the Noel Studio to maximize learning. This unprecedented work area will give students an advantage upon graduation through the practice of creating highly professional documents and presentations similar to those that they will use in their careers upon graduation.

The Noel studio is an investment in the future of students here at Eastern. While working in the studio, students will be able to work with trained consultants in creating projects. This allows for any kind of student to be able to take advantage of the studio and not feel overwhelmed. Those who are responsible for making the Studio come to life are proud to say that it will be the most technological place on campus, which will be refreshing for students and professors alike. The integrated space in the Noel Studio is defined as "bringing together writing, communication, and research areas of the University." Students who are looking to create thesis presentations or upper level major courses presentations will find the Noel Studio as one of the most helpful places on campus. Dr. Russell Carpenter is the Director of the Noel Studio. He came to Eastern in the fall of 2009 and completed his doctoral degree from the University of Central Florida where he studied writing center spaces through the lens of cultural and political geographies. Students will take full advantage of his knowledge and expertise when the Noel Studio for Academic Creativity opens in Fall 2010.





Above: President Whitlock presents Ron and Sherrie Lou Noel with a painting of the part of the Crabbe Library where the Noel Studio, for which they provided funds, will be constructed.
Below: Photos depicting the construction that is under way at the Noel Studio.



The End is just the Beginning.

EKU's Interpreter Training Program students make their last semester of college the start of something great.

Eastern's Interpreter Training Program is among the best in the nation, providing a 4 year degree to those wishing to seek a career within the field. The program consists of a rigorous curriculum, allowing the students the opportunity to work as an intern during their last semester. The internships that the ITP students are working in range from various educational settings to working in political settings in Washington DC. This internship provides an amazing opportunity for the students to hone their skills and learn from other professionals. Each student has a mentor and is observed by a professor within the department. With this monitoring, they can work in the field yet still act as a student, being able to learn from numerous interpreters and professors. This internship is a great opportunity for personal development, giving these students the ability to walk into the career a step above the rest. Although it is the end of their college career, it is just the beginning of their professional walk.

Right: Three Interpreting students sign their "sign name", which the Deaf community uses to recognize a particular individual.



Bryan Grubb
Washington D.C.

"I am interning with an American Sign Language interpreting agency in the Washington D.C. area. The company I'm interning with has contracts with various government agencies, as well as local school districts and colleges. My internship has been a wonderful experience thus far and I'm looking forward to completing it and possibly staying in the area after graduation."



Missy Briery
Louisville, Kentucky

...n working with the Center for Accessible Living (CAL) located in
downtown Louisville. Basically we get set up with various
interpreters each day and shadow them on numerous assignments.
These could be anything from a routine doctors appointment, to a
treatment center, to a college class, to a nursing home, etc. Pretty
much any area you can think of (CAL does focus most on medical
and mental health). Later in the semester I will start teaming with
these various interpreters and then eventually (hopefully) solo
interpret."



Katie Huber
Lexington, KY

"My internship is with the Office of Vocational
Rehabilitation. OVR provides services to eligible individuals
with disabilities to assist with entry into employment and
productivity in the workplace and community. I am
learning a lot from this experience and look forward to the
opportunities it presents in the future."

More Money, More Stress?

EKU students speak their minds about possible raise in tuition

With the recent recession and financial crisis that many American's are experiencing, every penny really does count. Therefore, talk of raising or changing the current tuition setup is quite a controversial subject at ECU and is something students are very interested in.

Students and members of the ECU Community were eager to join the tuition forum offered to the public in the Student Services Building on Eastern's campus. The President's office and the Student Government Association sponsored the three forums focusing on tuition and potential changes that might be implemented as early as the 2010 fall semester.

Specifically, this proposed system would shift students from paying one lump sum per semester [full time tuition] to a pay per-credit-hour structure, a proposal that many students were not at all pleased with. President Doug Whitlock claims that this change may be necessary in order for Eastern to come up with the funds necessary to run a college that are no longer being supplied by the state.

One student expressed his concern that the new tuition system would penalize students who were interested in taking more than 12 credit hours in an attempt to graduate early or utilize educational opportunities. "There has never been a time [semester] that I have taken less than twelve hours and with this new pay-per-credit plan, it would be another cost to me."

Linda Frost, director of the Honors Program, said the new system could hinder students from taking advantage of their education. She said the additional tuition changes could discourage students from taking classes that they otherwise might have taken. She added that Eastern doesn't do a lot of things other universities do, and that's why she loves it.

The average college career is said to last 4 years, but with the increasing demands of professors, assignments, and course requirements, it is not unheard of for the typical college career to last longer; 5 years is nearing the social norm nowadays. It's difficult for students to identify the benefits of such a proposition when the obvious ramifications are so significant. Currently not only ECU's community but the entire nation is experiencing the effects of an unstable recessive economy, and these instabilities don't seem to be letting up any time soon. If this plan is executed, students will not only be punished financially, but student's futures may also be affected possibly lengthening their time spent at ECU. However, those in favor of this plan do see the benefit the plan will bring to the financial situation on campus, but many students do not feel it should come at their expense.

Students will have one more opportunity to voice their concerns at an upcoming discussion [the last of 3 forums] later in the semester, after a budget is created for the upcoming fiscal year. This will be an interesting discussion to look back on and assess whether the voices of the community were heard or not.

How do you feel about the possible raise in tuition?

"Luckily for me I have a scholarship. However, some of my friends that are not may not be able to come back next year if it is raised. "

Malcom Booher
Freshman

"I would be more concerned about the students that are not on scholarships and that have to take out loans or pay out of pocket".

Jordan Henson
Freshman

"I understand that somethings are starting to cost more...but studies show that more and more people are going to school therefore the school having more money."

Brooke Bennet
Sophomore

"Well, I mean if I have already applied for financial aid for the year then its really going to suck.. so i mean I guess I would take out loans and write to people and complain."

Shannon Burno
Sophomore



Honors program Director, Linda Frost, gives her opinion on the issue.

"It will not change me coming back here to Eastern next year. I don't like how they keep raising the tuition because it doesn't give everyone the opportunity to come back to school."

Anna Crane
Sophomore

"I would come back next year but I would more then likely complain about it."

Chris Darmon
Freshman

"I'm not sure what I would do if tuition is raised much more than what it already is. I do know that the school would lose a lot of students."

Aunna Wood
Sophomore



Nova participants participating in the Tuition forum on campus.

Intellectually Traveling

Eastern Students gain valuable experience through Study Abroad.

Many people dream of traveling the world, seeing famous sites, eating traditional cuisine and being immersed in a totally new culture. For students here at Eastern Kentucky University this dream can easily become a reality through numerous study abroad opportunities. Whether it is spending a semester speaking French and eating pastries in Paris or taking a quick two week excursion over winter break in London, you name it and it can be done through the Study Abroad program.

Dr. Michele Gore, head of the study abroad program, is very adamant that each student should have the opportunity to travel the world during his or her collegiate experience. Eastern collaborates with numerous collegiate programs, but the main affiliates are the CCSA and KIIS programs. These programs offer a wide variety of destinations, academic course work options, and travel times. The Cooperative Center for Study Abroad (CCSA) organizes trips for students in English speaking countries while the Kentucky Institute for International Studies (KIIS) arranges programs in non-English-speaking countries. ECU currently offers programs in Argentina, Costa Rica, Spain, Turkey, France, England, Belize, Ghana and several other locations. ECU students also have the opportunity to take part in an abroad student-teaching experience or a true exchange program. Through the Magellan Exchange Program, students travel abroad for a year to absorb the entire culture and language. These participants can travel to China, Japan or the Netherlands, just to name a few.

Whatever your goals and dreams may be, a life-changing experience could be waiting for you through ECU's outstanding study abroad program.



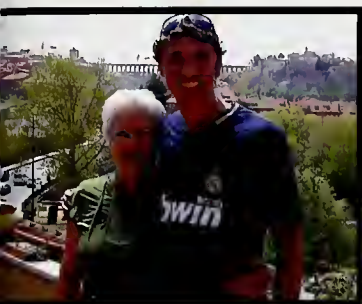
Manarola, Ita



London, England



Hong Kong, Chi



Matt Chadwell

Segovia, Spain - Spring 2009
 "I had the awesome opportunity to spend a semester abroad in Segovia, Spain. While in Segovia, I took classes in Spanish literature, conversation, as well as Spanish culture. I had such an amazing time."



Kristina Hamm

Siena, Italy - Summer 2010
 "I studied Italian deaf culture and sign language in Siena over the summer and loved it. My favorite part was getting the opportunity to learn a new sign language and interacting with the international deaf community."

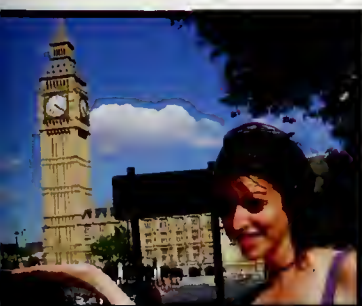


Steve Thomas

London, England - Summer 2009
 "I went to London with CCSA for about 5 weeks and studied British media. It was the best time of my life. I got to be completely independent, met a lot of really cool people, and did a lot of fun things. It was a lot of money but completely worth it."



Segovia, Spain



Emma Moser

London, England - Summer 2009
 "I took part in a study abroad/intern abroad program. I took 3 classes and worked 20 hours a week at a disability charity in their Marketing Department. While in London, I ventured to many places in England as well as Barcelona, Spain; Dublin, Ireland; and Milan, Italy. It was an absolutely amazing opportunity!"



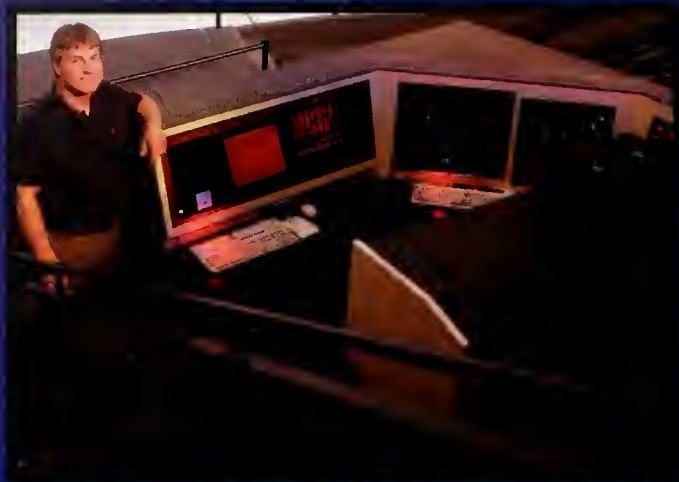
Lauren Rice

Hong Kong, China - Winter 2009
 "I went on a trip to Hong Kong in December to help out in an orphanage. My favorite part of the trip was getting to help out the less fortunate and all the wonderful people I met."



Chelsea Eddins

Grantham, England - Fall 2008
 "I had the opportunity to learn about British Studies for a full semester in England. The most enjoyable part of my trip was how easy it is to travel and see cool places."



Technical Director James Hughes shows off some of the planetarium's equipment.


Reach for the Stars

Eastern's Hummel Planetarium
brings Space down to Earth.



Get ready to kick back and gaze at the stars at EKU's Hummel Planetarium. The Hummel Planetarium, which opened in 1988, is located on the expanding business side of campus. The planetarium stands at a whopping 68 feet and is contained in the Perkins Building. This 68-foot dome is home to Spitz Space Voyager projection system, which allows visitors to view 10,164 stars. The Spitz Space Voyager system has the ability to project images as seen from any point on Earth, during the day or at night and it can also show you the sky at any point within 100 astronomical units! Besides star gazing, the planetarium also plays host to a children's show and a main feature, which changes seasonally. The planetarium is a favorite field trip hot spot for area elementary and middle school students.

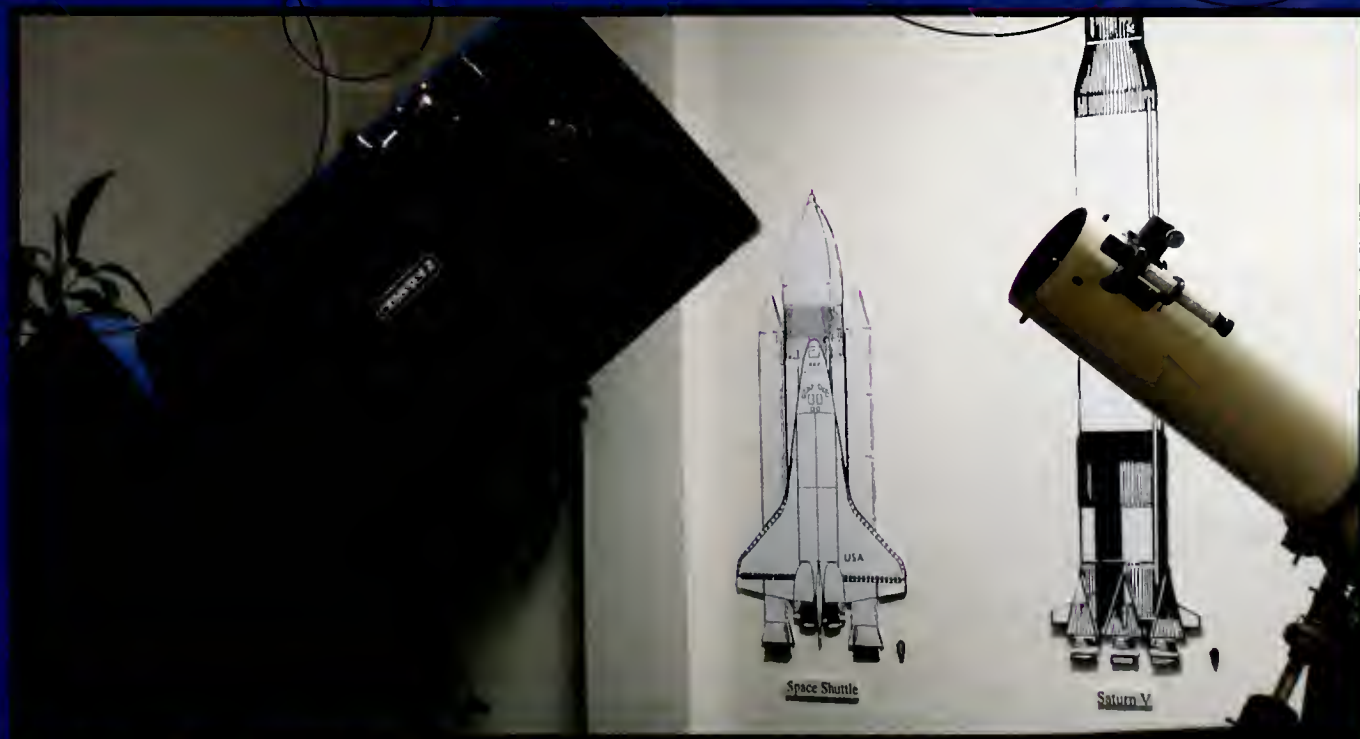
Currently, the Hummel Planetarium is one of the nation's largest planetariums and is the largest planetarium that has a home on a university campus. The planetarium has comfortable cushioned chairs arranged in stadium seating and a capacity for 164 stargazers alike. The planetarium is host to Friday evening and Saturday afternoon public showings and daily school showings for students ranging from pre-school to college grade level with over 15 available programs. The planetarium is also a popular venue for conferences and private functions since it is nestled in a convenient location on campus. Not only does the planetarium have great shows and stars but it also has a large gift shop which sells numerous items related to space including rockets, glow stars and the famed dried space food. If it has to do with stars, astronauts or space, it can be found at Eastern Kentucky University's hidden treasure, the Hummel Planetarium.

A photograph of the exterior of the Hummel Planetarium. The building is constructed of red brick and features a large, dark, arched entrance. To the left of the entrance, the words "HUMMEL D. HUMMEL PLANETARIUM" are inscribed in white capital letters on the brick wall. A concrete walkway with a metal railing leads up to the entrance. The foreground is a grassy area.

HUMMEL D. HUMMEL
PLANETARIUM

"A visit to the Hummel Planetarium is a trip through the universe, and offers an opportunity to experience the wonders that await us at the center of our galaxy or simply view the beauty of the sky above us."

-Hummel Planetarium Website



Hummel Planetarium has a plethora of telescopes as well as other astronomy and space-related equipment.



The Dangers of Facebook

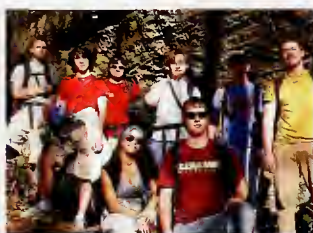


Study habits spiral as students' Facebook involvement soars.

Live Feed View News Feed



It is 11:30 PM on a Wednesday and you have yet to start writing your four page English paper that is due the following morning. You have been putting it off for as long as you possibly can, so you head over to the library to finally get down to business. You sit down in your favorite corner of the library, open your laptop, and proceed to pull up Microsoft Word. But as you type your name at the top of the page, you suddenly stop-- You still have enough time to check your Facebook profile even though your paper is due in only a few hours, right? While tagging yourself in hundreds of photos or chatting with that cute guy from class may seem completely harmless, our addiction to Facebook is making a mockery of study habits.



Arguably sad yet true, the typical college student spends at least an hour a day on Facebook, while most spend even more. Imagine what we could be doing with our time if it was not all spent updating our statuses, leaving comments on our friends' walls or making sure that our fellow Facebookers know every last detail about us. However, being a time warp of sorts isn't the only dangerous aspect of Facebook. When asked about the dangers of Facebook, Kendra Boggs, Junior Public Relations major from Lexington, KY, voiced concerns outside the scope of it being a major homework distraction to students.



"Facebook owns everything you put on there. The photos, messages, videos, wall posts, information... everything. You could delete your entire account today but years down the road an employer could still contact Facebook to gather more information on you and acquire it easily. The fact that Facebook owns everything that users put on there and will always have that information should be a real cause of concern for many college students and is certainly something to think about," Kendra says. Makes you want to think twice before posting that photo from last Thursday night, doesn't it?



Though there may be a few negatives, it certainly seems Facebook is going nowhere fast. You can walk into the library on any given day to find the majority of the computer screens occupied by the familiar Facebook home page. For all of you that are in denial, just go ahead and admit it along with the rest of us: Facebook is every college student's guilty pleasure. Though it may be detrimental to our grades and possibly even to future employment opportunities, we just can't get enough.



My Photos - Profile Pictures

Previous Next

Photo 1 of 500 | Back to Album | My Photos



Add a Caption

In this photo Jessica Harris, Kristin English, Felicia Quinn, Andrea Lewis

From your Album:
"Profile Pictures"

Added October 16, 2009 • Comment • Like

share +



This looks like me lol... After spending hours at my computer writing a six page paper, the only comment my teacher made was "you must have been on Facebook all night."

Tag This Photo

Edit This Photo

Remove as Profile Picture

Crop This Photo

Share this photo with anyone by sending them this public link

The Art of Maroon

Campbell Art Gallery brilliantly displays the artistic talent of Eastern students and faculty.



Associate Professor Esther Randall created terra cotta busts of her sons, Beau in front and Bubba behind.

When you first walk into the Campbell Building on the campus of Eastern Kentucky University you probably would not expect it to house the most important art venue in the city of Richmond. The Fred Parker Giles Gallery, named for a past distinguished Professor of Art spans two levels and can house multiple exhibits. The spacious and well-lit facility changes exhibits once a month and is overseen by faculty of the art department. The Gallery exhibits student and faculty artwork as well as collections from other schools and traveling exhibits from artists across the country.

During the 2009-2010 school year many great exhibits have been and will be featured in the Giles Gallery. These exhibits include works from Graphic Design students, Fine Arts students, the ECU teaching staff, high school students from across the state, as well as many other artists. Perhaps one of the best things about the Giles Gallery is that it allows students to have their work recognized in such a professional setting; it is truly a once in a lifetime opportunity!

So, whether you are a student, alumni, or are just passing through, make sure you don't pass up the chance to visit the Giles Art Gallery. While you're there, remember to look for the work of someone you know. You never know whose paintings, sculptures, or drawings could be waiting around the corner.



Also by Esther Randall, a bronze sculpture, "Sulking Shirley."



Issac Powell created this piece, "On the Land," using acrylic, oil, and graphite on a panel.



Professor Travis Townsend presents a unique sculpture on display.



"Interiors" by Dal Macon, Art History Professor.





Have you ever wondered where the men that run into burning buildings learned their skills? Who taught them all that they know? Here at ECU, we are fortunate to have one of only a few Fire and Science programs in the nation. In the United States, there are only three other schools that have a program of the same size as the one here at Eastern.

The program was founded in 1975 and has been growing with each academic year. This degree has various majors, widening the professional possibilities. Interested individuals have the options of getting bachelor degrees in Fire Protection Engineering Technology, Fire Protection Administration, Fire, Arson, and Explosion Investigation, and Industrial Safety and Risk Management.

"The ECU Fire Science and Technology program provides an excellent blend of the theoretical and practical."

-Caleb Armbrust, Fire Protection Engineering Technology major

The program helps students learn all the needed skills to keep them safe on the job. Many of the professors are either retired firefighters or are still working in the area. Professor James T. Thurman worked as an Army Bomb Disposal Technician and a Special Agent with the FBI before becoming a professor here at ECU. Professor Greg Gorbett spent 7 years working as a private consultant in arson, fire, and explosion investigation before investing in the program.

Many students will travel from as far as Florida, Pennsylvania, Alaska, New York, and even from other countries. "I came to Eastern because it is one of the top rated programs in the U.S., and it is one of the closest, but far enough away to not be home all the time," said Chelsea Blackwell from Fort Saint Lucy, Florida. For many in-state students the amazing price of tuition seems to make this program even more appealing. There is no doubt that those who come to ECU for the Fire and Science Program are getting the best education in the nation.

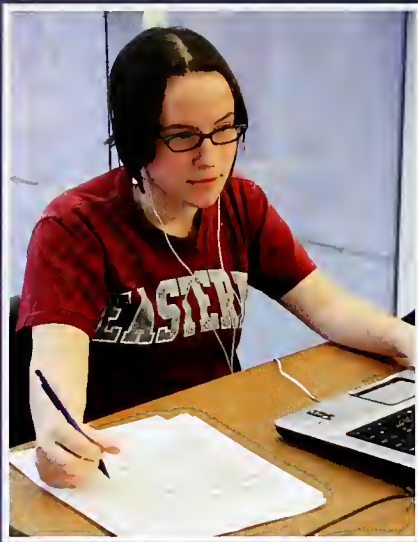
"The Fire Science Program gives real hands on experiences with all the situations that could occur."

- Adam Remines, Fire Protection Administration Major

Putting Out the Flames

EKU's Fire and Science Program provides training that makes it's graduates a step above the rest.





English Major Niki Clark works on a paper due for the next day.

How do you feel about your classes and grades so far?

"My grades were pretty good for the most part but wish I would have had all A's and B's."

-Cole Bevill, Freshman

"I'm just happy with the fact that I passed my classes."

-April Hoskins, Freshman

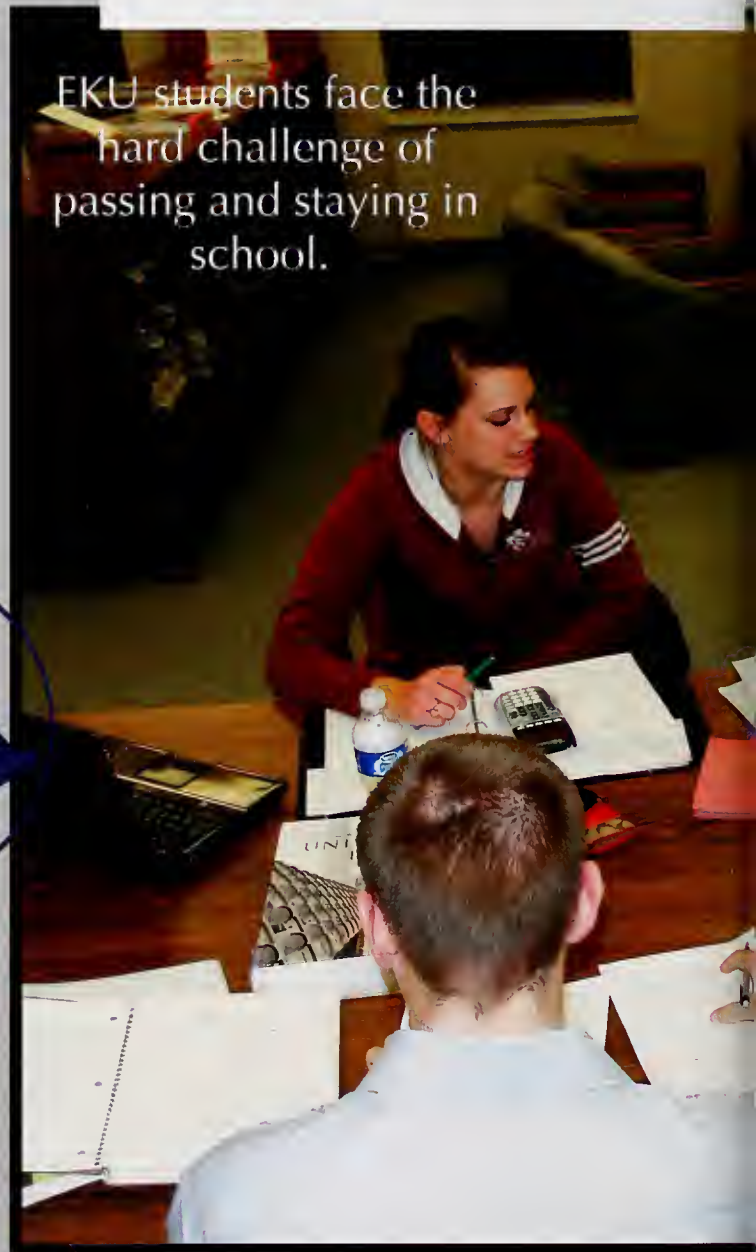
"Some of my classes really killed me last semester and others were so easy. I'm just like any other student that has strengths and weaknesses."

-Brad Clark, Senior



Make it

EKU students face the hard challenge of passing and staying in school.



Ever feel like just quitting school? Feel like you will never graduate? You are not alone, although unlike you some students have already given up. ECU has a retention rate of 62.7%-- meaning roughly 37.3% of those who enroll in the University end up dropping out for one reason or another before they get the coveted diploma. The top reasons students give for dropping out of school are: homesickness and feeling like you don't fit in, educational burnout, academic unpreparedness, too much fun but not enough education, and setting your sights on the wrong major. Essentially, students drop out of college because they are not ready for the demanding academic stress that comes with post-secondary schooling. College is not for everyone, but there are some simple tricks to making the grade you want so you can graduate in less time than it took Van Wilder.

The first step is actually attending your classes. I know, hitting the snooze button and finishing that amazing dream with your celebrity crush is much more interesting at the time, but actually attending class can boost your grade in a course. Many professors make attendance a portion of their grade through daily quizzes or bonus points. In addition, instructors will discuss important information during the lectures that you may need to know for tests, class projects, and homework assignments. If you are not there to get the information, odds are that you are not going to know about these assignments, how to do them correctly, or when they are due. So it is imperative for your grade that you actually show up to class.

or



Communication Disorders major Anna White studies for her upcoming exam.

How do you feel about students dropping out of college?

"I think that students who drop out of college really didn't give school a chance. College is a whole new world to explore and to find yourself. Its like when you try a new style of food that your really not used to, and later you regret that you didn't actually give it a chance on your taste buds."

-Allison Faulkner, Sophomore

"We will always need people to work at Wal-Mart, McDonalds, gas sations, and have people to clean up after me. These are the people that dropped out and never gave education a chance and this is why they mess up a simple burger."

-Marc "Gil" Mauntel, Sophomore

he next important step is to participate in class. It is a lot or to sit in the back and plug in your iPod until the next minutes pass, but how is that going to help you pass that biology exam? Participating in class helps you retain the information and makes you memorable and in the good eyes of your professor!

While you are actually in class, when you take a break participating, the next step is to take good notes. Be sure to write down as much information as possible during the lectures, so you can review the material later. Overall, your notes should be legible, accurate, organized and easy to understand. It isn't necessary to write down every single word your instructor says in class; but you definitely need to record essential details, such as facts, important names, dates,

places, events, formulas/equations, definitions, unfamiliar terms and lists of things.

Be sure to highlight important information the professor stresses in a way that stands out for when you are reviewing. After you leave class, make sure you do assignments and study in a timely manner. Keep things in a planner and check it daily to make sure you have done everything you need to for that day. Don't get distracted by extracurricular events. Remember you are here to earn a degree and school is a priority over fun time, so make sure you finish your school work before you head off to your next mixer and you will surely get the grade you desire!

"Creative Inquiries"

Chautauqua lectures inform Eastern's students on a variety of topics.

Right: Professor Gary Potter giving his lecture over Sex, Work, and War.



Right: Frank Warner presenting his book "Post Secrets."



Above: American Spiritual Ensemble give ECU a taste of culture.



EKU's renowned Chautauqua Lecture series has become extremely popular around campus and the 2009-2010 school year's lineup was better than ever. What does Chautauqua mean, you may ask? It is simply a public lecture that originated in the Village of Chautauqua, NY in 1874; however, ECU has chosen to put its own unique spin on the public speeches. While they are usually deemed to be drab and boring, the Chautauqua Lectures here at ECU have transformed the stereotypical, being talked-at lecture into something students find to be both interesting and enjoyable all at the same time. On top of learning from the great speakers the Chautauqua Series have brought to ECU, instructors have taken advantage of the Chautauqua series in order to give students extra points in class, adding to their education.

The Fall 2009 and Spring 2010 semester have brought about some of the most interesting lectures that the Chautauqua Series has ever had the pleasure of hosting. Some of these presentations have included topics such as ethics, challenges to free speech, human trafficking, and a presentation by PostSecret creator Frank Warren. In February, the American Spiritual Ensemble, made up of 27 singers and a pianist gave an amazing performance in Brock Auditorium. Founder Everett McCorvey opened the lecture by talking about the purpose of the ensemble. McCorvey says that the goal of the ensemble is to keep the negro spiritual alive. Most of the lecture was made up of singing, rather than merely talking about the music. This lecture seemed to have a powerful impact on all in attendance. Even those expecting to get up and leave halfway through due to boredom said they stuck around the entire time and even wanted it to last longer!

Rushda Majeed gave the last lecture in the Chautauqua Series for the Spring 2010 semester. Majeed is an Eastern alumna who works with a non-profit organization in order to bridge understanding between the public and the often-misunderstood Muslim community. After she graduated from ECU Majeed went on to receive her master's degree from Columbia University's School of International and Public Affairs. She is now the program director for the American Society for Muslim Advancement and works closely with the Muslim Leaders of Tomorrow Program. She has also begun including writing and film making in her hobbies. She has also traveled abroad quite frequently, experiencing many different cultures in a variety of countries.

With a great lineup like the past year has had to offer, one can only imagine what the future has to hold in the Chautauqua Lecture Series.

Left: Soloist for the American Spiritual Ensemble takes the stage for ECU.



Left: Frank Warren signing copies of his book "Post Secrets."

Staying informed.



The Eastern Progress
keeps students up-to-
date on the latest
campus and
community news.

On the campus of Eastern Kentucky University there is an abundance of excellent media publications. One of the most popular can be found in the Eastern Progress available for students to pick up every Thursday, and the recently revived ECU Milestone Yearbook that you are currently reading which is available every year! On top of those wonderful publications, ECU also offers a Twitter account that can send messages to those who prefer "Tweeting." Students work hard all year to make a variety of media possible for the student body as well as make a major impact on the entire campus.

The Eastern Progress has "progressed" with our current culture—paper versions of publications are going out of style, so they also provide a very high-tech web site to make easy access for people on the web or who cannot be away from campus and unable to pick up a print form. Through accessing www.easternprogress.com, students can access the archives of the Progress as well as create an account through which they can receive e-updates about what is going on around campus. Whether you are interested in sports, the police beat, student life, or anything in between, you can find it in the Progress which showcases some of the finest things our campus has to offer.



Left: Photo Editor Rachel Stone going through recent photos for upcoming print.



Left: Editor, Steve Thomas, looking at his deadline.

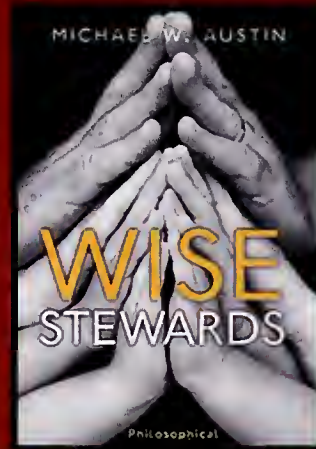


Above: Courtney Daniel, Design editor, working on the Eastern Progress hard working on the upcoming paper.



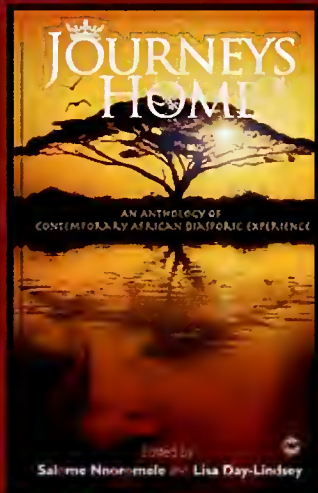
"This novel was a way for me to see the world through different points in history, different experiences, and different voices."

Sherry Robinson



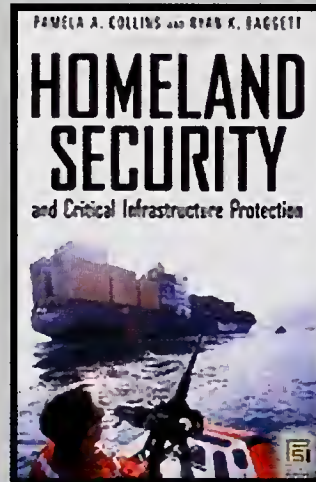
"In this book I try to combine the best moral and theological thinking about the family with the practical concerns that parents have in their daily lives as they seek to love and care for their children."

Michael Austin



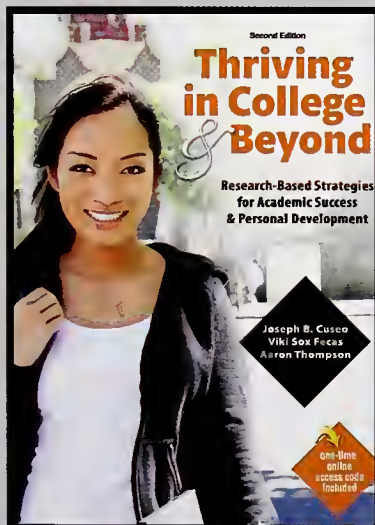
"All of the submissions were poignant in some way as the writers expressed their feelings of exile from their home country and of alienation in their new countries of residence. After a long process from selection, compilation, and publication, we are quite pleased with the results."

Lisa Day-Lindsey



"This book takes a look at critical infrastructure and how we have and should protect it. Imagine our nation with no telephone service, or, more frighteningly, no potable water. Critical infrastructures are those aspects of our nation's economic, political, and social systems that we rely on so strongly that any serious disruption would cause significant harm. Because we rely so heavily on them, their security is paramount."

Pam Collins



"This book is unique in that it offers proven student success strategies backed by research. For me, this book has been the accumulation of years of work and research in how college students can be successful socially, emotionally and academically. I wish I had this type of information located in one place when I started on my own academic journey. It would have made my first years in college much easier."

Aaron Thompson



The book draws on sociology and other social sciences to show how relational and interactive we humans really are. Few things that we are or will become can be isolated from our lifelong relationships with others. To understand human experience, we must always understand social relationships, groups, and societies. Our life experiences, both public and private, are social ones.

John Curran

Proud to be Published.

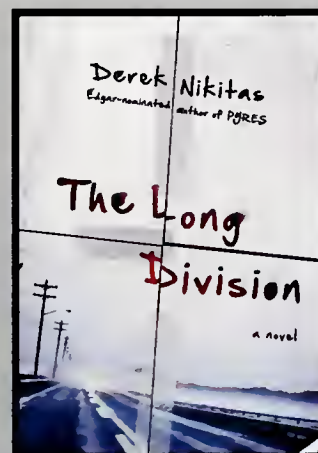
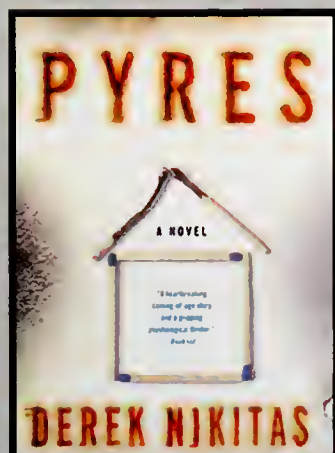
Eastern faculty put their name in print with books published on a variety of subjects.

Faculty publications are pieces of work such as books, scholarly journal essays, reports and other writings that members of a University publish. These pieces of work are very important to the University on different scales. On a very grand scale, the pieces of work that are published by our professors give Eastern recognition in academia, while on a smaller scale having professors that are very well educated in their fields assures students of the best possible education.

At Eastern we have many different pieces of work published. One of the faculty publications we have is English professor Dr. Lisa Day's piece titled "Journey's Home," a series of passages all dealing with African experiences and sharing their common ethnic identity. Another publication from the English department is a book by James Keller titled "The Deep End of South Park," explaining the inside jokes and attacks on pop culture icons and popular news featured in the infamous Comedy Central television show South Park. Other titles have played vital parts in the development of curriculum here on campus like Dr. Pam Collins' "Homeland Security and Critical Infrastructure Protection" which is used for many classes in the Criminal Justice Department.

One of the most prestigious faculty authors is Derek Nikitas who wrote the highly praised "Pyres" (2007) and has since written "The Long Division" (2009). "The Long Division" received rave reviews and was best summed up by Daniel Mallory of the Washington Post: "Here is a book to scorch the heart and freeze the blood. Here is a story that leaves the reader gasping in shock and sadness, dry-mouthed and damp-eyed, dragging in air as the final chapters detonate. Here, in abundance, is live-wire language pumping beauty, desire and violence like electric currents; here are characters so exquisitely textured, the pages nearly shudder with their breath."

One of the most interesting authors on campus is Dr. Mike Austin with his two most popular publications "Wise Stewards" (2009) and "Football and Philosophy: Going Deep" (2008). In his earlier publication Dr. Austin uses contemporary philosophers and modern day sportswriters to describe in intricate detail every aspect of football. Combining football and philosophy isn't the easiest thing to do but Dr. Austin seems to do it effortlessly. In his newest publication Dr. Austin gives parents a helpful guide in raising their children by both philosophical principles and theological principles with a bent towards Christianity. The diversity of these publications and the praise they receive helps distinguish Eastern from other Universities and Colleges and are a treasure to the Eastern community.



Both "Pyres" and "The Long Division" are works done by Eastern's very own Derek Nikitas. He is well-known for his suspenseful novels, one of which was nominated for the esteemed Edgar Award.

A trip around the World

24th Annual International
Banquet provides a unique
encounter with cultures from
all around the world.



Lucy Kyung Ran Seo from South Korea performs in front of the crowded Keen Johnson Ballroom.

Each Fall semester the International Student Association organizes the International Banquet for the students, faculty, and staff at ECU and others throughout the community of Richmond. The 2009 ISA International Banquet was held on November 14th in the Ben Johnson Ballroom where over 400 people were in attendance. This year the 24th Annual banquet took place, which represents ideals such as acceptance, respect, recognition, and uniqueness of people.

"Each year the ISA attempts to emphasize the fact that individual differences add a unique aspect to the ECU experience and these differences should be embraced by all students, faculty, staff, and the outside community," stated the ISA President, Janita Moonderwoerd when asked about the mission of the banquet.

The elaborate event takes several months of preparation which starts early in the semester. Many international students and other campus organizations contributed to the event. Thanks to everyone's cooperation, the banquet was once again a huge success.

Banquet guests enjoyed a buffet of 15 authentic dishes from numerous countries worldwide that were prepared by members of the International Student Association. The buffet was followed by entertainment by students who performed songs and danced specific to their culture and heritage. This year there were traditional and modern dances from India, South Korea, Nepal and Japan as well as performances by the ECU Samba Group and the ECU Dance Theatre. Xi Xiong sang a Chinese song about blue and white porcelain vases, which were made as early as the ninth century in Nan province, China. The last part of the evening consisted of an international fashion show where students showcased their traditional clothing. Articles of clothing that were modeled included the Saudi Arabian thobe, the Indian sari, and the Japanese kimono.

The International Banquet shows a large part of the diversity on our campus, but most importantly the ISA organization and the International Banquet celebrates and promotes this diversity.



Top: Participants in the Indian Fashion Show display their cultural attire for the audience.

Bottom: Anu Adhikari entertains the attendees with a beautiful Nepali Dance.

Brains and so Much More.

Eastern's Honors Program proves it's a lot more than just smart students and challenging classes.



Left: Before starting on the New Orleans City Park.
Above: The final product of their hard work at the park.



Janene Johnston and Kelsey Edmondson playing Marimba at the Kentucky Roundtable.

Being in the Honors program here at EKU means more than just taking specific classes and getting text books for free; it prepares students for the real world and offers endless opportunities for all of those involved. With Dr. Linda Frost in her 2nd year as the director, she has definitely put a new and exciting twist on things and it is looking like nothing but success is in store for the future. Founded in 1988, the requirements for the program consist of a 3.5 GPA, a score of 26 or higher on the ACT, and once you are in you must maintain a 3.0 GPA. Among the plethora of opportunities include enhanced learning in classes you cannot take outside of the program and that are taught by the best faculty that EKU has to offer. A couple of examples of some especially interesting classes that have been offered in semesters past include "Evolution and Extinction" and "Water: The Matrix of Life," only to name a couple.

Also a perk, Honors students have the opportunity to take part in local and national conferences. The Honors Program attended four conferences this year including two Kentucky Round table events, NCHC, and The Southern Regional. The National Collegiate Honors Council (NCHC) offered many students the opportunity to travel to Washington D.C. and provided them with opportunities they won't soon forget. This was the first year the program attended the Southern Regional Honors Conference (SRHC) which was in Greenville, SC and since it was such a great experience for the 21 students that attended, it certainly won't be the last.

The Honors Program also took a cultural trip this year to New Orleans where they went on different explorations in the city, including one of the Ninth Ward, and completed a community service project at the New Orleans City Park. The busy, fun-filled year finally came to a close for the Honors community with the Senior Thesis Presentation. As usual, seniors impressed all with the immense knowledge they had gained through the development of this project. No doubt seniors will continue to leave thesis audiences, as well as future employers and professors, in awe of the great intelligence which the honors program has helped to foster.



Participants of the Highway Clean Up Service Project in Richmond.



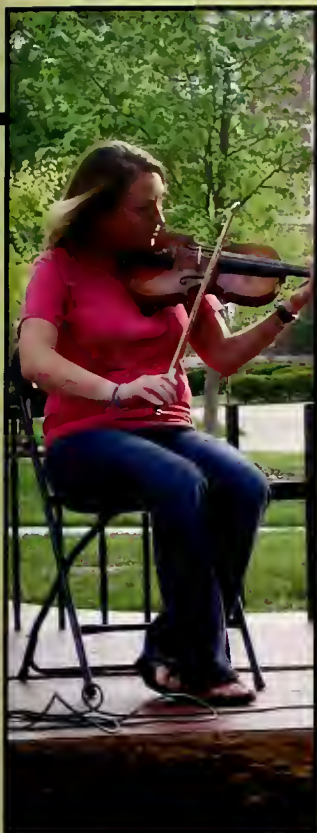
Above: Students break for a photo with Congressman Ben Chandler at the Capital.



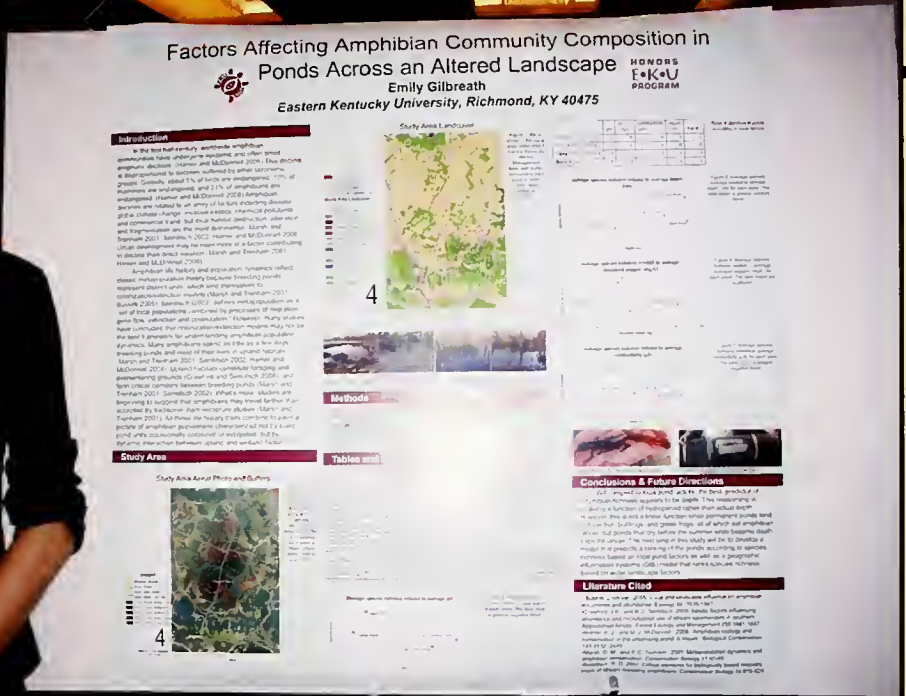
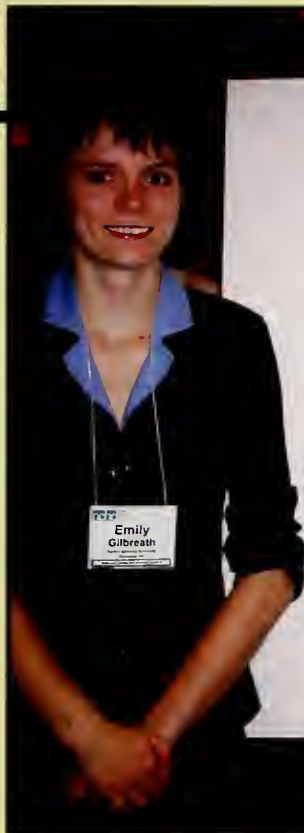
Bruce McClaren and Josh Line cheering around at the National Collegiate Honors Conference.



Megan Gozmell, Zach Lamb and Barbra Hussey at NCHC in Washington, D.C



Amanda Rice showing her musical skills at the Honors Talent Show



Student Emily Gilbreath presenting her poster on Amphibians.



Above: Linda Frost examining a baby alligator while on the New Orleans Cultural trip..

Right: Josh Sparks shows off his newfound knowledge of how to hold a baby alligator while in New Orleans.



Honors Program

A New Beginning

Graduates take the first steps to their future during commencement ceremonies

"A man who has never gone to school may steal from a freight car; but if he has a university education, he may steal the whole railroad."

-Theodore Roosevelt





*"The future
belongs to those
who believe in the
beauty of their
dreams."*

- Eleanor Roosevelt

Ralph Waldo Emerson once said "do not follow where the path may lead. Go instead, where there is no path and leave a trail." The Graduates at Eastern Kentucky University are doing just that. This year's graduating class consisted of many first generation college students paving the way for others to follow. The graduates' new path began on May 8th, 2010. Students decked in their graduation gowns piled into Alumni Coliseum along with a host of families and friends. Some decked with cords signifying their great academic accomplishments, others with mortar boards decorated and bedazzled, all the graduates walked across the stage with pride to receive their diploma. Brad Clark, a graduate of the College of Business and Technology will be returning in the fall to continue his education. He will also be working in the summer for Valvoline Instant Oil. Some students like Brad will be returning to Eastern or going elsewhere to continue their education in graduate school, however most will be jumping into the careers which Eastern has been preparing them for for four or more years. Regardless of their plans, the 2009-2010 Eastern graduates have been well-trained for whatever life has in store in their futures and will undoubtedly find success in all that they do.



*"To accomplish great things, we must
not only act, but also dream; not only
plan, but also believe."*

-Anatole France



"When you leave here, don't forget why you came."
-Adlai Stevenson







Sports

Keeping the Bar Raised



Above: Louisville, KY native, and senior wide receiver Garnett Ehlers is helped up by an opposing team member after being tackled on a drive.



Above: Sophomore Defensive Lineman Emery Attig from Alpharetta, GA watches as his teammate drives down the field.



Above: Junior Offensive Lineman Chris Krick from Winter Springs, FL prepares to hold the line.

The Colonel Football team experiences ups and downs during their 100th season

Great expectations. After winning the Ohio Valley Conference Championship in 2006, this is what the Colonel football team was facing going into their 2010 season. Starting off the season to a heart-breaking loss against Indiana, the Colonels bounced back to win three games in a row against Tennessee Tech, Murray State, and Eastern Illinois before beginning a roller coaster of wins and losses that stretched throughout the rest of the season.

Through the ups and the downs, the Colonel Football team stuck together and showed the Eastern community what sportsmanship is all about. "We win together, we lose together," head coach Dean Hood said of himself and his players. The talented athletes certainly support his statement as many of them consider Hood as more of a "second father" than just a coach. He encourages his athletes to do well in school, form tight bonds with one another, and participate in community service activities. This season, the football players volunteered with special needs children in Berea, participated in a canned food drive, and took part in other activities to give back to the Eastern community.

While the Colonels finished with a 5-6 record bringing them to their first losing season in 32 years, the record truly doesn't reflect what a great season this football team had. Only one game away from winning, the Colonels finished second in the Ohio Valley Conference and many of the players found individual success along the way. T.J. Pryor, a quarterback from Louisville, was named OVC Freshman of the Year, while senior tackle Derek Hardman, junior defensive lineman Andrew Soucy, and sophomore cornerback Jeremy Caldwell earned first team All-OVC honors. Hardman also got to play in the Texas vs. the Nation All-Star game, won the Roy Kidd Award, and is expected to be drafted by the National Football League.

Another exciting aspect to this year's football season was that it was the first season played on Roy Kidd Stadium's new turf football field. Looking towards their second season on the turf in 2011, the Colonel Football team is excited and enthusiastic about the things to come. With an experienced team coming back, both offensively and defensively, the Colonel Football team should be a force to be reckoned with in the new decade.





Alwee: Sophomore defensive back Jeremy Caldwell from Chattanooga, TN makes a dash to the goal line to score for the Colonels.

Why did you wear
maroon?

"Being such a hater of UK then it was hard for me to put on my maroon but my Colonel pride shown through and I went to the game and cheered on my home team."

Grant Lee, Maroon
Senior

"Because it is my school. I know you playing out there. Not to mention I pay to go here. Might as well represent. What can I say? I bleed maroon!"

Joe Anderson
Freshman

EKU



Number 49 Lylean O'Connor goes for the kick off return.



Senior Defensive lineman Chris Hall, number forty, tries to clear a path for the receiver.

Battle State

EKU and UK take the field for an exciting

Since the very beginning of the 2009 Football Season there was one match-up on the schedule that every Colonel fan was looking forward to: ECU vs. UK. The past two times that the Colonels and Wildcats collided on the gridiron have ended in a big blue victory. However, the maroon and white faithful were hoping for a different outcome this time around. For just the third time in the history of the program, the two were scheduled to meet on Saturday, November 7th. Eastern's campus was buzzing with excitement as everyone looked forward to the battle for pride of the bluegrass. On a beautiful November morning thousands of fans crowded into the parking lot at Commonwealth Stadium in Lexington and the tailgating festivities began.

f Pride

of football in the bluegrass.

Kentucky is known for its richard sports fans and they all showed up for the Pride of the Bluegrass game to root for their favorite team. ECU trailed by only four with less than two minutes left in the first half, but UK went on an unanswered run of 27 points to lead them to a 37-12 victory over the Colonels. This was a huge improvement for the Colonels compared to their last showing against the Wildcats, which ended in a 50-10 loss. With a total of 264 yards gained, 137 of which were in the air, Eastern put up a good fight against such a solid Kentucky team. While no one likes to lose, it is safe to say that neither the team or the fans lost any pride. This step up by the '09 Colonels is sure to give inspiration and hope to future teams as they face this state opponent. Who knows, maybe next time the win will come back home to Richmond with the Colonels.



Eastern players fight to the end, proving they are worthy of the Colonel's name.

Why did you wear blue?

"I was born a UK fan and I will always be that way."

Wayne Young
Freshman

"I don't know how to lose. I'm a UK fan."

Gregory Hunsley
Senior

"I have been a UK fan since I was born. I love the blue and white. I love the sound of the band. I love the sound of the band."

Patrick Hays
Senior

How did you feel?

"I felt like I was part of something big. I felt like I was part of something big."

UK



Colonel defense tries to slow down the Cats offense.

"I was thrilled when I was signed by the Tampa Bay Buccaneers. They are giving me a chance to make their team this summer and possibly reach my goals of playing in the NFL. However, no matter what happens, I will always cherish my days as an Eastern Kentucky Colonel. If I ever play another football game or not, it will not change the gratitude that I feel towards EKU's faculty, staff and students that make it such a privilege to be an EKU Colonel!"

-Derek Hardman
(after being signed by Tampa Bay)

Not Yet FINISHED

When speaking with All-American Offensive Lineman, Derek Hardman a few things are automatically decided; he is a class act, has a true love for EKU and is nothing but humble about all of the opportunities that he has been given through football. In the past year alone, Hardman has been named to the AP First Team All-American football team, played in the prestigious Texas vs. The Nation game and entered the NFL draft where he was selected as a free agent for the Tampa Bay Buccaneers. Here's what he had to say:

Q: What can you contribute your success at EKU and in life too?

A: Any success I have had can be contributed to the great players and staff that we have at Eastern. Football is just like anything else in life: it's all about being motivated. You need that drive inside to be the best and to never quit. Staff like our Head Strength Coach Jon Michael Davis and former offensive linemen like Sam Reid and Shawn Dedden, that gave me their all on every snap, always kept me motivated.

Q: What was the best victory that you have been involved in your time as a EKU Football player?

A: During my freshman season we beat Western Kentucky University at home. The stadium rushed the field and tore down the goal post and it was just a great feeling.

Q: Who is your biggest football role model?

A: My father has always been my biggest football role model. He has been a high school football coach since before I was born. I started managing for his teams in kindergarten and I have loved football ever since. He has a passion for the game and keeps a positive outlook through even the toughest situations.

Q: Did you always aspire to be a NFL player or did life just stray that direction?

A: I have wanted to play in the NFL for as far back as I can remember.

Q: What was your favorite part of attending EKU?

A: Honestly, EKU has been great for me. I love rubbing Daniel Boone's foot and thinking about all the fun times my friends and teammates have had in the dorms.

Q: What do you feel like is the most important thing to tell other football players or athletes?

A: The best advice I have for other football players or athletes is to keep it all in perspective. My wife, Brittany, has taught me how to do this. After any bad games or practices she would remind me that it was just a game and that the frustration and disappointment that I felt towards myself was not justified. Every athlete needs to keep a perspective on their sport that keeps the game exciting and enjoyable.

Q: What are you most looking forward to in the NFL?

A: If I make an NFL team, I am mostly looking forward to that run out of the locker room at the beginning of a game. At EKU, that moment always gave me a feeling that anything is possible and that there was so much to look forward to.

-Interview before NFL Draft



EKU Football Offensive Lineman Derek Hardman has chance to continue his football career after being drafted as a free agent to Tampa Bay in the 2010 NFL Draft



The EKU Women's Golf Team was led this season by head coach, Joni Stephens, and assistant, Mandy Moore. The roster was made up of 9 girls from towns scattered all over the world including, but not limited to, Abbekas, Sweden (Linda Hogberg), Belton, South Carolina (Kara Fant), and Grantham, New Hampshire (Alex and Lisanne Schmidt). According to Gabrielle Andersson, a junior from Stockholm, Sweden, the team is like her "second family."

The Men's and Women's teams are very close and enjoy traveling, competing, and improving their game together. "Teammates make everything great," April Emerson, a freshman from Jamestown, Kentucky said. Both teams are fortunate to have a state-of-the-art Colonel Golf and Learning Center, an excellent training facility close to campus. Katie Wiedmar of Louisville, Kentucky says her favorite part of the local course is that she can cover all aspects of her game at one location. Options available to the athletes for training include a putting and chipping/pitching green, sand bunkers, a short game area, large teeing area, Cool Range canopy for inclement weather, and an indoor/outdoor driving range. The Center allows for members of both teams to practice in an attempt to perfect their game, as well as reach optimum performance in competition.



Top: Lindsey Rankin, a Sophomore from Stanford, KY looks to make a successful put.



Right: Taylor Church, a Sophomore from Louisville, KY follows through after a perfect swing.





A Lady Colonel and her opponent walk together to the next hole and prepares to tee off.



The Ohio Valley Conference Championship was held at Austin Peay State University on April 22 through the 24 of 2010. As a whole, the team shot a 301 which was the lowest score of all the teams the first day. Despite that achievement, the girls received a fifth place finish at the conclusion of the tournament (although the final 9 holes were canceled due to bad weather). April Emerson scored a record low of 69 at the conference earning a spot on the OVC All-Tournament Team. Many honorable mentions took place during the season as well, including Lisanne Schmidt of New Hampshire who received the lowest stroke average at an astonishing 78.7.

Beyond outstanding performances on the course, other awards were given to many of the Lady Colonels this year. Both April Emerson and Lisanne Schmidt were chosen to the All-OVC Newcomer team. Schmidt also received second team All-Ohio Valley Conference. Katie Wiedmar, a soon to be junior, looks forward to the 2010-11 season as she says "the Lady Colonels definitely know how to have fun and work hard at the same time."

Kara Fant, a sophomore from Belton, SC makes a successful drive along the fairway.

EKU Women's Golf finishes 5th at the OVC Championships

Swinging to Success

Causing a Racket



Above: Sophomore Carlos Valdenebro of Sevilla, Spain focuses on making a return shot to his opponent.

Eastern's men's tennis team was nothing short of dominate in the OVC this season. Although the early part of the season was rough with losses to some highly ranked schools, the Colonels did not lose hope or determination. The men had a great season and were lead by OVC Player of the Year, Alex Das. Das, a junior, went undefeated in the OVC and posted an 8-2 overall record. The Valencia, Spain native earned a 7-1 overall mark and went undefeated (6-0 league record) at No. 2 doubles with teammate Carlos Valdenebro. Das did not lose in his last seven games which helped pave the way for his Player of the Year honors. Das was also selected to the First Team all-Conference and is only the second player in the history of men's tennis here at Eastern to do so. No men's single player has won the OVC Player of the Year since 1975. Also earning all-first team honors were Colonel's Hugo Klientovsky and Nik Shroeder. Earning second team honors was Sophomore Carles Pons. Rob Oertel rounded out the awards for the Eastern men by taking home the "Coach of the Year" title.

Though impressive, the entire individual accolades pale in comparison to the major team accomplishments. The team finished the regular season undefeated and continued their dominance in the postseason. Eastern defeated Austin Peay 4-0 to advance to the OVC finals. With a 4-2 victory Eastern defeated Tennessee Tech to take home the OVC championship trophy and regular season championships. The win marks the first time in the history of the program that the men will compete in the NCAA Tournament against the University of Louisville. Hopefully, this season will set a precedent for the tennis program and be just the beginning of the reign of the ECU men's tennis team.

EKU Colonels Win OVC Championship and Receive First Ever Bid to NCAA Tournament



Above: Emilio Pérez, a Sophomore from Badajoz, Spain anticipates a forehand return across the net.
Right: Sophomore Carlos Pons Escanilla, a sophomore from Barcelona, Spain stretches to make a backhand return for a game point.



Tough Shot

EKU Women's Tennis has Rocky Season
but Makes a Run at the OVC Tournament





Above: Junior Myriem Mhirit of Rabat, Morocco attempts to make a hit to save the possession.
Left: Anouk Faure, Junior from Versoix, Switzerland makes a return shot and wins the point.

As the weather warmed up and the frost wen away, the women of the Varsity Tennis Squad were spotted on the outside courts, touching up on their swing and practicing their serve. This year's team was comprised of four returning Colonels while three incoming Freshman were added to the roster to make a strong seven: Jessica Albuquerque of San Luis, Brazil, Catarina Branco of Cascais, Portugal, and Esmira Gheisary of Almaty, Kazakhstan. For head coach, Rob Oertel, the 2010 season would complete his ninth consecutive coaching year with the help of graduate assistant, Fred Goncalves.

As stated by the former professional tennis player, Billie Jean King, tennis is "a perfect combination of violent action taking place in an atmosphere of total tranquility," and these Lady Colonels definitely experienced their share of wide ranged battles on a serene, yet aggressive, quad. Although the team's record of away matches was a near setback with only 2 victories and 10 losses, great allegiance, enthusiasm, and willpower allowed each of these players to overcome defeat. Triumph for Lady Maroon came at home with a record of much improvement at 9-6 for a season summary of 14 matches win and 16 lost.

The season swung off in Louisville on January 22 and was followed by many home games throughout the month of February. The team gained their first win against Southern Illinois (4-3) on January 30 and later against Cumberland University (7-0) on February 12, both with a home court advantage. The season ended for the team in Paducah, Kentucky at Ohio's Valley Conference Tournament where the girl's lost to Austin Peay. Although the team did not return as champions, bragging rights were earned when the ladies reached the final of the CVC in light of a smack-down against the number one seed, Jacksonville State, 4-2. Senior, Alyze Pagal, noted this experience as her most memorable moment of the entire season as the group "really fought well as a team." Pagal received number 4 all year as well as 6th at the Conference. The team will graduate only one Senior and looks forward to starting a new season in the upcoming year.



Left: Picoty Leitich of Bomet, Kenya passes the baton along to Junior Katherine Pagano from Hollis, Me.

Below: Senior Elkana Kurgat from Nairobi, Kenya finishes a race strong for the Colonels.



Right: Junior Lydia Kosgei of Eldoret, Kenya comes around the bend with a significant lead during an ECU home meet.



ECU Cross Country Sends athletes to the NC44 National Championship Race





Left: Senior Abigail Love of Cincinnati, OH receives the baton during a relay from teammate Sondra Nieporte, a Senior from Erlanger, KY.

Below: David Willis, a Junior from Fort Mill, SC gains a hard fought lead in a race.



Under the leadership of legendary coach, Rick Erdmann, the ECU Women and Men's Cross Country teams continued running towards excellence performing at the highest standard in the height of their 2010 season. A total of 13 men and 10 women trained hard all summer long in order to prepare themselves for another winning season. The famous mile-relay meet at Eastern's Wood Chip Trail kicked off the season against the University of Kentucky and Marshall University. Both the men and women's teams ended up in a second place finish to Kentucky leaving the meet charged and fired up to beat their competition in the next big race.

The greatest pursuits of the season occurred at the Ohio Valley Conference Championships on Saturday, October 31st in Nashville, Tennessee where both the men and women won their fourth consecutive title. Freshman Picoty Leitich from Bomet, Kenya won the women's 5K race with a time of 19:29:05 and Junior Wesley Ruttoh a native of the same part of Kenya won the men's 8K race with a time of 25:39:24. Although Leitich won the women's race, it was definitely a team effort with Sylvia Bundotich placing third, Catherine Pagano in fourth place, Ashli Joseph in eleventh place, and Danielle Mason in nineteenth place. Head Coach Rick Erdmann added to his impressive awards record by winning his 39th and 40th OVC Cross Country Coach of the Year award. The season ended as both teams cheered on junior Wesley Ruttoh from Bomet, Kenya at the NCAA Division I Cross Country Championships. He finished an astounding 87th out of 250 runners, in spite of a fall at the beginning of the 10K race.

The team not only achieved awards on the course, but also got recognized by the U.S. Track and Field and Cross Country Coaches Association for being Division 1 All-academic Teams. This award requires a 3.00 team cumulative GPA in addition with a NCAA Regional Championship score and these Cross Country Colonel athletes certainly rose to the challenge of being exceptional runners as well as students.

Making Strides







Above: Sophomore William Hogan of Frankfort, KY competes in the 400 m race.



Right: Morgan Thacker a sophomore from Mt.Vernon, Kentucky triple jumps.

Left: An EKU Colonel successfully clears a jump.

Colonels Define Success

Men and Women's Track and Field Teams Place 3rd Overall and Earn 8 Individual Titles

Jack Erdman and Tim Moore led the Men and Women's Track and Field teams to a successful season in 2010. With a 54 member roster (30 men and 24 women), the season got started at an invitational on January 15th at the University of Kentucky followed by the Rod McCravy Invitational. Both meets were held in Lexington and allowed the Colonels to face concrete competition against teams such as Louisville, Alabama, and Florida, where many notable performances were recorded.

Freshman, Bianca Forbes, of Toronto, Ontario began her record-breaking season at Eastern by winning the 400-meters, a race that she would make habit of winning throughout the indoor and outdoor season. Both teams continued their success at other indoor meets: Middle Tennessee University Invitational and the University of Arkansas Tyson Invitational, which prepared the Colonels for the Ohio Valley Conference Indoor Championships in Nashville. The women took a commanding second place to Eastern Illinois and the men took third. Although the women had to settle for a second place finish, many individual bests and notable performances were recorded. Sophomore, Diamond Benjamin, of Washington, D.C. won the 55 and 200-meters, and Freshman, DanHeisha Harding, of Dayton, Ohio took down her competition winning the 55-meter hurdles. Outside of the sprinting events, junior, Katherine Pagano, of Hollis, Maine won the 1000-meters. On the men's side, Freshman, Soufiane Bouchikhi, of Antwerp, Belgium conquered the 5000-meters while running-mate, Senior, Christopher Rengifo, of Woodbridge, Ontario took second in the 10,000-meters race. Overall, the team's indoor season was a triumph achieved through dedication and commitment where athletes spent early morning and late afternoon hours in the cold training (due to the lack of an indoor training facility).

Both the men and women continued running, jumping, and throwing their way to victory throughout much of the outdoor season as well, with many highlights in all events competed in throughout Kentucky, Tennessee, Pennsylvania, and North Carolina. On April 16th, the Colonels competed at a meet and participated well, winning 13 different events in sprints, hurdles, distance, and field events. Freshman, Shannon Hooper, of Charleston, West Virginia defeated all competition in the women's discus while Morgan Thacker of Crab Orchard, Kentucky leaped her way to first place in the women's triple jump. Katherine Pagano and Soufiane Bouchikhi had incredible execution at the very prestigious Penn Relays, earning OVC Athlete of the Week awards. Pagano broke the school record with her 10,000-meters performance achieving an unprecedented time of 36:03.00. Meanwhile, teammate, Bouchikhi, pulled out a second place finish in the men's 5,000-meters race with a time of 14:01.71. The outdoor season ended for most of the team at meet 11 in Cookeville, Tennessee where both the men and women received a third place standing. Eight individual titles were won despite stormy conditions.

When asked about the 2010-11 season, Tim Moore "looks very forward to a new challenge with some new faces added to an already successful roster. It's going to be a very exciting next season and I can't wait to begin working with the team."

Q&A with Head Coach Tim Moore:

Q: What was your most memorable experience or moment of the 2009-10 season?

A: The tenacity of the teams this year. All of the student-athletes gave 100% during the season and I think it showed with their performances. One of the most memorable moments had to be with the women's shuttle hurdle relay team winning at the Sea-Ray Relays at the University of Tennessee with the fastest time in the country. The excitement was there from beginning to finish.

Q: What's your favorite part about coaching a Varsity team at EKU?

A: My favorite part about coaching at Eastern Kentucky has got to be watching the improvement of the student-athletes and being able to compete at a high level against NCAA Division I institutions. Watching them grow with confidence during each outing.

A Work in Progress



Above: Sophomore Diane Gallagher from Atwater, CA prepares to hit a successful bunt.
Right: Kaquel Howes, a Freshman from Colorado Springs, CO makes a perfect swing, to get to the bases.



EKU Softball has Tough Season but Remains Positive and Looks to the Future

Although fans attend baseball and softball games to sit back, relax, and enjoy a super sized hot dog or nice cold beer, the players on the field experience a much more aggressive and competitive atmosphere. The women of Eastern's Varsity Softball Team had their share of triumphs, letdowns, and weather complications this season; however, their effort reflects what it is to be a true Colonel athlete.

The 2010 Softball roster contained 18 athletes and two coaches. Seven freshmen were added to the team at the start of the season while fans embraced the last playing year of seniors, Shyenne Hussey (from Waimanalo, Hawaii) and Jena Handley (from Garden Grove, California), who graduate in May. Hussey holds the title for the highest batting average of the team at a record of .333 as of April 25, 2010, while teammate, Handley, earned the third highest batting average of all 18 members at .329.

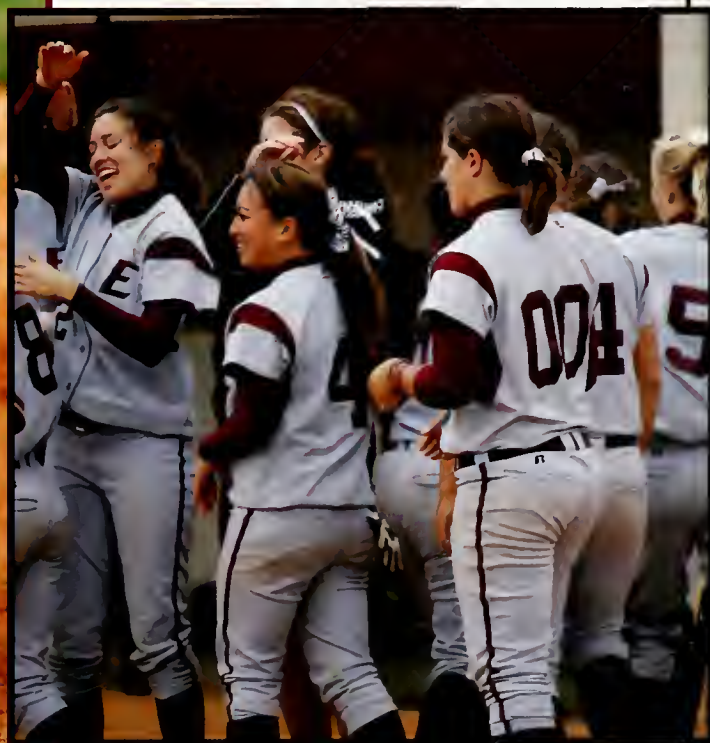
Many sensations were noted on the field this season despite rain and multiple injuries (4 athletes endured season ending injuries). On March 6, the Lady Colonels gained their first triumph against opponent, Purple Aces, of the University of Evansville. Two home-runs scored by sophomore, Larkyn Wood, and freshman, Raquel Howes, ensured the team its victory with a final score of 6-4. Eight members of the team scored home-runs this season, some athletes of whom slammed multiple shots over the fence including Nikki Bruce, DeAnn Horsell, Raquel Howes, and Ashley Dollins. In total, the team gained 13 runs from these smash hits altogether.

The girls' next victory occurred later that week on March 9th when newcomer pitcher, Kristen Perry, struck out 13 batters in a doubleheader against the North Carolina A&T Bulldogs. The team stole the spotlight in both games with a final score of 2-1 in the first and 5-3 at the end of the second. The rest of the season produced a rocky road against big schools Western Kentucky University, Murray State, Miami University, and Jacksonville State, but looked up on May 9th at the OVC Tournament in an 8-0 success against Austin Peay. Top pitcher, Noelani Esperas, threw a no-hitter for five out of seven total innings earning the team a seventh place status in the Conference standings. The team ended the year with a season summary of 15-34.

Head Coach, Jane Worthington, says that next year she "is looking forward to a team of healthy individuals." Worthington promises the community of ECU that fans will see a highly improved team who works hard both on and off the field.



Left: Senior Third Baseman Shyenne Hussey of Waimanalo, Hawaii gets ready to make a play against the opponent.
Below: The Lady Colonels cheer on one of their own after she rounds the four bases and makes it to home.



Controlling the Bases

Despite being Young, Colonels Show Progress and Find Success



EKU's Varsity Baseball team is now able to practice and host games rain or shine, a turnaround from last year's unpredictable weather conditions which interfered with the boy's play. Due to a \$500,000 complete restoration of Turkey Hughes Field, the men's baseball team has received a brand new turf infield for the 2010-11 season. The effort allows the team to train and compete through the spring showers in order to bring their best game to the plate.

On February 26th, the team opened their season in a three game series in North Carolina against WCU where both head coaches, Jason Stein of EKU and Bobby Moranda of WCU (two former EKU baseball players), faced off. Although the Colonels did not achieve their first win in the season opener, they did earn a proud 'W' beating the Catamounts in their second game on the following day. The Colonels certainly earned bragging rights, defeating their opponent 11-4 compared to their previous game of 9-12.

Through the month of March, the team accumulated a winning streak after beating the University of North Carolina, Presbyterian College, Purdue University, Eastern Illinois, and North Carolina A&T State. In a double header against solid competitor, Miami University, both teams split earning each of them a win to add to their record.

On May 28th, Murray State smacked the Colonels, the number 6th seed, out of the OVC tournament with a 2-10 loss. Although catcher Joey Stevens attained his first career triple in the fifth inning and was batted in by teammate, Bryce Labhart, the hot streak was not enough to catch the Racer's lead. The team ended their season with a best effort beating, but finished overall with an impressive 28-27 record.

Jason Langfels, junior infielder from Lexington, KY received a draft pick on June 3rd by the Colorado Rockies where he will continue his baseball career after graduation. Colonel fans anticipate an exciting senior year from this fierce contender as well as the rest of his teammates in the upcoming season. The team will say goodbye to only four seniors (infielder, Anthony Ottrando, pitchers, Jim Clancy and Chris Hord, and catcher, Joey Stevens) which will allow all 28 returning players to start strong on their new field.



Above: Left handed pitcher Paul Duncan, a junior from Northfield, IL, throws a pitch into the plate.

Right: Michael Gracia, a sophomore from Miami, FL steps up to bat.

Far Right: Dustin Dunlop, a sophomore from Conyers, GA tags an opponent and makes a play at second base.



Throwing the Pitch



Pitcher Ryne Purcell Becomes the Top Relief on the Mound for the Colonels

Junior right handed pitcher Ryne Purcell of Vincennes, Indiana led the Colonels baseball team as their top relief pitcher during the 2010 baseball season. Ryne spent his freshman season at Kaskaskia College in Centralia, Illinois before transferring to ECU last year. During the 2009 baseball season, Ryne's sophomore year, he finished the season with a perfect 4-0 at the mound. He also recorded a 0.00 ERA (earned run average) and had 12 appearances, including 2 starts.

Purcell began the 2010 season with big expectations and has worked his way to becoming the ECU baseball Colonels' number one relief pitcher. Purcell led the OVC league in saves with a total of 12 (at print time). At midseason, Ryne had a total of 25 strike outs in only a period of 19.2 innings. For the 2010 season Purcell recorded an ERA of 6.03, on the season, which was an increase from last season.

During the 2010 OVC Tournament, Purcell finished out the close win over Murray State and only allowed only 1 hit in the bottom of the ninth inning to seal the deal, which enabled the Colonels to beat MSU and continue onto the next round. Purcell's biggest personal achievement occurred when he was named as a candidate for the 2010 National Stopper of the Year Award. This award is given to the top relief pitcher in the nation for Division I Baseball and Purcell was the lone representative for ECU on this prestigious list.

Junior Ryne Purcell had a successful second season as a baseball Colonel. During his senior season, Purcell plans to continue to lead the Colonels as the top relief pitcher and continue to improve his statistics.





Above: Freshman Chelsea Walter from South Riding, VA starts her career at ECU and dribbles to the goal.



Above: Sophomore Deja Tenno Centerville, OH looks to get a pass from teammate.



Above: A junior Kitchener, Ontario resident Heather Bruce sprints down the field to make a play.

Beyond Expectations

EKU's Women Soccer Clinches at the End of the Season to Seal Bid to the OVC Tournament

The Eastern Kentucky University Women's Soccer team had a rocky season but still managed to rally at the end of the season and advance to their second OVC postseason tournament appearance. The Lady Colonels had an overall record of 5-11-3 with tough losses against Tennessee Tech in overtime, Western Kentucky University and the University of Cincinnati.

During the regular season the Women's Soccer team tied Murray State University 0-0. The Lady Colonels looked to avenge this tiebreaker when they met Murray again in the first round of the OVC tournament, which was held in Morehead, Kentucky. Unfortunately, the Lady Colonels fell to Murray State University by a score of 0-1 in the quarterfinals, which ended their season.

The Lady Colonels had many individual accomplishments throughout the season. Senior Jessica Goshert, who had started for the Colonels since her sophomore and gave it her all in 69 games, was named the OVC Defensive Player of the week in September and was also a recipient of an OVC Medal of Honor. In February, the National Soccer Coaches Association of America also named Goshert to the Scholar-All East Region honorable mention team, the highest individual honor that can be earned by OVC Scholar-Athletes.

In October, senior offensive standout Lauren Imsande became the first ever Colonel to be named as the OVC Offensive Player of the Week. Goalkeeper Stephanie Lynch was also named to the OVC Co-Goalkeeper of the Week during October, this honor being the second time the Junior Goshen, Kentucky native has received this honor.

Three Lady Colonels were also named to the All-OVC Teams. Junior midfielder Ashley Green and junior goalkeeper Stephanie Lynch were named to the second team All-OVC. Freshman Alex Hess also had the honor of being named to the OVC All-Newcomer Team.

Despite what the record may illustrate, the Lady Colonels finished off the season with many honorable accomplishments. Overall, the 2009 Women's Soccer season could be classified as a success and has this young program looking to be a dominating powerhouse in the years to come.



Above: Sophomore Goalie Stephanie Lynch from Goshen, KY punts down the field.



Above: Senior Lauren Imsande of Dearborn, MI heads the ball to make a play.



Above: Hayley Wright, a sophomore from Murray, KY makes a play on a defender.



Above: Senior Ontario, Canada native Papa Oppong shoots and scores over Murray State defenders

Making a Statement

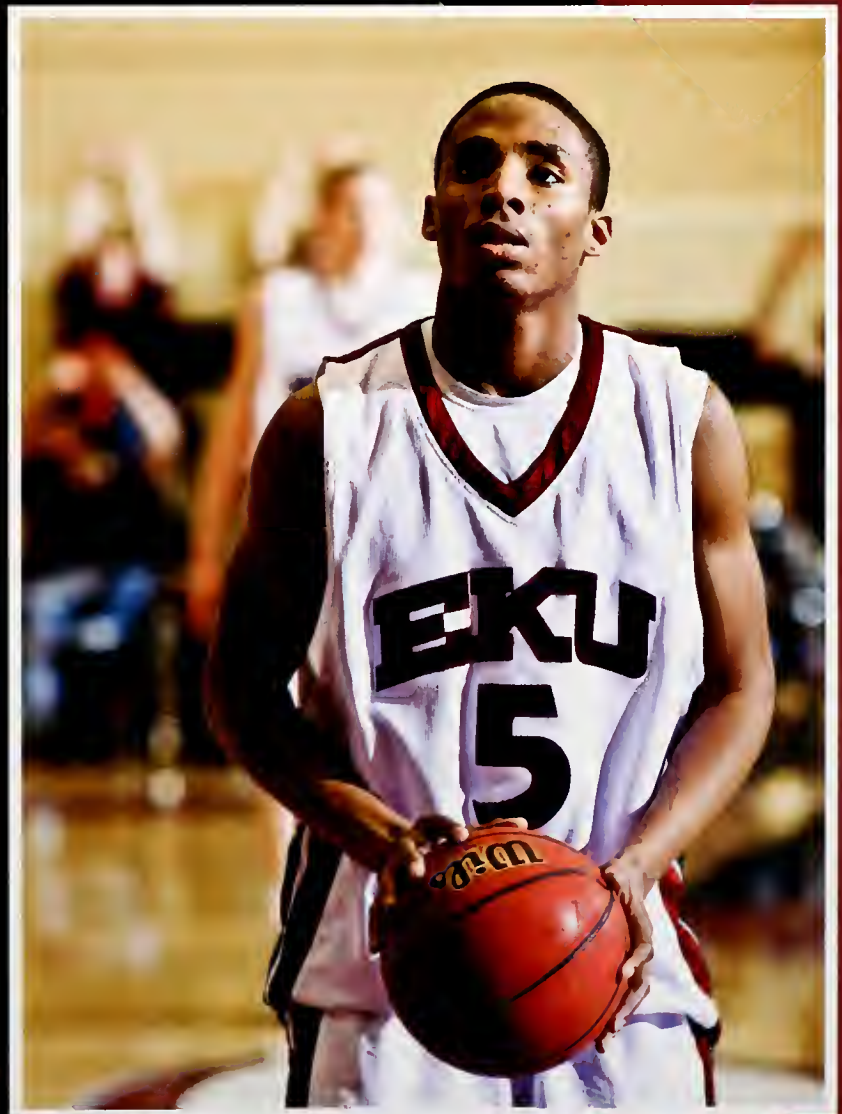
Men's Basketball has a Successful Season, Earns spot in Post-Season Tournament

The 2009-2010 basketball season was a successful one for Eastern Kentucky Colonels basketball. The Men's team reached twenty wins for the season, which had been a major goal for them to achieve. The Colonels had four game winning streaks at three times during the season and showed that they were a team to be feared in the Ohio Valley Conference. Eastern Kentucky led their season tied for third in the Ohio Valley Conference regular season. The team featured a high power offense that finished top fifteen in the nation in three-point percentage and second in the nation in three-pointers made with 316. On top of the impressive three-point shooting, Eastern was also in the top forty of both Assists per game and field goals made in Division I Men's Basketball. Adding the Colonels' to these impressive statistics were three players that all averaged double-digit points each game: Justin Stummes (14.2), Josh Taylor (13.7), and Papa N'Dong (11.0). Stummes also led the team in assists with 2.7 while Spencer Perrin led the team in rebounds with 5.6.

The fan support at home was obvious with the Colonels' boasting an impressive 15-3 record in Brainer Arena. This fifteen home wins season is a record for the Colonels. Eastern played a tough schedule this year that included close games against tournament teams such as Murray State, Maryland, and Pittsburgh. Another highlight of the season was a twenty-point win over NCAA Tournament team Winthrop University. For the third time in six years the Colonels participated in the College Basketball Invitational and this year hosted the opening round game against the College of Charleston. The Colonels ended up losing the heartbreaker, 82-79. Junior Josh Taylor had a career high 28 points but it still wasn't enough to carry them into the second round of the tournament. In a recap of the season the Colonels had many very praiseworthy games and statistics and are excited about next year. Junior Justin Stummes had this to say about the season: "I think we had a great season. We came together and had some pretty big wins over other conference champions. We had a twenty win season which is also something to be proud of." Next year the Colonels return Stummes, Perrin and Josh Jones in hopes of continued success and an NCAA Tournament birth.



Right: Junior Josh Daniel from Charleston, WV handles the defensive pressure as he dribbles the ball down the floor.



Right: Sophomore Guard Joshua Jones from Indianapolis, IN steps up to the free throw line and sinks 2 shots.

A Work in Progress

EKU Women's Basketball has Rocky Season but a Glimpse of a Successful Future Lies Ahead



Senior Colette Cole, a forward powerhouse from Falmouth, KY, looks to make a play during a close game.

The Eastern Kentucky Women's Basketball team stepped it up this season with a conference finish tied for fourth (compared to last year's ninth place standing). With the help of head coach, Chrissy Roberts, the team doubled its number of conference wins totaling 6 victories and 10 upsets... quite a turnaround from last season's 4-14 count.

The Lady Colonels welcomed back six returning letter winners from last season, including four starters: Colette Cole (Sr., F, 6-1), Sarah Fraser-Jones (Sr., G, 5-11), Nadia Mossong (Jr., F, 6-4) and Cherie White (Jr., F, 5-11). An astonishing nine new faces were added to the 15-player roster, two of whom won't be eligible to play until next semester due to NCAA transfer rules.

Senior forward, Colette Cole, from Jackson, Kentucky said their team goal was "to improve from last year's season" (which they certainly did). "We had a lot of new and young players on the team this year, so it was definitely a 'learn as you go' process." The girls certainly met both goals this season as they grew together as individuals and as a team through their busy 29 game schedule.

After much practice and pre-season training, the team tipped their 2010 season off in an exhibition game against Findlay University followed by the official season opener versus long time rival, Western Kentucky University. Competition remained hot, but the girls were unable to walk away with their first victory until only nearly beating opponent Transylvania University 54-51. After experiencing a taste of success, a winning streak began when the team went on to defeat Bethune-Cookman and recurrent challenger, Murray State. They also beat Tennessee Martin, earning EKV four straight wins for the first time since 2005. Following their winning stretch the team struggled to keep up a streak as "the season had its highs and lows" Coach Roberts mentioned, but the victories definitely made for an exciting and competitive effort. Many of the players' most memorable game of the season was beating Morehead in their gym, 79-67, after a huge upset at home losing 58-59. Jones claimed, "It was by far the best game that we had ever played!"

This semester came to an end at the Tennessee-Martin game, the final of the Ohio Valley Conference Tournament, with a 51-47 loss. Although the entire team contributed to the team's overall success, there were a few players that stood above the rest, leading the team to multiple triumphs and countless accomplishments throughout the season. The team captains for the season were Sarah Fraser-Jones and Colette Cole who played a big part in motivating and bringing the team together. The EKV community will anticipate the future success of key freshmen, Brittany Coles and Alex Jones, who were voted two of the top-10 players in the state of Kentucky. Alex Jones was also the top senior and rebounder of the team (with 12.3 ppg and 8.7 rpg) as well as the team leader in steals (45), blocks (25), free throws (91), and field goal percentages (49.8%). Her outstanding achievements continued as she registered seven double-doubles, scoring in double figures 16 different times as well as winning 10 or more rebounds in one game on nine different occasions. Women's basketball fans eagerly await the future of this talented athlete in addition to the future of all other players. Lexington native and freshman, Brittany Coles says her personal and team goal for the 2011-12 season is to win the OVC. With obvious improvements from this year and the chance for connection through training between now and next fall, there is no doubt that these ladies will put all their effort into making this goal happen.



Above: Freshman guard Shakyla Colyer from Sanford, FL handles the ball for the Lady Colonels.
 Top Photo: Freshman Brittany Colles of Lexington, KY drives around a defender and takes it to the basket to score for the Lady Colonels.

Senior Sarah Fraser-Jones of Melbourne, Australia receives a pass from inbounds and prepares to make a play.

Heading Towards Perfection



Junior Justin Stommes has Great Season and Even Greater Expectations for the Future.

Q: I know you're from Minnesota... So, what brought you all the way down to Eastern?

A: The coaching staff really. They're all young, energetic and have a passion for the game. Also I wanted to play as a freshman so I picked a school where I knew I could play early.

Q: Did you consider any other schools?

A: I had a bunch of Mid-Major offers and I was also recruited by Georgia Tech and Northwestern.

Q: Was the transition hard? Hard being away from home?

A: It wasn't too bad because with basketball everyone becomes like your brother. We see each other everyday. You did miss your family but I never had a problem with it.

Q: What's your most memorable game that you've had while at Eastern?

A: Having 22 against Pittsburgh this year since they're such a big team and also hitting the game winner against UTSA over Christmas Break was exciting.

Q: What's your best campus memory that doesn't have to do with basketball?

A: When the football team made it to the playoffs, it was a really special time on campus.

Q: Worst huff-chewing you ever received from Coach Neubauer?

A: He always lets you know when you make a mistake which is good because you need criticism. My freshman year he kicked the ball up into the stands which was pretty funny.

Q: Favorite teammate you've played with?

A: Mike Rose or Josh Taylor

Q: Who's the hardest worker on the team?

A: I'd like to say myself because I'm constantly working to better my game and also Willie Cruz is in here a lot trying to get better.

Q: Who would win in a three point contest, you or former Eastern star Mike Rose?

A: I would. I wouldn't kill him but I would beat him.

Q: Which NBA player do you think your game is most comparable to?

A: I'd have to say Penny Hardaway or Chase Budinger because they're tall point guards who can handle the ball and take it to the rim.

Q: What are your hopes for the 2010-2011 season?

A: To win the conference and make it to the tournament since I've never been.

Q: What are your plans after college?

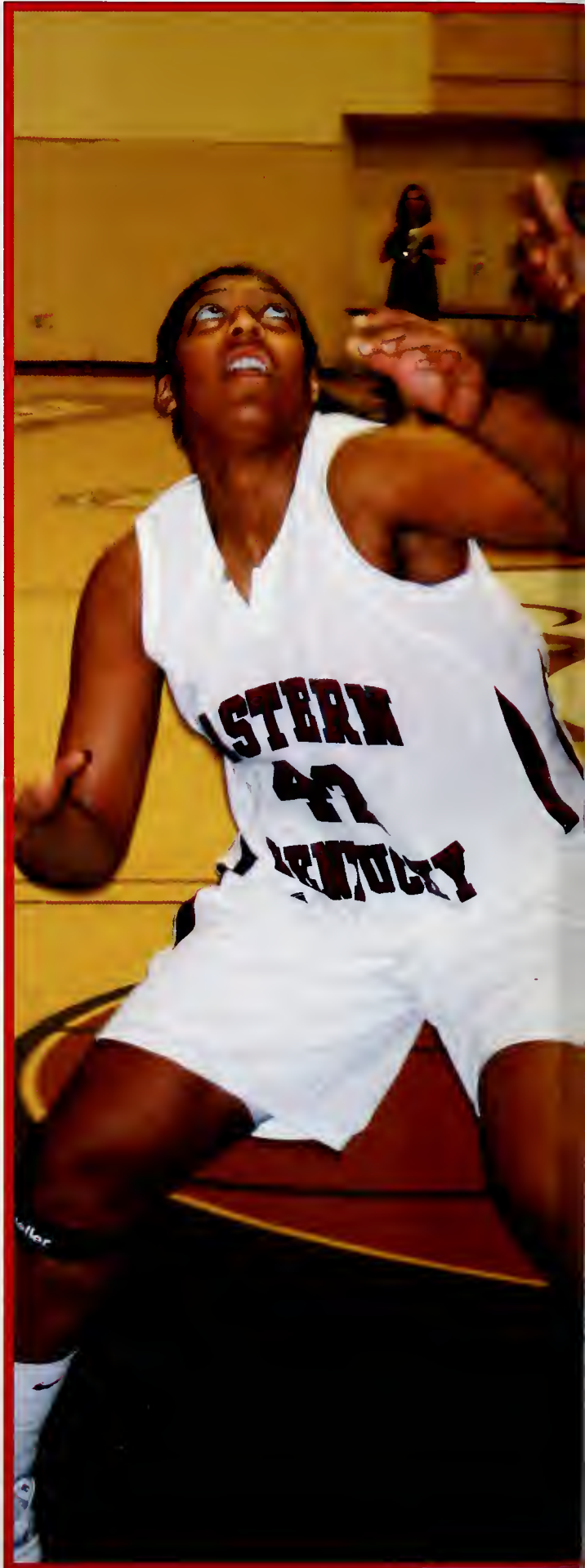
A: I would love to play professionally, whether it be overseas or domestically. Just continuing to play basketball would be a dream come true.

Right: Justin Stommes shows his versatility on the court as he handles the ball for the Colonels.



Left: Justin Stommes of Cold Springs Minnesota looks to pass it in bounds to a teammate.

Junior Justin Stommes has played a vital role on Eastern's Men's Basketball team since he arrived on campus. He played in thirty games as a Freshman, twenty-nine as a Sophomore, and played in all thirty-three games as a Junior. This year Stommes led the Colonel's in scoring by averaging 14.2 points a night. He also led the team in assists and averaged 3.5 a game. His hard work, dedication, and leadership led Eastern to a twenty-win season. Adding to his impressive numbers, Stommes was also named the Most Valuable Player of the CBE classic last Christmas Break. Stommes has one more year of eligibility and hopes to lead the Colonel's to their first NCAA tournament birth since 2007.



A Dynamic Duo

Freshmen Standouts Brittany Coles and Alex Jones play an important role during the ECU Women's Basketball Season both on and off the court.

Colonel fans remember standout freshman, Kayla Drake, and her multiple contributions to the women's basketball team in the 2008-09 season, however, Drake decided not to return in the 2009-10 season. Two key Lady Colonels were quick to take the limelight receiving their claim to fame at the start of this season. Although Drake left some big [basketball] shoes to fill, freshmen Alex Jones and Brittany Coles, have definitely raised the bar to new and never before seen freshmen heights.

Both players had an unprecedented high school senior year before being recruited to the ECU Women's Basketball team. Jones, an Elizabethtown, Kentucky native set her high school career record for points (1,871) as well as rebounds (1,252), and was selected to the district, region, and state All-Tournament Teams. Jones also earned the honor of being selected as All-region First Team and Fifth Region MVP. She ended an incredible four year journey through high school by leading her team to the finals of the Kentucky High School State Tournament in the 2008-09 season and received All-state First Team Honors to top it off.

ECU guard, Brittany Coles, received just as many honors at Henry Clay High School in Lexington, Kentucky where she had played on the varsity squad since the eighth grade. She was ranked as the third best guard in the state of Kentucky by Team Basketball and was a member of Kentucky's Junior All Stars. Coles was named to the district and region All-Tournament Teams just as Jones had been, and averaged 18 points per game and 7 rebounds per game through the entirety of her senior season. At the height of her high school career, the Associated Press tributed Jones with an Honorable Mention All-State Recognition.

After an accomplished four year journey, both girls continued their success as additions to Eastern's roster in the 2009-10 season. When asked why they had been so successful playing ball at ECU, Jones answered "because of the help of my teammates [on and off the court], the support of my coaches, fans, and friends and family." Coles attributed her success to all of the above in addition to her hard work and help from others. Coles continues, "Choosing ECU was easy because I really connected to the coaches and I liked my teammates." Jones also cited a similar reason for choosing ECU saying "the coaches cared about me not only as a basketball player, but as a person."

Jones has been selected as Second Team All-Ohio Valley Conference and earned the honor of being named OVC Freshman of the Week five times. Most recently, she was chosen to the OVC All-Newcomer Team in March and leads the squad as category leader of rebounds (251) and field goals made (128). Both freshmen performed spectacularly, sinking more free throws, blocking more shots, and accumulating more points than any other players on the team, while also remaining high on the ranks of assists and steals. Coles dominated three-point shooting, making a remarkable 30 baskets that contributed 90 points to the team's overall season.

Although they are elated to be receiving so much recognition and awards, both girls look forward to graduating and earning a solid education at ECU while keeping their focus on attaining their joint team goal: continuing to improve as individuals and as a team and go farther in the OVC Tournament than before [hopefully coming out on top!]. Jones quotes her role model, Michael Jordan, "Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, break through it, or work around it." The girls and their teammates may not have found as much success in the season as they had planned, but they definitely are ready to face future challenges. This dynamic duo believes in their individual abilities to continue growing and improving, which will certainly benefit the team as a whole as they prepare to put their game faces on for next season.

"I cannot wait until the 2010-11 basketball season!" Coach Roberts says enthusiastically. "The future is very bright for ECU Women's Basketball."



Above: Brittany Coles scores and draws a foul on a Tennessee Tech defender.

Below: Alex Jones pulls down the rebound and prepares to put it in the hole.



JUST Dig It

EKU Volleyball has a Tough Season
but Still Earns a Spot in OVC Tournament



Above: The Lady Colonels celebrate after making a game-changing play.

Senior, Lindsey Loeschler from Crystal Lake spikes the ball over a defender.



Below: Sophomore, Hannah Grouble of Euclid, Ohio and Kate Hendle, a junior of McHenry, IL make a successful block.



Above: Libero Abby O'Connor a junior from Maineville, OH sets for a fellow teammate.



After a 2008 season that was plagued by injuries, the Lady Colonels were ready to shake off the bad luck they faced and have a healthier season in 2009. With head coach Lori Duncan in her 12th season, EKV Volleyball returned 11 players, including 5 starters from last year's team: Lindsey Loeschler, Kate Hendle, Kelsey Rose, Abby O'Connor, and Jill Henneman. They needed all the returners they could get because EKV's schedule was anything but a cakewalk and was deemed to be the toughest in the OVC. The Lady Colonels were set to play four matches against teams that advanced to last season's NCAA tournament. EKV opened the 2009 season at the Loyola Invitational in Chicago and after traveling to additional invitationals at University of South Carolina in Columbia and Ohio University, where they were in competition with some considerably big name schools. After facing such a difficult schedule early in the season, the Volley Colonels felt like they had a lot to prove as they began regular season play on the road. All of their opponents so far combined to have an impressive record of 60-32. The Lady Colonels played at Tennessee-Martin and went on to play at Murray State for their first two matches of the season. They battled it out in a 5 set match but ended up falling 2-3 to the Skyhawks of Tennessee-Martin and also fell at Murray State 3-0.

After coming out of a loss to rival Morehead State, EKV was out for blood and satisfied their thirst for a win in achieving back to back at home victories against Southeast Missouri State and Eastern Illinois. After these two impressive OVC wins, Lauren Snyder, Abby O'Connor, and Kate Hendle received OVC honors.

EKV ended up running its home court winning streak to six after beating Tennessee State 3-0. Unfortunately, as they say, all good things must come to an end-- EKV's home court streak was ended by Austin Peay in a 1-3 match. At this point, EKV was all but counted out of any play at all in the postseason, but the Lady Colonels fought to stay in the hunt for a spot in the OVC Tourney and after picking up their first on-the-road win at Tennessee Martin, there was no stopping them. When it came down to the wire, the Lady Colonels got the job done in handing Jacksonville State their first conference loss of the season and landed a spot in the OVC post season by avenging their loss to Tennessee Tech from earlier in the season. They were ready to make their way to the campus of Jacksonville State.

At a number 6 seed, the Volley Colonels were scheduled to meet number 3 Morehead State once again in Jacksonville, Alabama where EKV fell to the Eagles, 3-1. However, the season did not end on a sour note for the Lady Colonels. Both Abby O'Connor and Lauren Snyder received spots on the 2nd team all OVC; Snyder was also named to the OVC Newcomer Team. With new signees in addition to such a talented returning squad, EKV Volleyball should be a force to reckon with in the 2010 season!



The drum line pumps up the crowd for an exciting game.

When Words Fail

Music Speaks

For the EKV Marching Colonels, halftime is game time.

Have you ever wondered who is behind the pep, music and pride at the Colonel Football games? Well the answer may surprise you, but it is the Marching Colonels that provide that classic college football atmosphere. After all, what would a football game be without a band? Whether on the field performing at halftime or in the parking lot during tailgating, the EKV Marching Colonels are a recognizable and irreplaceable organization on campus and throughout the community.

The Marching Colonels, under the direction of Ken Haddix, serve as the leaders of the colonel pride during parades and football games. The 2009 Colonel Marching Band has over 100 participants, a number which continues to grow yearly. Members of the band are from all over the country and world. All participants are not music majors but all share the same strong passion for music. During marching season, the band practices 3-4 days a week for over an hour at a time to perfect their performance for the weekly football games. The bands weekly performance of songs in the parking lot and the fanfare during the team walk is a favorite among tailgating participants.

Students are recruited for the marching band through a program entitled "Marching Colonel for a Day," during which high school students are invited to join the Colonel's for their show at the last home football game. The band also recruits students through high school informationals and on campus. Each year, the Colonel Band relies on these fresh faces to keep the great tradition alive.

The Marching Colonels have a love of Eastern that is obvious simply by watching them perform. The entertainment they provide to sports fans, students and the Colonel community as a whole is second to none. When asked to reflect upon the 2009 marching season, Director Haddix said, "This season has been outstanding. The students were absolutely fantastic. Their performances were superb and their attitudes were great. These are the best students on campus! I couldn't have asked for a better season." No doubt, the enthusiasm present during the band's performances can get even the least lively of persons up on their feet and swaying to the music.



The Band stands at attention in honor of the national anthem.

Not Just the Sidelines

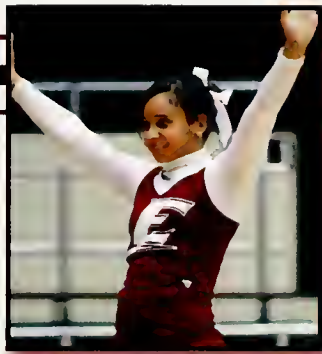
Colonel Cheerleaders Bring Pride to Eastern both on the Sidelines and during the UCA College Nationals



Above: The 2009-2010 Colonel Cheerleading squad takes time out a game to pose for a group ph



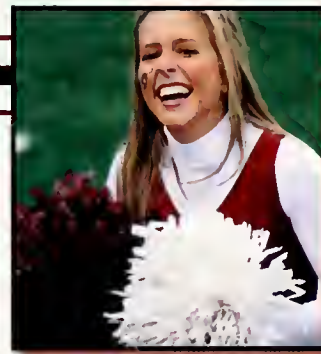
Senior, Shawn Penick leads the crowd in a chant to cheer on the Colonels.



Sophomore, Jade Miles shows off her stunting skills during a home basketball game.



The Colonel Cheerleaders spell it out for the crowd, keeping spirits high at a home football game.



Senior, Emily Bankemper smiles on the sideline as she cheers on her Colonel football team.

When attending an ECU home football or basketball game, you can always be sure that the Colonel cheerleaders are on the sidelines supporting Eastern and showing their Colonel pride. The 25-member sideline team, coached by Norris Domingue attends and cheers at all home and away football games, as well as both Women's and Men's home basketball games. They are an important part of the atmosphere throughout the game because they get the crowd pumped up and showing their Colonel spirit! Sophomore, Ashley Bekken from Muskego, WI discussed how much the team truly enjoys cheering at the games: "We all love cheering the games, leading the crowd and being part of the event."

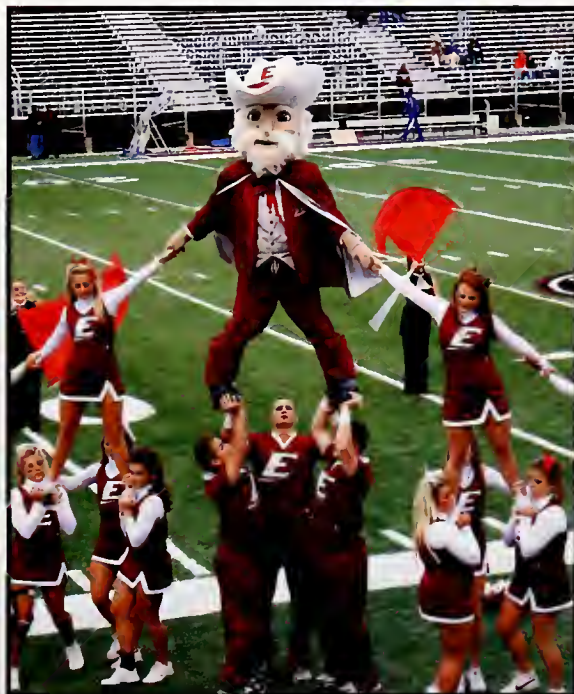
The members of the cheerleading squad are not just athletes they are truly student athletes. In order for members to be considered for full scholarships, each member must be able to not only successfully complete a standing tuck, but also have an impressive academic background. Once at Eastern, the members of the squad must balance their education while practicing three to five days a week.

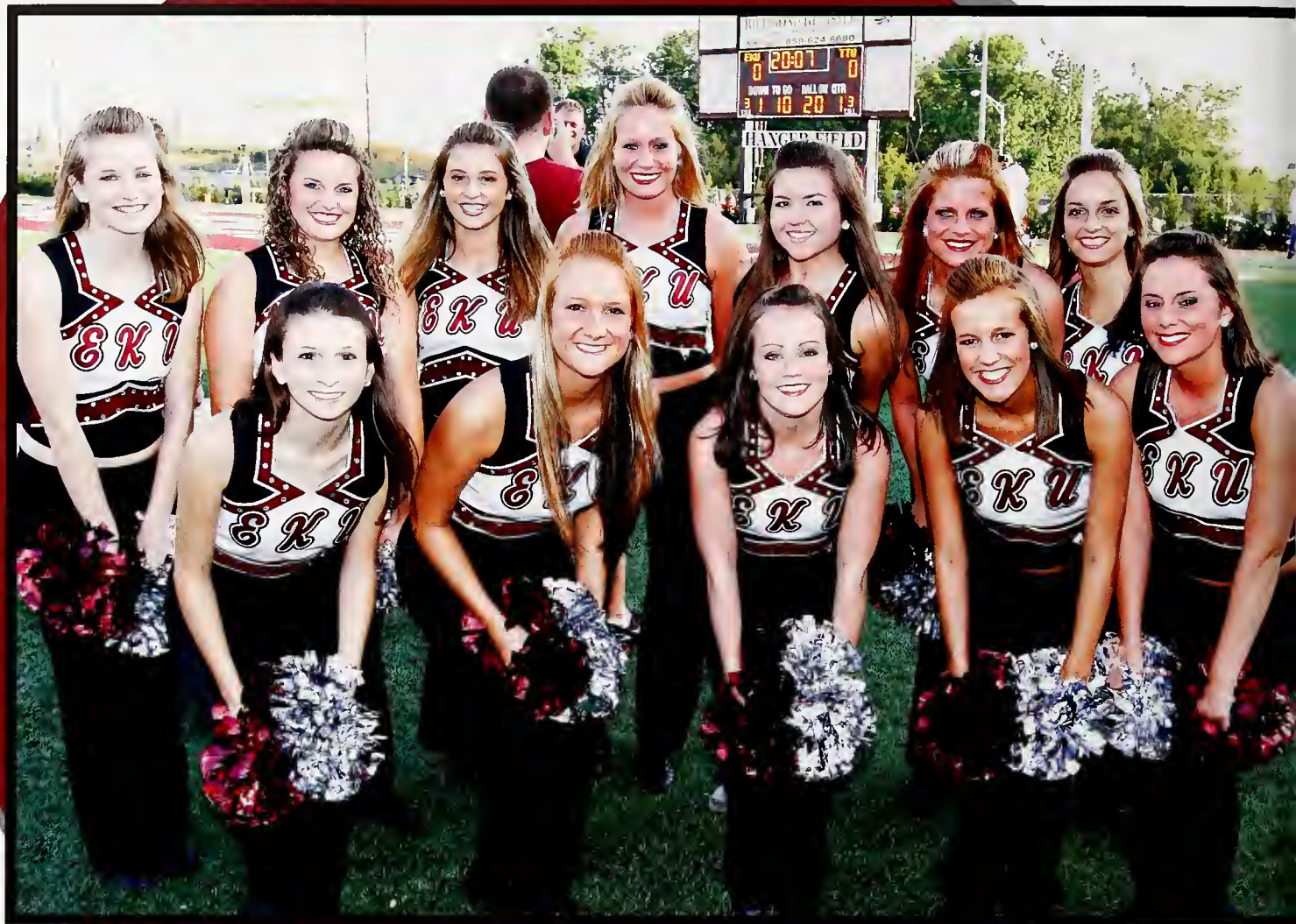
The Colonel Cheerleaders don't just cheer at ball games, but also attend the UCA College National Competition each year. This year the team traveled to the Walt Disney World's Wide World of Sports Complex in Orlando, Florida to compete in the Division 1-A Small Co-Ed competition. ECU was well represented as the cheerleaders came only one place shy of competing in the final round. The cheerleading squad prepares nonstop over Christmas Break, only getting five days of vacation and practicing at least twice a day. However, for these participants, all the hard work is well worth it when finally getting to step on the stage at Nationals. Each year the 16-member competition team has a goal to win their division and, although they fell short this year, next January they will be striving to be nothing less than the best.



Above: Seniors Shawn Penick and Greg Stephens and Junior Josh Board look to launch a t-shirt to the loudest fan.

Right: The Colonel Cheerleaders dazzle the crowd, putting the Colonel Mascot into a pyramid stunt.





The 2009-2010 Colonel Dance Team

Dance, Dance, Dance

EKU Dance Team Showcase their Talent at Colonel Sporting Events

When most people think of EKU sports, they think of baseball, basketball, and football. However, there is a group of talented female athletes on campus who deserve a considerable amount of recognition for their dedication and hard work: the Dance Team.

While the dance team is often overshadowed by all of the other athletic teams, it certainly is a sport and not an easy one at that. The members of the dance team work hard to create their own dance routines, on top of everything else they do around campus. Many of them are members of many other organizations such as sororities and the Honors Program as they strive hard to succeed in all areas of their lives. They spend countless hours going over and practicing their routines so that they are just right by game time. The dance team performs on the sidelines throughout the entire duration of home basketball and football games, as well as often times performing long routines at half-time.

Coached by Laura Hazelwood, the EKU Dance Team attends all home football and men's and women's basketball games in addition to other special events throughout the campus and community. Partial scholarships are also available to dance team members to honor them for the time and hard work they put forth to represent EKU on the floor. Not only do these ladies get to shake it at almost every Ek sporting event, but they are known by everyone on campus as being total "sweethearts." They train hard during both on and off season to be the best of the best and it's obvious the hard work pays off.

"This season was a lot of work, but it was so worth it and I enjoyed every second!"

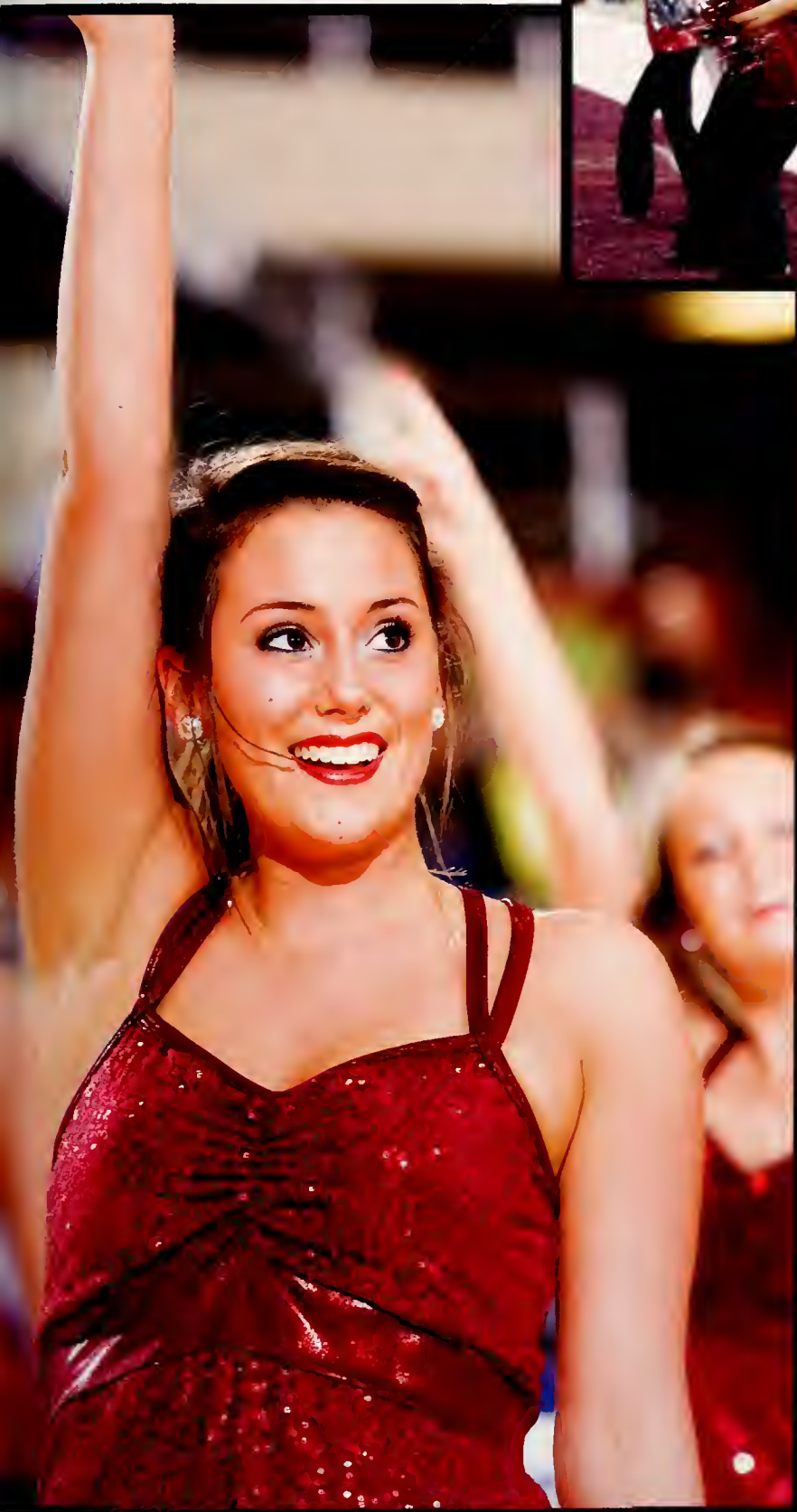
-Erica Campbell, Freshman



Above: The girls of the dance team perform on the sideline as their team rallies to a victory.



Above: The Colonel helps the dance team in their efforts to pump up the crowd's team spirit.



Left: Ashley Benton, a Senior from Lexington, KY is all smiles after finishing a routine at one of the many home football games.



Top row: Caleb Wood, Kyle Silvers, and Matt Kishilux

Bottom row: Ben White, Adam 'Slayer' Sawyer, Spencer Hall, and City Ben Keshire

No Sweat, just Wet

At most practices, without air, athletes fail. At an Underwater Hockey Practice, athletes that play best without it, win.

Tired of the same old sports around campus? ECU has a sport many people probably have never heard of. Underwater Hockey.

This sport begins with two teams of up to ten players compete, with six players on each team in play at once. The remaining four players are continually substituted into play from a substitution area, which may be outside of the pool or in the water outside the playing area, depending on tournament rules.

Before the start of play, the puck is placed in the middle of the pool and the players wait in the water while touching the wall above the goals they are defending. At the signal, members of both teams are free to swim anywhere in the play area and try to score by maneuvering the puck into the opponent's goal. Play continues until a goal is scored and the players return to their wall to start a new point or a break in play is signaled by a referee (whether due to a foul, a time-out, or the end of the period of play).

There are a number of penalties described in the official underwater hockey rules ranging from use of the stick against something (or someone) other than the puck, playing or stopping the puck with something other than the stick, and "blocking" (interposing one's self between a teammate that possesses the puck and an opponent). If the penalty is minor, referees award an advantage puck, which means the team that committed the foul is pushed back 3 meters from the puck while the other team gets free possession. For major penalties, such as a dangerous pass (at or near an opponent's head) or intentional or repeated fouls, the referees may eject players for a specified period of time or the remainder of the game. A defender committing a serious foul sufficiently close to his own goal may be penalized by the award of a penalty shot or a penalty goal to the fouled player's team.

Underwater Hockey is a fun, intense sport that all competitive, adventure-seeking students should try. It's a great source of exercise and though players are sure to get wet, it won't be from sweat.



Coming up for air after a victory shot, Ben White celebrates with his teammates.

The Unknown Gym

Many students don't know about the "other" fitness center on Campus or all the amenities that it has to offer.



When asked how many exercise facilities Eastern has that are equipped with treadmills, weights, and a variety of exercise machines, the majority of Eastern students would probably say one... the Fitness and Wellness Center. However, this is simply not the case. Positioned snugly on the corner of McGregor Hall and Powell Student Center, the Weaver Health Building's white columns and admirable architecture disguise itself as a classroom building at first glance. Students walk by this building everyday but many have no idea of the immense health and fitness amenities it has to offer.

Positioned in the heart of campus, the Weaver Health Building was built in 1930. It was named after Charles F. Weaver who served on the Board of Regents for 12 years and established the first two financial awards at Eastern Kentucky University. While not a lot has changed in Weaver over the years, the roles it has played and services it has provided to the Eastern community certainly have. Currently this practically unknown building is home to the Physical Education department, an indoor pool, a full fitness and wellness facility, and a gymnasium. There are also numerous dance studios that serve as rehearsal areas for the EKV Dance Theatre group and other dance classes throughout the year.

Located on the ground level of the building, the Burke Wellness Center, more commonly known on campus as "Weaver Gym," is open to both students and faculty and is equipped with all modern exercise equipment. The facility consists of three areas: one cardiovascular room and two strength-training rooms. The center provides a smaller, more intimate exercise facility compared to the newer Fitness and Wellness Center. Those who go there on a regular basis simply call it "Weaver" and choose it over the "Big Gym" because of the availability of equipment and its cozy, "old-school" gym feel.

Next time you are looking to play a pick-up game of basketball, swim a couple of laps, or pump some iron but don't feel like walking to the Fitness and Wellness center or dealing with its crowds, remember that "Weaver" awaits.



Top Left: Student Health Services staff member, Rebecca Utley, takes advantage of the Weaver Gym's state of the art equipment without having to fight the crowd at the fitness center.
Above: Junior Adam Bryant uses free weights to work on his biceps.
Left: Free weights, such as those found at Weaver Gym, are just one of the many exercise equipments Weaver Gym has to offer.

JUST

LIFT

IT



Above: The Fitness and Wellness Center offers students a variety of group fitness classes, such as Acrobatics class photo by [illegible]

TUDENTS USE FITNESS AND WELLNESS CENTER TO AVOID GAINING "POWELL POUNDS"

Whether looking to lose a few pounds, getting well rested for Spring Break, or just working through the stress of school, the Fitness and Wellness Center has something for every member of EKU's community.

From the art fitness equipment, a full size rock climbing wall, an abundance of personal trainers and group fitness classes, two full basketball courts, a full sized track and so much more can be made the Fitness and Wellness Center such a unique and top notch facility. Equipped with weight machines, free weights, treadmills, ellipticals, and cycling machines, the Fitness Center is a focal point for all of those students on campus. Its convenient location and the center's hours of operation allows students to drop in before, between, or after their classes.

For those who don't have a set work-out routine or just don't know where to begin, the personal trainers in the Fitness Center are specifically trained to work with students. The personal trainers offer personal assistance for a reasonable price so that even those that on a shoestring budget can afford their workout. Trainers are beneficial in providing knowledge and motivation for athletes and gym goers alike.

The Fitness and Wellness Center also plays host to several daily fitness classes which provide the convenience of a small group session and the support of a trained fitness professional. Classes offered each semester include Cycling, Yoga, and 120 Minutes Kickboxing.

Whether you are trying to reach your fitness goals, so something to help your workout routine and path can be found right on campus at ECU.

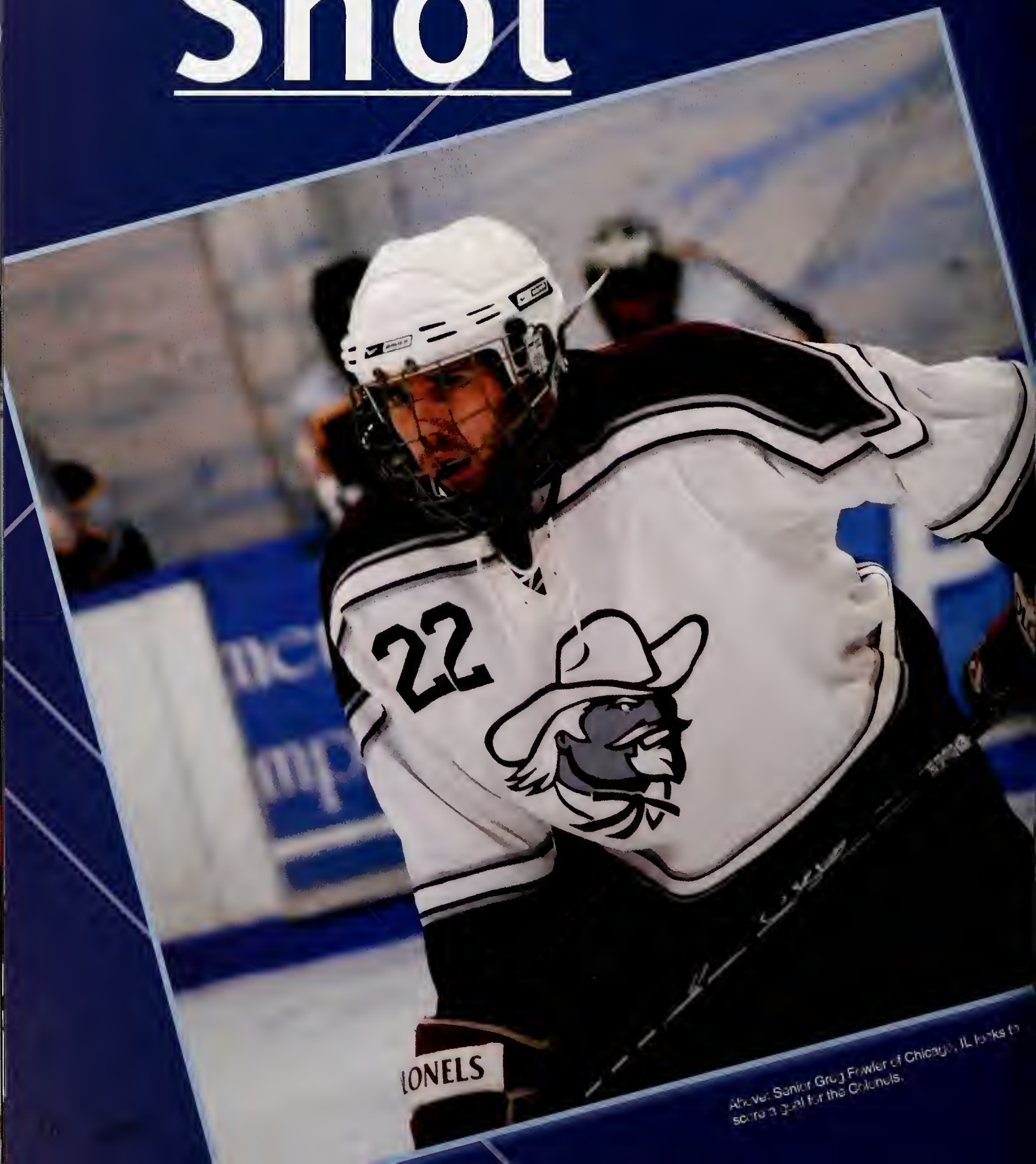
Left: ECU's Fitness and Wellness Center is a great place to work out and stay healthy.

Right: ECU's Fitness and Wellness Center is a great place to work out and stay healthy.



A Sure Shot

EKU Hockey Sweeps Campus
Storm, Becoming a Favorite
Sporting Event for Students



Above: Senior Greg Fowler of Chicago, IL looks to score a goal for the Chionels.

Right: Forward Graduate Student, Alex Derthick from Ann Arbor, MI, awaits a pass from the rest of the Colonel's squad.

Below: Senior Tony Theedje of Cincinnati, OH gets ready to make a defensive play.



Above: Rusin Derek, a junior from Schererville, and fellow teammates get ready to face off and fight for the possession of the puck.

One of Eastern's most popular club sports teams is the ECU Men's Hockey Team. They are a member of the American Collegiate Hockey Association, Division 2, and play a rigorous schedule, including games against in-state rival University of Kentucky and the University of Cincinnati. The year opened up with tough losses to UK and Xavier (OH) University. They also lost a pair to the University of Akron before eventually finding their way with a 7-5 victory of Northern Kentucky University. The rest of their schedule was very tough, but Eastern's season peaked with a 7-2 victory of the University of Louisville. The Men's Hockey team also ended the season with a sweep of NKU. The final game and traditional senior night was one for the ages as ECU fell behind 2-0 in the first period but stormed back with a goal and added another goal in the second. The team then took their first lead of the night in the third period but NKU matched it and sent the game into overtime. In overtime, Goalie Ryan McNutt made an impressive save to set up a game-winning goal by Aaron Richnavsky to end the season on a high note. Aaron Richnavsky (Cleveland, OH) and sophomore Michael Stanis (Westfield) led the Colonels in both points and leadership. Richnavsky led the team in points with 11, which included a team high six goals. All of ECU's Men's Hockey games are held at the Lexington Ice Center on weekends starting at midnight.

These games are a favorite for many Eastern students. Due to the convenient times and excitement of the games, students make the drive up to Lexington frequently to see their fellow classmates on the ice. Students don't even seem to complain about the ticket cost which is used to offset the cost of renting the ice center. The Colonel's are coached by Mike Sosnowski and General Manager Curt White.

Aw... Skeet, skeet, ▶ **skeet!**

Going 5 years strong, Eastern's Skeet and Trap team continues to "shoot" for success.



Senior Nathan Hansel aims and shoots at a weekend competition, hoping to come out on top.

"Most people don't even know what skeet and trap is—which is a crazy concept for me. I mean, I grew up playing this sport!"

-Joe Ratfield

Guns, the outdoors, and friendly competition: every man's dream. It's no wonder why the guys of ECU's Skeet and Trap team love their sport. Few students are aware of what Skeet and Trap even is and even fewer are aware that is a club sport at Eastern. Despite the lack of publicity, Eastern's S&T team has been quite successful since it was founded in 2004. Since that time they have had 3 members to receive the honor of All-American shooter (2 in skeet and 1 in sporting plays) as determined by NSSA and NSCA.

The team, which has a faculty sponsor but is almost entirely student run, usually has around 20 members and travels all over the United States going to competitions. In recent years they have traveled as far as Iowa and Missouri for tournaments, as well as to the National Tournament each year in San Diego. The closest tournament they go to is UK's invitational since they are the only in-state school to host their own Skeet and Trap tournament. They practice countless hours at the Kingston Shooting Range located between Berea and Lexington, KY.

While the team usually does have around 20 members, it is divided into 5 man squads that compete together in tournaments. They compete in 3 different divisions: Skeet, Trap, and Sporting Clays. In Skeet, competitors shoot from 8 different stations in a semicircle, whereas in Trap (a similar event) they shoot from 5 different locations with the targets coming from one machine. Sporting Clays, on the other hand, is quite different. Having been described by "golf with a shotgun," competitors drive golf carts and shoot from 10-12 different locations on the course. During a weekend competition there are 3 events and 100 targets per event. ECU's Skeet and Trap team typically participates in 5 to 6 weekend competitions per year.

People might be scared of this sport because of the use of guns, however it's actually one of the safest sports around. Safe and fun, Eastern Skeet and Trap is certainly a sport that any guy fond of guns and the outdoors should check out.



Team members pose while at Nationals in San Antonio.

NO PADS. NO HELMETS.

JUST BALLS

*EKU Rugby
continues the
tradition begun in
1979 of being the
roughest and
toughest sport on
campus.*



Take the physical intensity of football, the speed of soccer, and the bravery of thirty warriors on the brink of battle and you find yourself in the midst of an ECU Rugby match. Eighty minutes of non-stop, grueling action filled with big plays and big hits is sure to make for an exciting Saturday. Since 1979, ECU Rugby has relied solely on the leadership of older team members to carry on its tradition and teach new players the ways of the game. Now in its 30th year, ECU Rugby is looking to build an even bigger and stronger team than ever. After many of their players going Alumni, there's a fresh new group of young players eager to step up and keep the tradition alive.

The ECU Rugby team competes in the Ohio Rugby Union against teams such as Marshall University and Wright State, as well as in-state rivals such as University of Louisville and University of Kentucky. After a tough fall 2009 season, ECU Rugby looks for improvement in the spring and hopes to continue to build a good reputation both on campus and in the rugby community. Each year the Rugby team travels to Nashville, Tennessee for the annual "Nash Bash" tournament where they have continuously had good showings and a good time.

While rugby may seem brutal and barbaric to some, according to Seth Carpenter, senior Political Science major from London, KY who serves as ECU Rugby's flyhalf, it's actually "a gentleman's sport that teaches discipline and respect." The ECU Rugby team is more than just 15 athletes wearing the same uniform... they are a group of friends who have the utmost respect for one another both on and off the field.

While college is designed to prepare students for life, the members of ECU Rugby learn teamwork, discipline, dedication, and determination on the field rather as much as in the classroom.



Jimmy Hendrickson, a junior from London, KY, provides support while James Thomas, sophomore from Simpsonville, KY, gets the ball out of ruck.



Eastern Kentucky's UK ball carrier in hopes of stealing possession and starting an attacker offense.



2009-2010 Rugby Team poses for a group shot after battling it out against UK.

Practice Pays Off

EKU's Men's Club Lacrosse team rises to become a Top Club Sport.



Above: The 2009-2010 Lacrosse team prepares for game.

Left: Members of Eastern's Lacrosse team battle for a ball during a tight match.



"The best part of the sport is hitting people."

Junior, Jeff McC



Eastern's Men's Lacrosse program is only three years old but making huge strides becoming a big club sport. Founded in the Fall of 2007, the lacrosse program has gone from a hobby to a legitimate team in a short amount of time. Starting this year the men's team is now a part of the National College Lacrosse League. They are a member of the Midwest South League and compete against schools such as Louisville, Cincinnati, Xavier and Marshall.

This year the men's team's biggest win came as a 5-4 victory over our rival, Western. The game was close up until the last minute, but Eastern rallied back and managed to hold on to defeat their rivals. They also had a close game against Marshall where the team showed signs of maturing. The team is led by Andrew Roberto (Attacker), Mike Riley (Attacker), Dan Meyer (Defender) and Jeff McGrath (Midfielder). While some of the players have played their entire life others didn't step foot onto a lacrosse field until joining the team. They currently fluctuate between fifteen to twenty players and are always looking for new members.

Lacrosse is a very physical game where high endurance is a must and being short staffed has hurt Eastern at times. In order to raise more awareness about lacrosse the men's team plans to hold an indoor tournament and also open workouts in the fall in hopes of expanding. Junior Jeff McGrath from Lexington, KY is a Fire Safety Major and in his third year with the team. McGrath said his favorite part of the sport is being able to hit people and his most memorable moment was a game-tying goal that sent the game into overtime. McGrath, along with several other students, are the founding fathers of the group and hope to have a legacy by the time they graduate next spring.



Above: Adam Remins a sophomore from Louisville, KY awaits a pass from a teammate.

LIFE IS AN ADVENTURE

Adventure
Programs allows
students to have
fun in the great
outdoors.

From rock-climbing to white water rafting, ECU Adventure Programs leaves nothing to be desired for the thrill-seeking adrenaline junkie. Gathering together students who share a love for the great outdoors, Adventure Programs provides students with many travel opportunities during which they can get away from campus, leave their books behind for a while, and just enjoy all that nature has to offer. From weekend trips to Red River Gorge and Maywoods to a Spring Break trip to Utah, Adventure Programs has offered a variety of trips to students throughout the year.

While some students that participate in Adventure Programs have been actively involved in such high-energy activities for years, others began taking part in these "adventures" to do something new and exciting. College is the perfect time to try out a variety of interests and activities since never again will so many different opportunities be right at the students' doorstep. Those who participate in Adventure Programs realize that this is the case and take full advantage of all that this Eastern program has to offer.

Background photo- Blake Leathers, a sophomore Criminal Justice and Homeland Security major from Louisville, KY climbs a challenging rock.

Below- Mary Phillips, a sophomore Elementary Education major from Fort Wright, and Matt Queen, an Environmental Studies major from Paducah, take a break after a long day of hiking.





Above: A group of students enjoy a week-long white water rafting adventure. Far left: Jacinda Jacobson, a senior Nursing major, is seen climbing on a steeply sloped and difficult rock face. Left: A student climbs as another watches and makes sure everything goes smoothly.





Intramurals —

Intertube Water Polo



Above: Freshman Tyler Nutter and Billy Clifford of Chicago, IL make a play for their team.



Above: The 2011 Intertube Water Polo Champions.

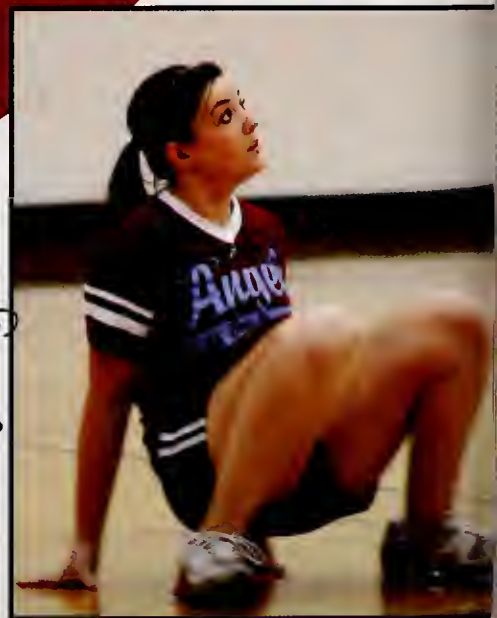
Indoor Soccer



Ultimate Frisbee



Volleyball



Above: Claire Ramsay, a junior from Lexington, KY and member of Pi Beta Phi Sorority tracks the ball after making a play.

Everybody Is Doing It

EKU Intramurals increases in popularity and become a favorite hobby of students



5 vs. 5 Basketball

Above: A group of men participate in an intense intramural basketball game

Physical fitness and promoting healthy competition is the main focus of intramurals on Eastern's campus. Whether you are a former All-State point guard or you have not even seen a basketball since gradeschool P.E., you can find a league and a team to play on in the intramural league. Each year Eastern's Campus Recreation Department hosts a variety of intramural sports that range from flag football to underwater hockey. The goal of Campus Recreation is to get all students involved in some kind of sport to promote physical fitness along with promoting team-building skills through competition among the student body. Both girls and guys participate in intramurals through out the year. Among the sports played yearly are flag football, volleyball, indoor and outdoor soccer, ping-pong, softball, basketball, ultimate frisbee, a triathlon, golf scramble, x-box tournaments, poker tournaments, and that is just to name a few. Students really look forward to going out and competing with their friends and other people from around campus.

This year was a landmark for Campus Recreation with the completion of their new intramural fields. With the additions came a new flag football field, two new grass fields, and also lights. Fall 2009 marked the first time that ECU intramurals were played after dark. Some of the winners from the past year include FATS taking home the men's flag football championship, the Lady Assassins winning the women's flag football championship and the lady's basketball championship. A team named "Don't Worry About It" took the men's basketball championship home. The All-Sports Award is given out for the most successful fraternity from each calendar year. The sports included in the award are football, basketball, volleyball, soccer, and softball. The 2009 All-Sports Award was won by Phi Delta Theta. They won the soccer, football and basketball fraternity championships, winning the award by a landslide.

In the spring season students also participate in an intramural volleyball season, basketball season, softball season and an ultimate frisbee season. So if you are interested in staying fit while building new friendships, intramurals is sure to have a sport for you!

The Wall of Champions

EKU Celebrates the Champions of the Intramural Competitions throughout the Year.



Women's Flag Football

Men's Flag Football



Indoor Soccer



5 v. 5 Basketball



Women's Outdoor Soccer



Wally-Ball



Women's Volleyball







Portraits

2009-2010 Seniors



Tara Abner
Master, Education Library Science



Larry Abney
Criminal Justice



Emily Adams
Sports Management



Shon Agard
Assets Protection & Security



Tina Al-Kabandi
Psychology



Farras Alfarras
Marketing



Turki Alhuthali
Emergency Medical Care



Ricardo Aranda
Correctional and Juvenile Justice
Studies



Danielle Arnold
Accounting



Amanda Back
Spanish/Broadcasting



Danielle Bentley
Occupational Science



Andrew Blevins
Assets Protection and Security



Courtney Blue
Forensic Science



Therese Boone



Clinton Bowling
Criminal Justice



Mandy Bras
Elementary Education



Rachell Briscoe
Recreation and Park
Administration



Cynthia Brown
General Studies



Andrew Bucher
Construction Management



Felicia Buttery
Psychology



Brad Cain
General Business



Alaina Carroll
Elementary Education



Moses Case
Fire & Safety Eng./Police Studies



Ruthann Clayton
Occupational Science



Melissa Clayton
Occupational Science



Ashley Collett
Homeland Security



Tametres Collins
Psychology



Sarah Corbin
Masters of Science



Shawna Cottrell
Nursing



Marlee Cough
Accounting



Danny Craig
Biology



Angelo Cumella
Fire Safety Equipment



E Martin Cunningham
Geology



Crystal Curry
Psychology



Shawna Curtis
Music Education



Alyson Dashner
Public Relations



Theodore Davis
Paralegal Science



Kasi Diamond
Elementary Education



Victoria Diersen
Biology Pre-med



Jowanna Dozier
Social Work



Ervin Hunter
Agriculture



Bethany Fenton
General Dietetics



Luke Finster
Political Science



Katherine Flege
MS Clinical Psychology



Sandy Fox
HSA



Aisha Frazie
Computer Electronics Technology



Dana Gaerke
Occupational Science



Jessica Gailey
Occupational Science.



Duane Gere
Accounting



Jason Griest
Fire and Safety Engineering



Lacy Griffith
Communications Studies



IFrederick Guilfoil
Computer Electronic Network



Daniel Hall
Homeland Security



Jena Handley
Public Relations



Jessica Hart
Special Education IECE



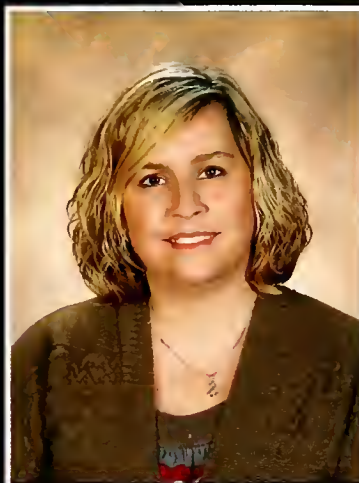
Alex Henegar
Physics



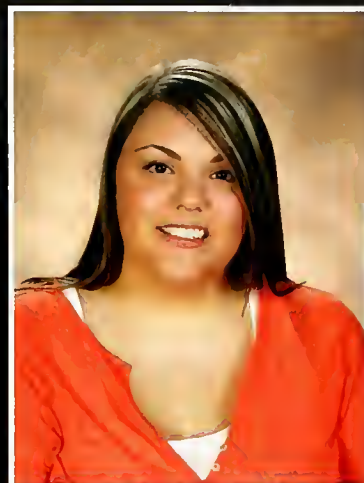
Tanita Henry
Health Science



Angelique Hilmes
Occupational Science



Jeanette Hinkle
Sociology



Amber Holiday
Biology



Alban Holycke
Protection Administration



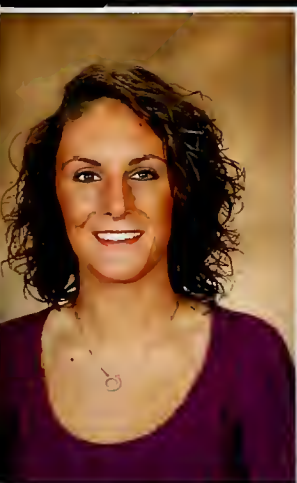
Kristy Hopf
Public Relations



Samuel Hornback
Police Studies



Rebecca Houck
Police Studies



Megan Hulker
Nursing



John Hunt
Masters of Public Administration



Rachael G. Hunt
Biology/Pre-Medical Sciences



Tiffany Ingram
Nursing



William Jackson
Physical Education



Kathryn Janowiecki
Special Education & Elementary Ed.



Joshua R. Jeffrey
Recreation & Park Administration



Lisa Jent
Marketing



Adam Johnson
Computer Information Systems



Shawn Johnson
Aviation



Rachel Jordan
Psychology



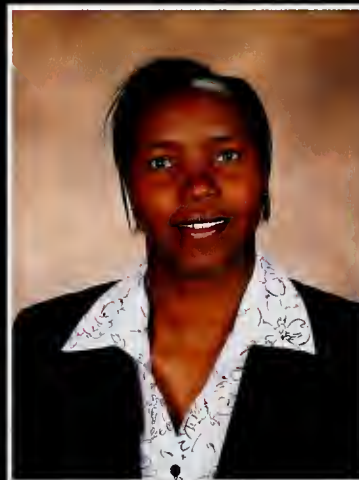
Sang Wook Kang
Nursing



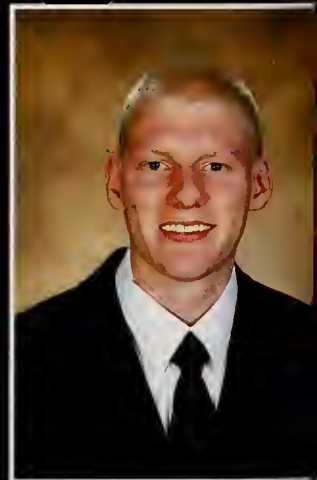
Matthew Kilgore
Biology



Michael Killien
Occupational Therapy



Hilda Kipeli
Accounting



Britt Konkel
Communication Studies



Heather Landry
Insurance



Nathan Lane
Fire Administration



Blake Lashelle
Criminal Justice



Victoria Lovelace
Marketing



Erika Lukarov
Political Science



Shelia Luttrell
Social Work



Ross Marsh
Fire Safety Equipment



Jenny Martin
Social Work



Stephanie Massengale
Occupational Therapy



Corey May
Fire Safety Engineering Tech.



Craig McCann
Accounting



Timothy Melton
Geology



Fred Michaels
Physical Education



Celeste Miller
Environmental Health Science



Roxanne Miller
Middle Grade Education



Jordan Mize
Communication Studies



Dabo Mohamadeu
Economics



Keturah Montgomery
Special Education



Kara Moon
Occupational Therapy



Amy Motheral
Chemistry



Sara Mullens
Criminal Justice



Devin Munday
Business Management



James D. Noble
Recreation & Park Administration



Brittany Osman
Chemistry



David Owens
Elementary Education



Funda Ozkan
Dietetics



Katie R. Patton
Family & Cons. Science Teaching



Adam Peak
Police Studies



Michael Perkins
Business Management



Garnett L. Phelps
Sport Management



Christopher Porter
General Studies in Arts & Sciences



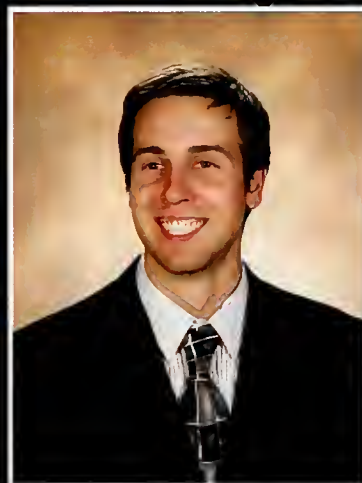
Tasha Price
Health Science



Richard Quant
Managment



William Renfro
Police Studies



Andrew C. Reynolds
Business/General Business



Tashina Rice
Interpreter Training



Dana Rigney
Interpreter Training



Daniel Rigney
Physical Education



Andrew Roberto
Fire Safety/Engineering



Jennifer Robinson
Dietetics



Kathy Rockard
Accounting and Marketing



Ryan Rose
Fire Safety Engineering



Evan Roy
Aviation



Aprille Sanders
Biology



Zachary Schwabb
Occupational Science



Nicole Scott
Interpreter Training



Ashma Shrestha
Accounting



Christopher Shumway
Forensic Science



Afsaneh Siahkoochi
Public Relations



Peyton Sleane
Agriculture



Kayla Stidham
Dietetics



Chris Stone
Chemistry



Robin Strunk
General Studies



Marl Sweet
Geology



Cassie Swihart
Occupational Science



Clay Taber
Communications



Amber Teufel
Nursing



Steven Thomas
Journalism



William Thomas
Music Industries



Nicholas Tucker
Broadcasting & Electronic Media



Linda Tuttle
Nursing



Kimberly Vance
Elementary Education



Brittney Walker
Mathematics



Tiffany Webb
Sports Management



Emily Wells
Police Studies



Katherine J. Whittemore
Public Relations



Deniece Williams
Communication



Nathaniel Wyatt
Fire Science/Paramedicine



Chi Zhao
Broadcasting & Electronic Media



Kristi White flashes a smile, eager to receive her diploma.



Faculty



Kishore Acharya
Capital Planning



Allen Back
Army ROTC



Beth Blanchard
International Education



Carol Brown
Retired



Jackie Collier
Alumni Association



Kim Creech
English & Theatre



Harold Denham
Facilities Services



Jennifer Fairchild
Communication & Education



Monte Farmer
Physics & Astronomy

Edmund Fenton
Accounting, Finance, & Info Systems

Elizabeth Hanse
Communications

Garry Hicks
Facility Services



Patricia Horn
Military Science

Jeanette Lainhart
Military Science & Leadership

Donna Lazzara
Alumni Relations

Richard Livingston
Army ROTC



Isaias Martinez
Army ROTC

Marianne McAdam
Exercise & Sport Science

Vickie Thacker
Military Science

Jennifer Thoraherry
Communications



Tony Adams
Aviation



Joy Allameh
English



Ogechi Anyannu
History



Katie Avra
Housing



Beth Blanchard
International Education



David Brajuha
Athletics



Corey Bray
Athletics



Emily Jo Campbell
University Housing



Vignesh Chandra
Technology



Tichaedza Chikuni
University Housing



Stephanie Clark
University Housing



Reid Connelly
Technology



Jill Corbin
EELI



Deborah Core
English



Laura Earles
EELI



Maurcen Everett
Communication



Andrew Fast
University Housing



Steve Fohl
Athletics



Deborah Givens
Communications



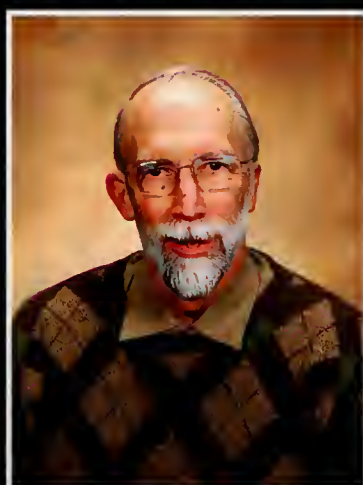
Jim Gleason
Communications



Lea Glover
English



Simon Gray
Athletics



Don Greenwell
Mathematics



Carla Hagan
Agriculture



Elizabeth Hansen
Communication



Elbonita Hawkins
Housing



Cindy Held
KECSAC



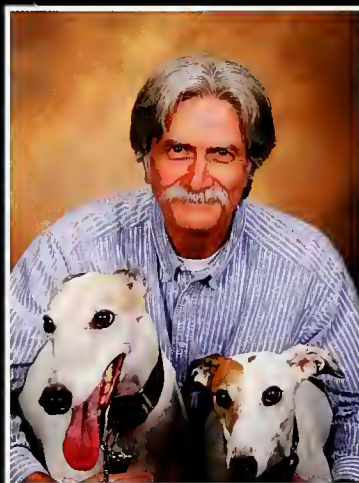
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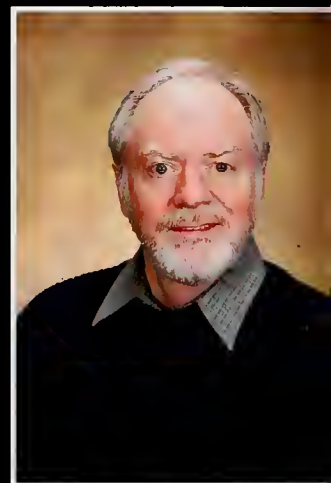
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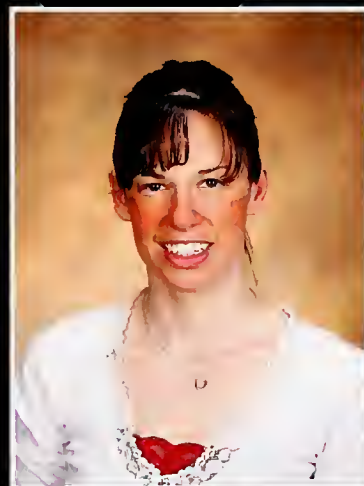
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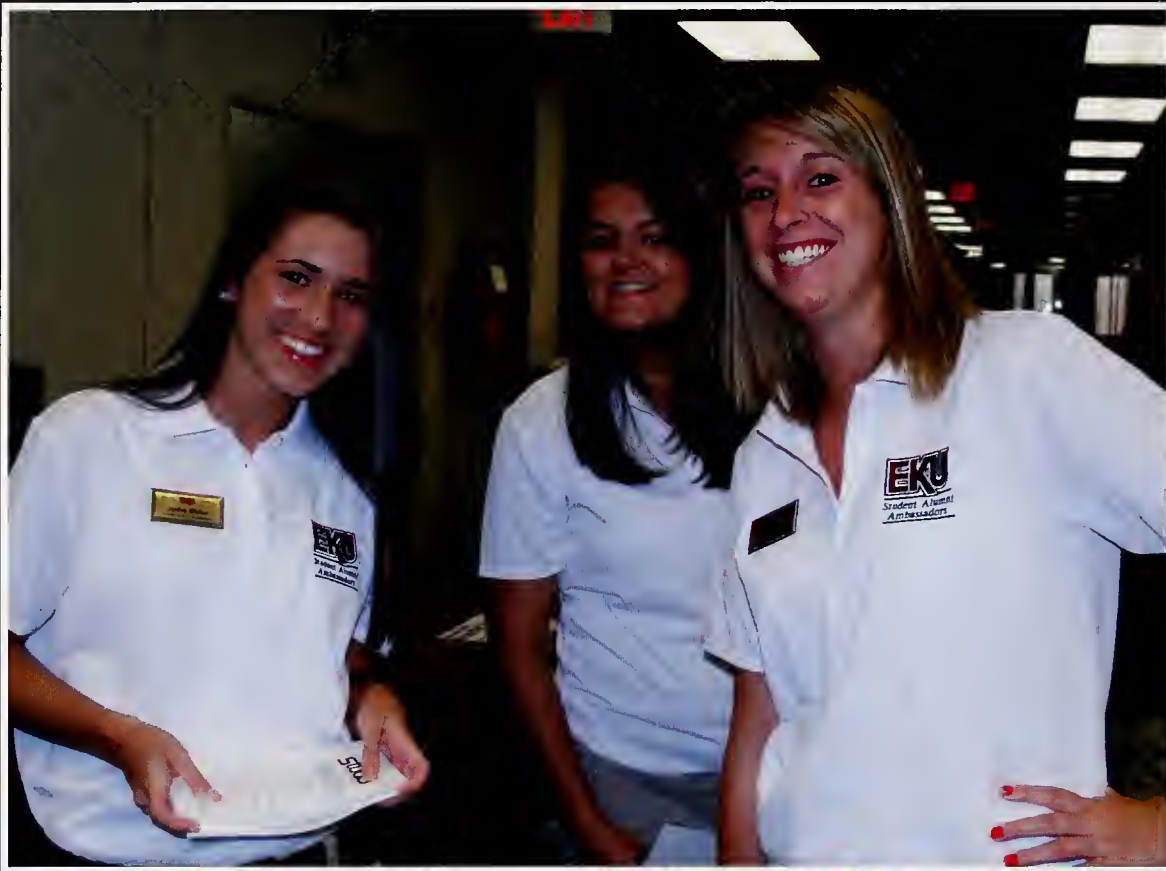


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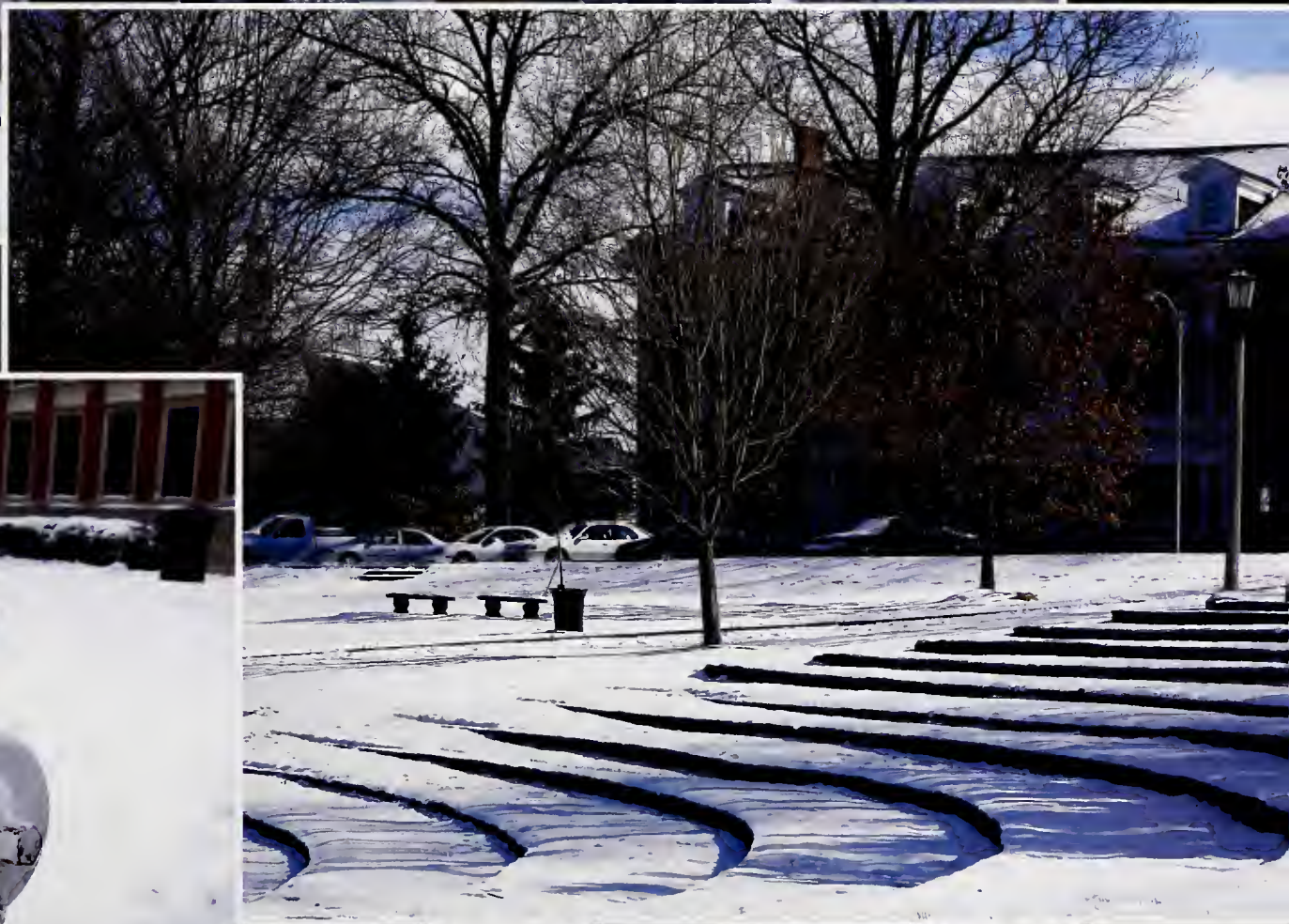






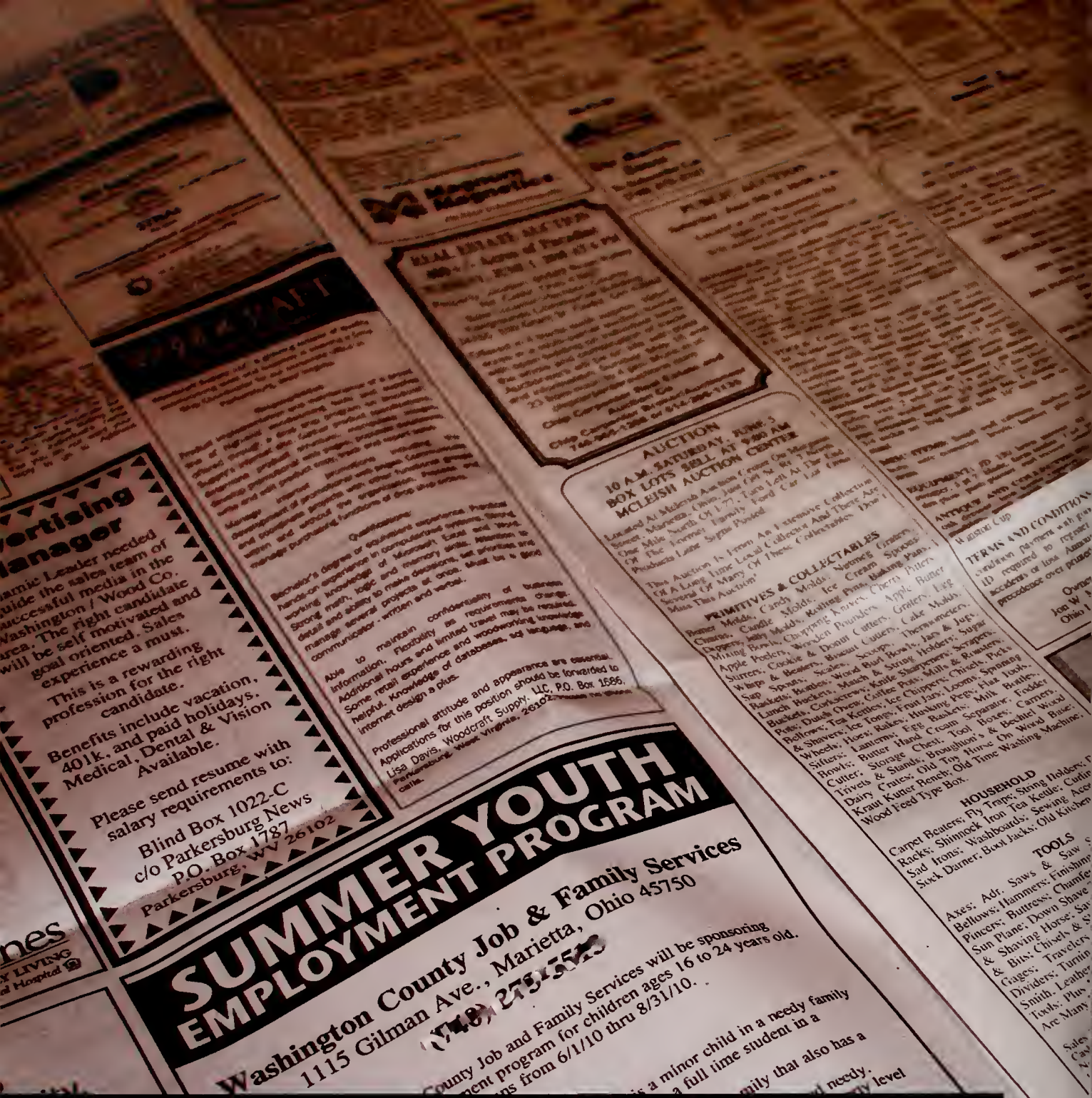












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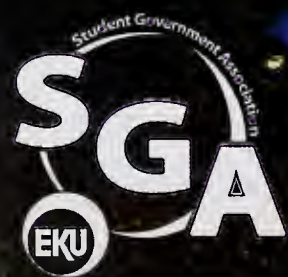


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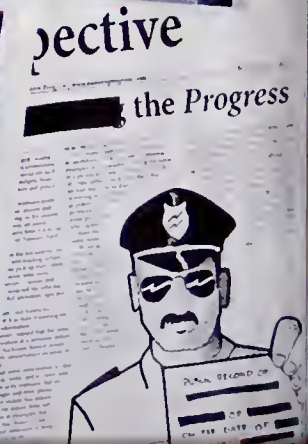
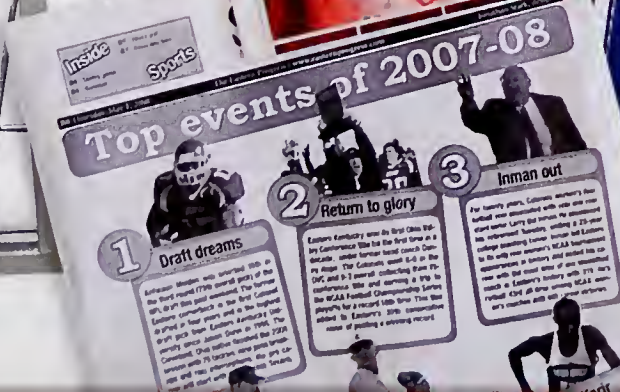
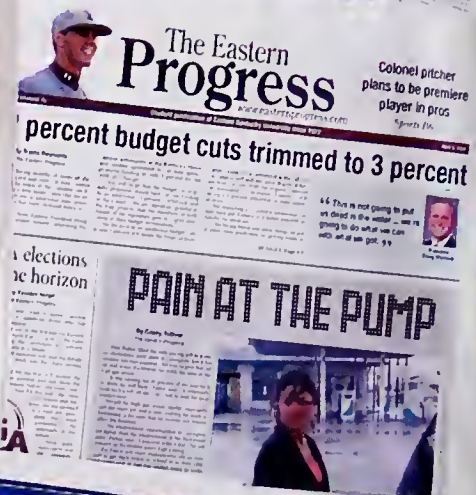
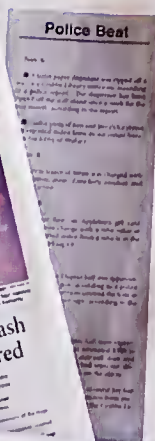
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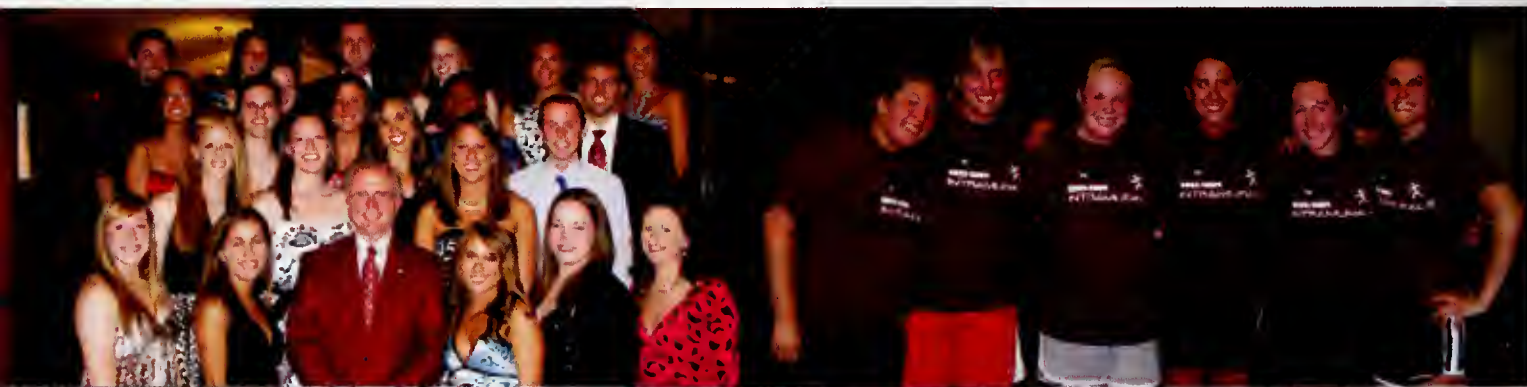


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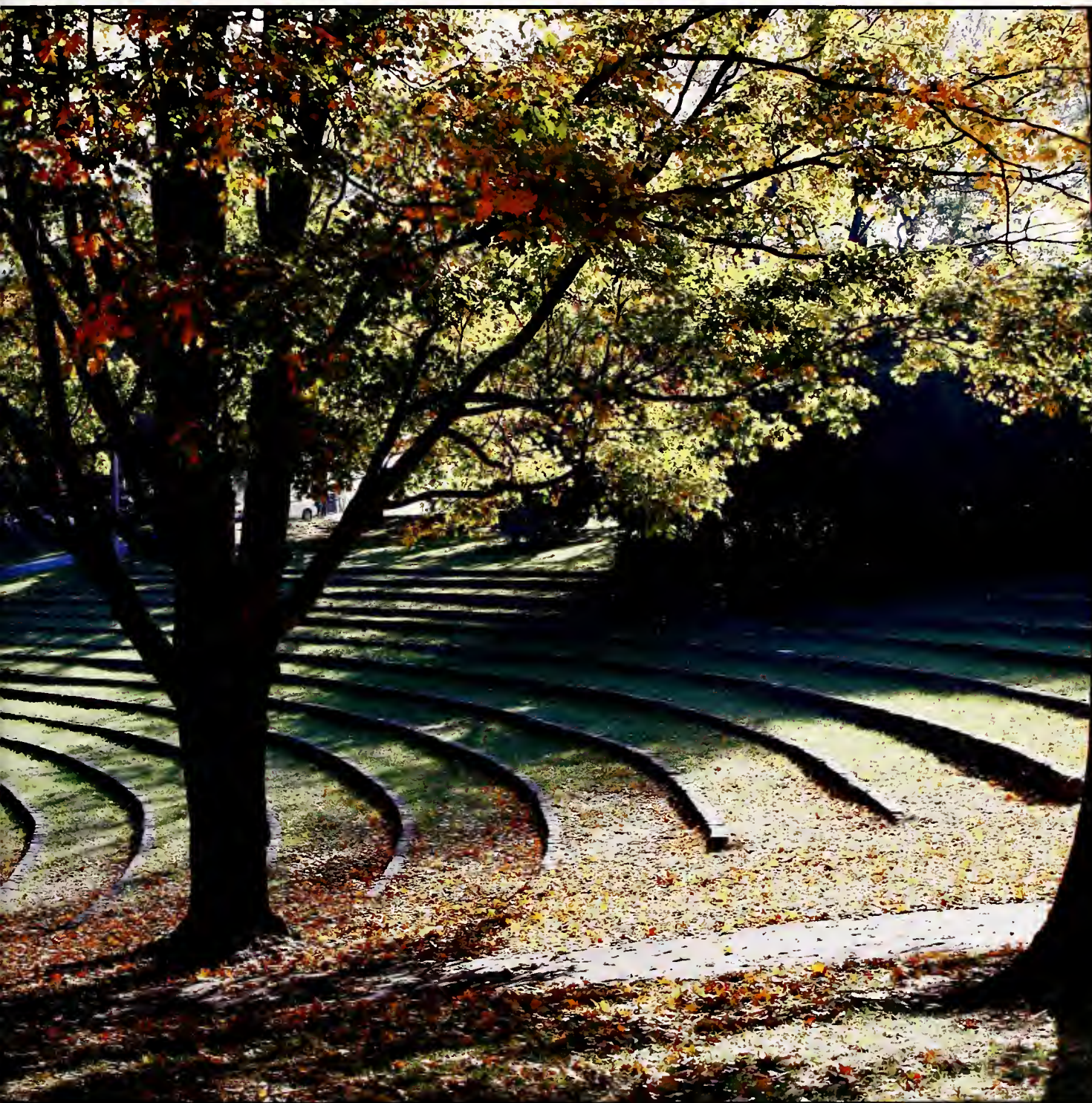
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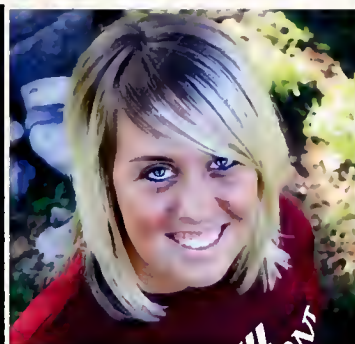
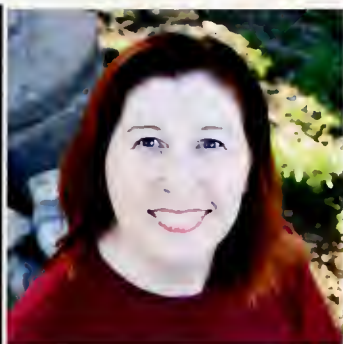
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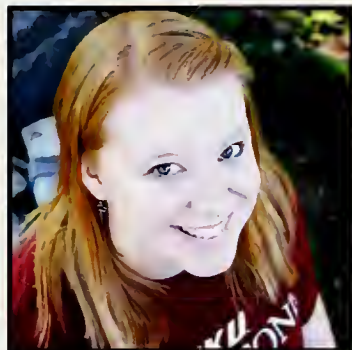
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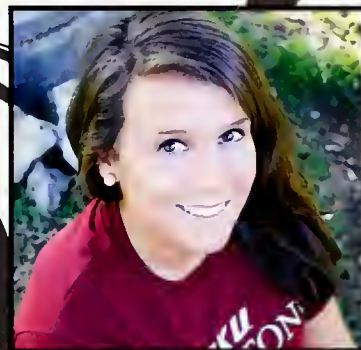
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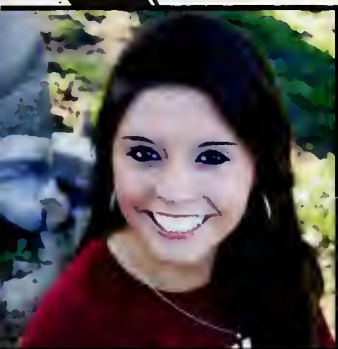
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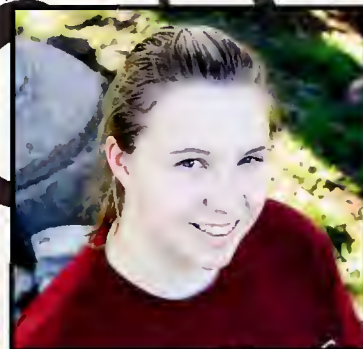
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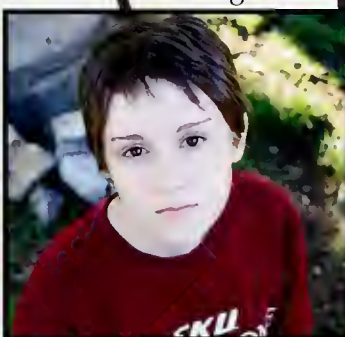
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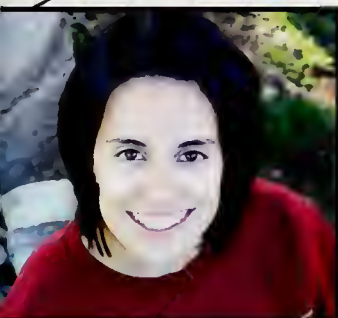
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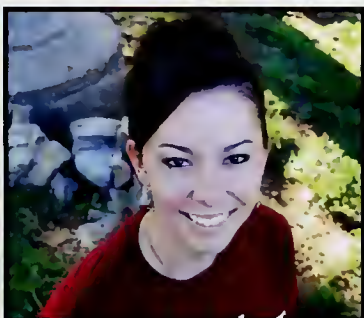
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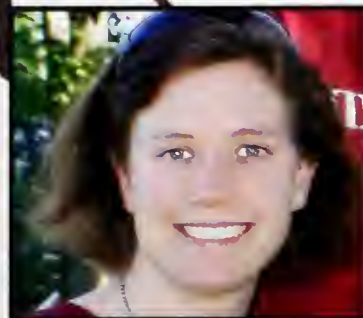
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Letter from the Editor

Dear Reader,

I hope you have had as much fun flipping through the pages of this book as I had creating it alongside my talented staff. Rich in tradition and esteem, the Milestone provides the Eastern community with a year to year history of campus that records everything from student events that occur throughout the year, to sports team highlights, to senior and faculty portraits. From start to finish, each page is designed to represent an important aspect of this University. While it is certainly exciting to get your Milestone in and see all that is to be found within, I believe its immense worth is not fully grasped in the year or even years immediately following it being published, but instead years down the road when, as alumni, you look at it and remember all the incredible things you did during your time here. Continue to savor each page and reflect on all the memories you made in 2009-2010, after all this is the history that YOU helped to create. Hopefully, you have both seen plenty of things familiar to you and even learned things that you didn't previously know about our University and all that goes on within the Campus Beautiful. Our goal as EKV's yearbook staff is to provide students and faculty with a publication that completely encompasses the spirit of Eastern Kentucky University and all that is has been, is, and will be. "Memories in Maroon" are something that every Eastern student has and will carry with them throughout their lives as a result of their time spent at EKV. It has been an honor to play such an active role in keeping these memories alive for the University and its students and I am extremely grateful for such an opportunity. May Eastern forever remain in your heart and the power of maroon continue to serve you for the rest of your life.

Sincerely,
Megan Pigman



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